

The Indian EXPRESS

April- May edition



Class magazine by 7th Satyam
Under guidance of
Mrs. Deepali Bhatia

LABOUR DAY

HAPPY
Baisakhi



Editing Team:

Saksham Garg ,Hitika Sharma, Siya Shori, Sarthak Pandey

“The Famous Five” Book Review

By Saksham Garg (Class VII-A)

The famous five is a collection of 21 stories available in seven different books. The famous five is a blockbuster book written by Enid Blyton

These books are the books that I couldn't put down. In the stories there are two brothers and a sister Julian, Dick, and Anne along with their cousin Georgina. She also has a pet dog named Timmy. Georgina does not like to be a girl; she has short hair and dresses like a boy. The stories contain adventures of the four jolly kids and their pet dog Timmy. George's family owns an Island Kirrin Island. The group has adventures on the island and in the hills.

I really like their adventures and Timmy. The stories are very interesting, adventurous, suspenseful, and funny. The writing style of Enid Blyton is unique and interesting.

It is a perfect gift for kids from age 9 to 14 years. You can buy it from your nearby bookstore or from any online website.



प्रकृति

अतिसुन्दर है मेरी प्रकृति,
कितनी सुंदर है इसकी आकृति।
जिसने इसें बनाया, क्या वो है कोई कलाकार?
और कौन है उसका सलाहकार?
सुन्दर और रंगबिरंगे फूल खिलें
उन्हे देखकर हमें बहुत सारी खुशियां मिलें।
कभी वर्षा हो तो कभी बादल छा जाएँ
पेड़ों पर स्वादिष्ट फल लगें और उन्हें हम खा जाएँ।
घने जंगलों में जानवर हैं रहते
खुशी से रहते, हमें कुछ ना कहते।
नदियां देती हैं पवित्र जल
इसी से तो होगा हमारा आने वाला कल।
तो चलो करें प्रकृति को बचाने का काम
वरना हमें भुगतना पड़ेगा भारी परिणाम।

ACHIEVERS SPACE



India' number 1
social influencer

It was an interhouse
competition in which
we wrote an on a
person whom we
thought is a great
influencer of India.
From Our class
Saksham Garg Won
second price in it

Caricature competition

A caricature is....
a picture, description, or imitation of
a person in which certain striking
characteristics are exaggerated in
order to create a comic or grotesque
effect.

Vanishree came third
from our class!



The story of Perseus and Medusa.

Once there was a Greek demigod called Perseus. He was the son of Zeus, the god of lightning. The king of the city the city had challenged him to bring the head of Medusa, whose gaze could turn a person into stone. When he set out, he prayed to his father for guidance. Zeus sent Hermes, the messenger god to help Perseus. He gave Perseus a pair of winged shoes to speed his journey and he also told Perseus about the Grey sisters, who knew the location of Medusa and her sisters' lair. The Grey sisters told him the location of Medusa's lair and about a special sword and shield which he could use to kill Medusa. When he reached the lair, he saw many statues of the people who had tried to kill Medusa. He sneaked up to Medusa and cut her head. But on his way back he fell on one of the statues and alerted Medusa's sisters. They followed in hot pursuit but Perseus escaped by a hair. He returned and lived happily ever after.

