

ART MANIA

7th

Sanguine

Artistic

Triumphant

Yearning to learn

Affable

Magnanimous

Class Teacher : Ms.
Roopa Sharma



Jaskirat Singh



Dishika Goyal



Kashvi



Jaskirat Singh



Bhavya Koshal



Hindi Activity
Clay Modelling



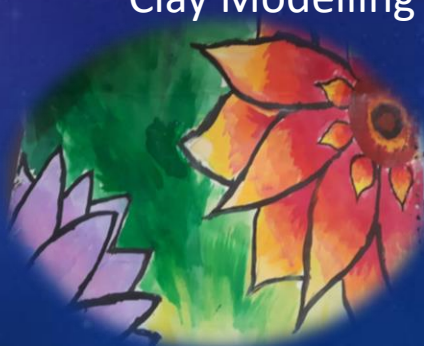
Lavya Gupta



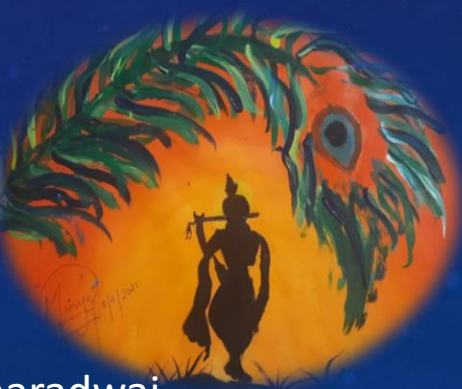
Asreet Kaur



Arush Maurya



Manya Bharadwaj



Aarna Verma

BEST CHILD

Bhavya is a self-disciplined child. Whenever someone is in need of help, she helps them. She is kind and loving in nature.

Asreet

Bhavya is a studious child. Her good attitude always helps me in my work. Her quality of sincerity makes her a very special child. She always tries to improve herself and always obeys teachers.

Sehaj

Bhavya cooperates consistently with the teacher and other students she also follows all classroom rules and always responds appropriately to every question.

Anannya



Bhavya Koshal

Bhavya is meticulous and she makes sure that the work assigned to her is carried out efficiently. She is also very courteous towards her classmates.

Class Teacher

Bhavya is a self-motivated student. She is sincere and diligent. She is academically good. She participates in co-curricular activities as well. She is helpful for others.

Aarna

Bhavya is a talented and ambitious child.

Angelina

Bhavya is a confident, punctual, courteous and a responsible girl. She believes in teamwork.

Arush

DISTINCTIONS



AARNA

- ❑ 2nd prize in Hindi Essay Writing Competition
- ❑ Consolation prize in art competition

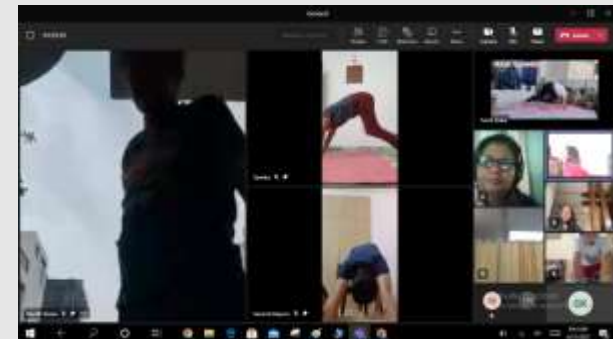
VAIBHAVI

- ❑ Gold medal in solo and
- ❑ Silver medal in team





YOGA DAY SPECIAL ASSEMBLY



Created by: Dishita verma,
Rayansh Mannan, Vasudha
Sadana, Anay Kaul

Edition1(2022-23)
Class- VII Shivam
Class Teacher- Ms. Divya Lama

BOOK REVIEW

Title - The Little Prince

Author - Antoine de Saint-Exupery

Original Language – French

English translator - Katherine Woods



This book is about a little boy, a prince who visits the planets, including the Earth to cure his loneliness after his plane crashed. He meets a king, a vain man, a drunkard, a businessman, a lamplighter and a geographer. Though its disguise as children's book, the little prince makes observations about life, adults and human nature.

“All adults were once children, only a few remember it”

This by far has to be my personal favourite quote said the cheeky little prince

This light-hearted, easy-to-read story is suitable for all ages and all kinds of people. If you want a chuckle this book might be a good option.

If you're more of genre specific kind of person, here's the genres it falls under

1. Fable
2. Novella
3. Speculative fiction

By – Dishita Verma, 7th Shivam



All About Music



What comes to your mind when you hear the word 'music'? Is it a composition? Or is it a musical note? Well, according to me, just a composition, a note or the sound of a musical instrument cannot define music. If that is so, here comes a question, what is music then?