-By Sarthak pandey





Bhavaya garg



Divansh



Bhavaya with his younger brother



Saksham with his mother



Bhavaya garg



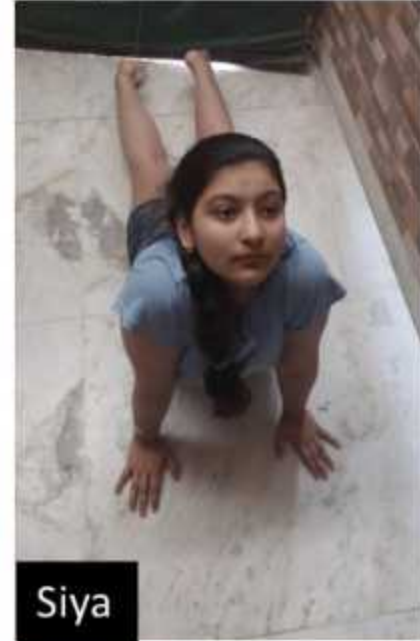
Jannat



Akul with his father



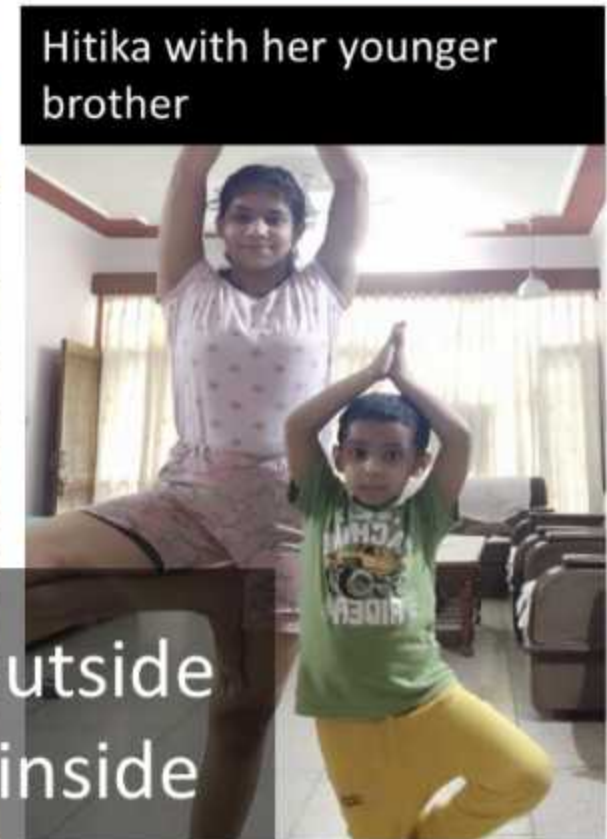
Sathak pandey



Siya



Saira



Hitika with her younger brother



Agrim



Akshara



Arnab

You cannot always control what is going on outside but you can always control what is going on inside



Sarthak pandey with his sister



Jannat



Panshool



Hitika



Saksham with his mother



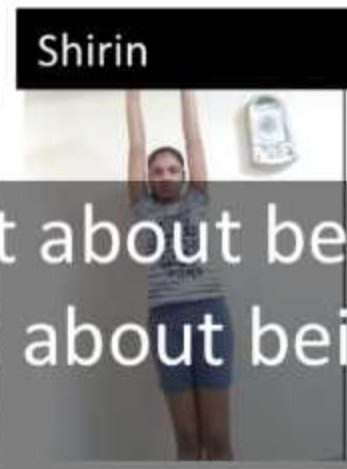
Akshara



Shirin



Divansh



Shirin

Its not about being good at something
It's about being good to yourself

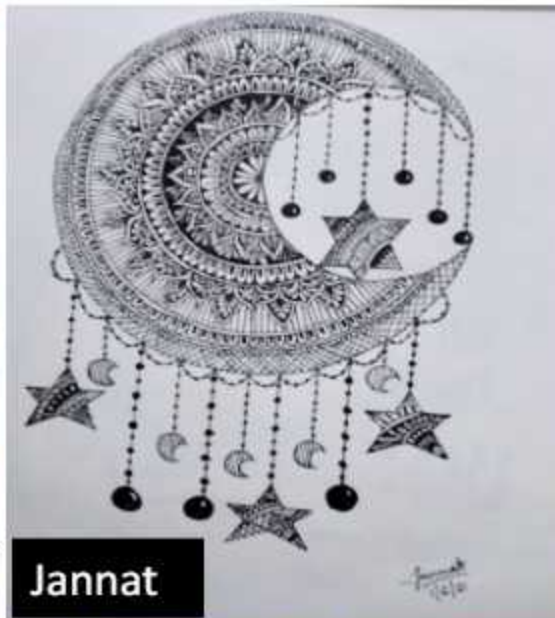
Art corner



Aishani



Aditi



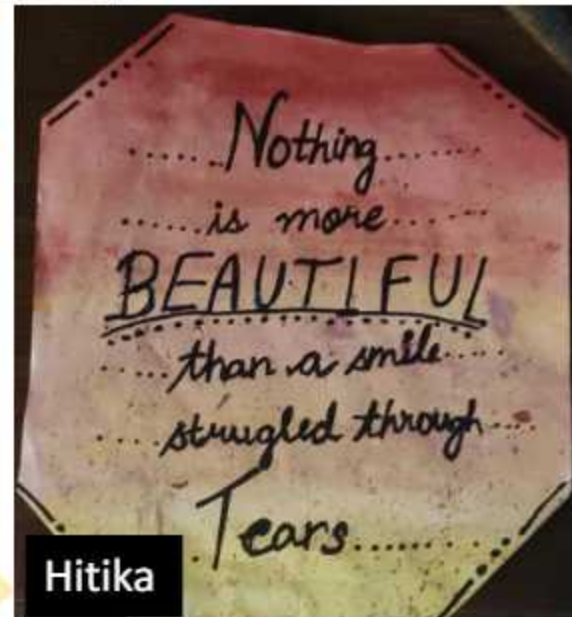
Jannat



Divansh



Siya



Hitika



Saksham



Vanishree

Stay
Healthy
Stay Fit in
this
pandemic

(7th Shivam)
Class Incharge :
Mrs Smita Khhera

Magazine Editing by : Jasum

SPARKLING MAY

- **1st May** – *International labour day* **2**
- **7th May** – *Budda Purnima* **3**
- **7th May** – *Rabindranath Tagore Jayanti* **4**
- **10th May** – *Mother's day* **5**
- **31st May** – *world no Tobacco day* **6**

International Labour Day

May 1 is the International Day of Workers or International Labour Day dedicated to workers and labourers across the world. This day celebrates labourers and encourages them to be aware of their rights. The day has its origins in the labour union movement, specifically the eight-hour day movement.

People work, People play,
That's why we have Labor Day.
Plumbers, bakers, painters, vets,
Fishermen with giant nets,
Firefighters, engineers,
Barbers snipping with their shears,
Teachers, waiters, nurses, cooks,
Authors writing thrilling books,
Carpenters and deputies,
People who take care of bees,
No matter what it is you do,
There's one thing that's always true,
Every worker needs to rest,
I hope your Labor Day's the best!

Buddha Purnima

Buddha Purnima, also known as Buddha Jayanti, is an auspicious day that marks the birth anniversary of Gautam Buddha, the founder of Buddhism. This day is also known as Thrice Blessed Festival. Buddha Purnima is the biggest day for Buddhists because on this day, it is believed three important events of the Buddha's life took place: his birth, his attaining enlightenment, and his death, Parinirvana. This day is known as Thrice Blessed Festival.



Made by- Jasum

Rabindranath Tagore Jayanti

Rabindranath Tagore Jayanti or Rabindra Jayanti is a cultural celebration to mark the birth anniversary of one of the most celebrated litterateurs in the world. Born to Debendranath Tagore and Sarada Devi, Rabindranath Tagore was also referred to as 'Gurudev', 'Kabiguru', and 'Biswakabi'. Celebrated annually and globally on May 7, Rabindranath Tagore Jayanti is celebrated on the 25th day of the Bengali month of Boishakh. In remembrance and reverence for the polymath that Gurudev Rabindranath Tagore was, cultural programmes and events are held during the course of the day.



Made by Jasum
online

Mother's Day

Mother's Day is a celebration honouring the mother of the family or individual, as well as motherhood, maternal bonds, and the influence of mothers in society.

Mother's Day is celebrated on Sunday, May 9, 2021. Anna Jarvis of Philadelphia, whose mother had organized women's groups to promote friendship and health, originated Mother's Day. On May 12, 1907, she held a memorial service at her late mother's church in Grafton, West Virginia.

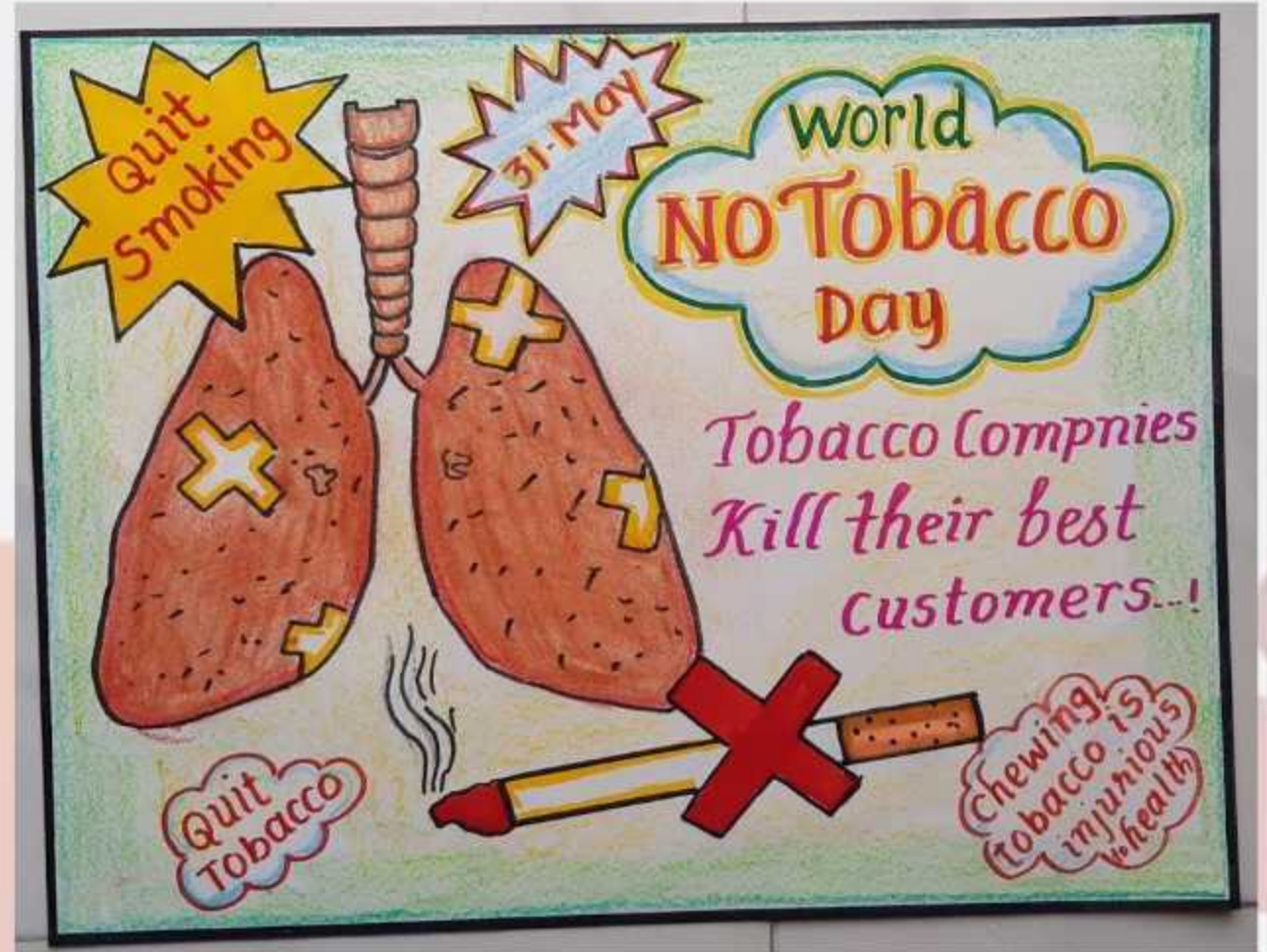


Made By- Avika shahi

Happy Mother's Day

World No Tobacco Day

World No Tobacco Day is celebrated around the world every year on May 31. ... The Member States of the World Health Organization created World No Tobacco Day in 1987 to draw global attention to the tobacco epidemic and the preventable death and disease it causes.



JOYOUS JUNE

- 
- A group of children are playing in a grassy field under a blue sky with white clouds. Some children are jumping in the air with their arms raised, while others are sitting on the grass. The scene is bright and cheerful.
- 3rd June - world bicycle day** 2
 - 5th June – World Environment day** 3
 - 21st June – Yoga Day** 4
 - 21st June – Fathers Day** 5

World Bicycle Day

Benefits of Cycling

When it comes to our health, we often forget that the simplest of things would be most the most beneficial, something like a bicycle that would not only be good for environment but for us too. So on June 3, which has been marked as World Bicycle Day, we take a look at the founding and significance of the day and how we can celebrate it.

- One of the budget-friendly and specific vehicles is a bicycle.
- Bicycle is the best for comfortable health care support, educational access, and eco-friendly means of transportation, which can become a revolution if used wisely.
- Using a bicycle to drive around makes the driver aware of their surroundings and locality.



Yoga Day

Ayaan Aggarwal

International Yoga Day : Why is it celebrated? A certain day for yoga was introduced to raise awareness worldwide about the importance and impact of yoga on the health of people. The term 'yoga' is derived from Sanskrit word "Yuja" which means to unite representing the unification of body and consciousness.



Father's Day

The third Sunday of June is celebrated as Father's Day in most parts of the world. Father's Day is a celebration of fathers, honouring fatherhood, paternal bonds and the role fathers play in society. This day was first proposed in 1909 to complement Mother's Day celebrations.



By : Jasum

A dad is someone who
wants to catch you before you fall
But instead picks you up
Brushes you off,
And lets you try again.

A dad is someone who
Wants you to make mistakes
But instead lets you find your own
way,
Even though his heart breaks in
silence
When you get hurt.

A dad is someone who
Holds you when you cry,
Scolds you when you break the
rules,
Shines with pride when you
succeed,
And has faith in you even when you
fail

Book Review: - Harry Potter and the Philosopher's Stone

What would you feel if suddenly one day you get to know that you are a wizard? Something similar happened with Harry Potter. Harry's parents died a very a painful death when he was just a one year old, thus brought up by his unlovable uncle and aunt. He was kept in a miserable condition while with them. His life was completely normal till he is invited at the 'Hogwarts School of With craft and Wizardry' to study magic. The adventure begins when he realizes that he is the most famous wizard in the wizarding world and is involved in solving the mystery of the Philosophers Stone. But with his best friends, Ron and Hermione, he will solve it undoubtedly. The book is spectacular and is incredulously thrilling. The worst thing about it is you just can't put it down. The book is the first one in the series and the other six are amazing too. J K Rowling has done exemplary work. The book will keep you engrossed till the very end, also it engages you with itself and builds your imagination because you are free to picturize things in your way as there are no pictures available. I loved the book and would highly recommend everyone to read this masterpiece but with a 'caveat'. Set a time limit buddies and



BHAVAN VIDYALAYA

Newsletter – [April - May'21]

VII Sundaram

C.T. - Ms. Ashvarya Awasthi

Should Animals Be Kept In Enclosed Places ??



One day, when you wake up you find yourselves in a congested cage in a human zoo.. Honestly, how would you feel ? Sad and irritated, I suppose.. Well you think how would it feel like if animals imprison you and keep you humans in cages as their pets.. Really very sad and sorry for yourselves .. Won't you ?? Well that's how animals feel too, when we keep them as our pets, in zoos, or in scientific labs in cages.. They don't at all get to live with their own species.. Don't they miss their family and friends. Of course they do! Some people say that animals should be kept in zoos for their own benefit, which I think is totally codswallop.. On the contrary, few people say that animals should be freed and should be allowed to stay in their natural habitat. This is one human thought which I finally think is sensible.. I myself think that the animals should be free to live in their natural habitat... If we were forced to leave our homes and live in cages , we surely wouldn't have felt okay.. Animals should not be kept in cages or other enclosed places because it makes them feel lonely and it hampers their overall growth too .. I strongly am against the law or whatsoever which allows keeping animals in cages or circuses and torturing them.. Animals provide us with so many things like milk to drink, fur for clothes and also provide good food.. BUT we can't even give them freedom.. This is really sad and this thing makes my eyes watery.. I hope and strongly wish from my heart that these innocent statues of living have their freedom once again..

Aanya Aggarwal



Social Influencer

NO.1 SOCIAL INFLUENCER OF INCREDIBLE INDIA

Whenever we talk about who had an impact and social influence on India, the first name that comes to our mind is of Mohandas Karamchand Gandhi also known as Mahatma Gandhi. He is fondly known as 'Bapu Ji' by the people. Thus, according to me I think that Mahatma Gandhi Ji was and will be the no. 1 social influencer of India...

Gandhi Ji was a man of faith and great conviction. He was a champion of non-violence and messenger of truth. He was born into an average Hindu family in India. As he grew up, he went to England to study law and soon became a barrister. The young Gandhi changed as a person while earning a living as a lawyer in South Africa. He came in contact with the apartheid and the future Mahatma began to emerge, and the very one who championed the truth through non-violent resistance. It was only between 1915 and his assassination in 1948 that he struggled for India's freedom.

His teachings of non-violent resistance, known as satyagraha, has had a lasting effect and influence on the world even today. He has been a role model and inspiration for thousands of people all around the world. He has had a big step in changing the world. He played a crucial role in the freedom struggle of India. He is fondly remembered as

the 'Father OF THE NATION' for India for his undying efforts towards India's fight for freedom.



Aanya Aggarwal secured the third position in the Inter house Competition.

International Yoga Day - 21st June



Arnav



Atharav



Aanya Aggarwal



Vasundhara



Harshita



Anmol



Manan



Pranavi Gupta



Anvi



Aarav

National Reading Day



Anvi Bhanot - 1st Position in Inter House

To inculcate the importance of Reading, our school Bhavan Vidyalaya held a competition on the occasion of National Reading Day. The competition was named as "Caricature Making" wherein the students were given stories in both languages (Hindi & English). They were supposed to draw and upload the caricature of: best moment of the story; turning point; favourite character; moral of the story..



Ridhima Ahuja

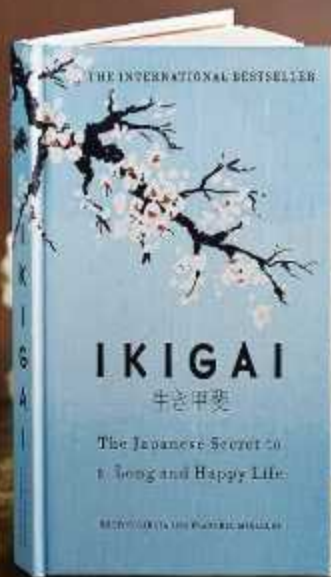


Anvi Bhanot made us all proud by securing the Third position in Inter School Caricature Making Competition



Shauryaveer Singh

IKIGAI - Book Review



Ikigai is a book based on an island named Okinawa located in Japan. It is one of the Blue-zones of the world (where the people live the longest), which is why it is also nicknamed as island of longevity. It is a wonderful book which tells us about the secrets of okinawans or ryukyuan. The main motive of the author to tell is about Ikigai. Ikigai is a concept of having direction or purpose in life, we all do have an (we do can also have multiple of them) ikigai, we just need to find it. Although the main reason of the longevity of the Okinawans is there ikigai, other important factors are their diet, daily physical and mental exercises, their informal groups etc. .Their informal communities (also known as moai) helps them to stay happy, which is also one of the factors of their longevity. The things that I have learn are that we all do have a purpose of living which is why we should always have confidence in ourselves, and staying healthy and fit in all ways is the best way to stay happy...

Vasundhara

"Drawing is an exercise for restless imagination"



By - Prisha



By - Aanya



By - Aanya



By - Aanya



By - Pranavi

Magazine by 7 Shubham



Fitness & Health



Glimpses of Yoga Day

International Yoga Day
The International Yoga Day is celebrated every year on 21 June to raise awareness throughout the world about the impact and importance yoga has in one's life.



[Click on the picture to watch the video](#)



“Yoga is a flame, when you light it up the glow never fades away.”





- Ridhi

Click on the
pictures for
a better
view



- Jaganeev Kaur



- Trishika Guleria

HEALTHY LIVING

I hope to keep fit,
Healthy and strong
I want to enjoy life
and live it long.



I want to do exercise
Atleast once a week,
Also be careful,
Of what I do eat.

At Times it be easy,
and others it be hard,
But I won't just stop,
As it gets hard.

I will cope through hard time,
Then the easy time will come,
And with every struggle,
I will over come.

All through my life,
I will treat my body with respect,
Knowing in my life,
I lived life to the best.

sharanya
7 shubham





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Class VII SANGAM

Presents

UNLEASH YOUR

DREAMS

Monthly Magazine April-May Edition



HIGHLIGHTS OF YOGA DAY CELEBRATIONS



***“Yoga is a study of life,
body, breath , mind, intellect,
memory and ego; study of
your inner faculties.”***

Sri Sri Ravi Shankar



Paint Your Artistic Dreams in Rainbow Colours



Sail towards Your thoughtful dreams

IMPORTANCE OF NEWSPAPERS

The newspapers have taken the place of the Gita, the Bible and the Quran with the people. For the printed sheet is gospel truth. The fact throws a great responsibility on the editors and news writers.

Newspapers are a powerful influence. It is the duty of the editors to see that no false report or report likely to excite the public is published in their newspapers. The editors and their assistants have to be extra careful about the news they give and the manner in which they dress it. In a state of independence, it is practically impossible for Governments to control the Press. It is the duty of the public to keep a strict watch on the newspapers and keep them on the right path. An enlightened public would refuse to patronize inflammatory or indecent newspapers.

The sole aim of journalism should be service. The newspaper press is a great power, but just as an unchained torrent of water submerges whole country sides and devastates crops, even so an uncontrolled pen serves but to destroy. If the control is from without, it proves more poisonous than want of control it can be profitable only when exercised from within. If this line of reasoning is correct, how many of the journals in the world would stand the test? But who would stop those that are useless? And who should be the judge? The useful and the useless must, like good and evil, go on together, and man must make his choice.

NAME: - Akshra Singla

TREES

I am a tree, take care of me,

If on earth you wish to survive,

Oxygen to all I give, to breathe and stay alive!

Green leaves do my branches bear,

My fragrant flowers scent the air,

My boughs are laden with fruits to share,

Don't chop me down my life you must spare!

So many things are made from me,

Read this poem and you will see!

Wood, paper, scents, medicines and rubber too,

Are just a few of things that I give to you!

POETESS: - Akshara Singla

SPACE IS A MYSTERY

Space is mystery space is
like a box,

Filled with fire balls and
rocks,

Can't work here clocks,
There are many blocks,
what a beautiful clusters,
Bigger than another
structures.

What big stars,
Energy source of ours,
Huge and charming
galaxies,

With extraordinary abilities
Dark and scary black hole,
Has a massive control
Space is a big mystery
Filled with biology, Physics
and Chemistry

Unfurl your Creative Dreams

Water- By Himanshi

Water is that Amrita which daily sustains our life on the earth.

We need water for daily use at home and for agriculture.

Drinking water is however limited.

We get it mainly from the clouds and glaciers.

If this resource is used wisely, then there will be no problem.

But unfortunately, it is being over-exploited.

Our ever-increasing population has created scarcity of water.

It is predicted that by 2025, nearly two billion people will live in absolute water scarcity.

This is a signal to be cautious enough in the use of water.

Every drop of water is precious and it must not go in vain.

Water shortage is a grim reality for the cities as well as villages.

We need to wake up to it now than be sorry later.

We must think about the ways to conserve this precious resource.

We must conserve water in ponds and tanks.

We should try our best to use water cautiously for our sake.

If we continue to use it recklessly, we will have to face dire consequences.

By saving water we will save ourselves.

JOKES

Jacob: Why was the teacher wearing sunglasses to school?

Leonard: Why?

Jacob: She had bright students!

TEACHER: DONALD, WHAT IS THE CHEMICAL FORMULA FOR WATER?

DONALD: H-I-J-K-L-M-N-O.

TEACHER: WHAT ARE YOU TALKING ABOUT?

DONALD: YESTERDAY YOU SAID IT WAS H TO O.

Q: Why didn't the sun go to college?

A: Because it already had a million degrees!

Teacher to student: "Make a sentence using the word "I"

Student: "I is.."

Teacher: "No that is not correct, you should say I am"

Student: "Ok. I am the ninth letter in the Alphabet!"

By- Himanshi

HAUNTED MUSEUM (THE PEARL EARNING)

AUTHOR: SUZANNE WEYN

BOOK TALK

Lily's excited to be spending a month in New York City with her Aunt Amy. She 'll get to eat amazing food go shopping and serves of beautiful sinister portraits Lily's thrilled to model. But she's worried, too! After visiting the Haunted Museum, she starts having nightmares only she knows they're more than first her imagination. And the longer she sits in Danielle's apartment, the more drained she feels. Is there something wrong?

BOOK REVIEW

This book is about Lily a brave and smart girl. One thing I liked was that Lily's friend helped her in each possible way I wish Lily agreed to her friends advice much earlier One thing I didn't care about is that Danel was a great artist because she was too cruel at the same time I think anyone who likes is mysterious full of suspense and horror stories will Take this book.

Book review of **haunted museum**

NAME: - Akshra Singla

*Special Thanks To Mrs Shweta Gulati
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Editors - Advit, Ishita'

Editing Team - Anuj, Leesha, Mishti

*Efforts By - Advit, Ishita, Leesha, Jiva, Himanshi,
Dishita, Akshara, Arshia, Manvi, Anuj*



Arduino Safe Box By Advit

Video 



I am rare
Some of you wait for me
But you can't see me
Without Special Spectacles
Tell me who am I ??