Music, it is a sound which is a combination of melodies, notes, and harmony which soothes you, which relaxes you. Words play a very important role in music. Just like it isn't sensible that you smile while you are unhappy, it does not make sense that you put joyful lyrics in a sorrowful melody.

Our country, India, has been connected to music for several centuries. Thus, some of the holy books of India are not simply read, but sung. For instance, **Srimad Bhagavad Gita**, the holy book of Hindus is divided into 700 verses and each verse was sung by a mythological character. India has ancient, sacred and holy music in the form of 'Indian Classical Music'. It is one of the most complicated forms of music in the world. Classical Music consists of **Sargam, Ragas, Taals**, and musical instruments. Out of all these, India is most popular for its sacred ragas. In the Indian classical musical tradition, ragas are associated with different times of the day, or with seasons. Indian classical music is always set in a raga. The various time zones for ragas are - **Morning, Afternoon, Evening, Night** and **Anytime**. When performed at the suggested time, the raga has its maximum effect. There are few ragas which are performed based on the season. e.g. **Gaud Malhar** and **Myan Malhar** ragas are sung in monsoon.

There are around 83 ragas in Indian classical music. However, Indian classical vocalist **Pandit Jasraj** lists the six primary ragas, **Rag Bhairav, Rag Malkauns, Rag Deepak, Rag Shri, Rag Megh Malhar, and Rag Hindol**.

Music, it's like history, or you can call it an autobiography, as when you listen to someone's composition, you are getting to know the composer's feelings; what has the composer gone through, you get to know the personality.

From the beginning, music has changed the way people look at things, what people feel about things. Due to this, music can also be magic and do wonders when done by heart. It also is like a medicine; it can cure all kinds of mental problems like anxiety, depression, insomnia, etc. Music has great qualities of healing a person emotionally and mentally. Music is a form of meditation. While composing or listening to music, one tends to forget all his worries, sorrows and pains. Music should be given time by each individual, and all the musicians, singers, instrumentalists should be given as much respect as one gives to god.





STAR STUDENT -Anay Kaul



- A National Level Skater, A State level Chess player, A Certified Game Developer with UI/UX interface.
- Completed Cyber Security and Robotics module by Vigyantram.
- Completed 21 days module by ASSET “Education initiative” CERTIFIED BY IIT&IIM Alumni on the topic “Knowing The World Around Us”.
- Merit Certificate at the National Scouts And Guides Camp at Panchmhari (Madhya Pradesh).
- Participation in all major Olympiads in the Science and Maths stream.
- Participation in Inter School and Intra school activities – Debates, Presentations, Quizzes’ spoken events and Science fairs.
- Appointed as Vice-Prefect (boy) and actively involved in various school activities.



First Edition

VII SUNDARAM

*E-magazine
April-may edition*



2022/2023

"A disciplined mind brings happiness"-
Lord Buddha

PREPARED BY:-

Trish verma
Aanya sharma

VII SUNDARAM

Book Review



BOOK REVIEW :The Lottery by Shirley Jackson



A stunning graphic adaptation of a chilling classic.

Hyman, grandson of Shirley Jackson, original author of "The Lottery," offers his interpretation of her iconic story. In it, townspeople gather to partake in a disturbing tradition—the origins of and reasons for which we are not told. There is mention of bigger towns, where the lottery takes two days, and talk of other, radical towns where the lottery has been eliminated altogether. To follow their lead would mean regressing to living in caves and "eating stewed chickweed and acorns." Each head of family must draw from an heirloom box a slip of paper. He who draws the slip with the black, circular mark is chosen; his family must draw again. The member of his family who draws the marked slip will be stoned, presumably to death, by the rest of the town, including the remaining family members. Hyman's illustrations are powerful: rich and evocative graphic realism, softly colored, marrying Rockwell-ian and American Gothic style. The tone, at first, is both ominous and mundane. As the townspeople gather in the June sun, they banter with familiar ease —"Wouldn't have me leave m'dishes in the sink, now, would you, Joe?"—but beneath the banal, the mood is decidedly baleful. When the black spot is drawn, the mood, along with the color scheme, shifts dramatically: both are immediately drained of the bucolic and sonorous. The rest of the story is starkly depicted in black, white, and harvest orange. The most unnerving illustration depicts a small boy taking up a fistful of child-sized rocks to aim at his pleading mother.

ACHIEVEMENTS OF STUDENTS

- Shivom-he won the inter house english quiz.
- Trish-he became the vice prefect in boys in class 7th sundaram.
- Tvishi-she became vice prefect in girls class 7th sundaram and won the inter house english quiz

NICEST STUDENT



TVISHI SINHA

-She is one of the sagacious students of the class. Bright, quick-witted and talented, who is an asset to the school in every aspect.

Amiya ma'am

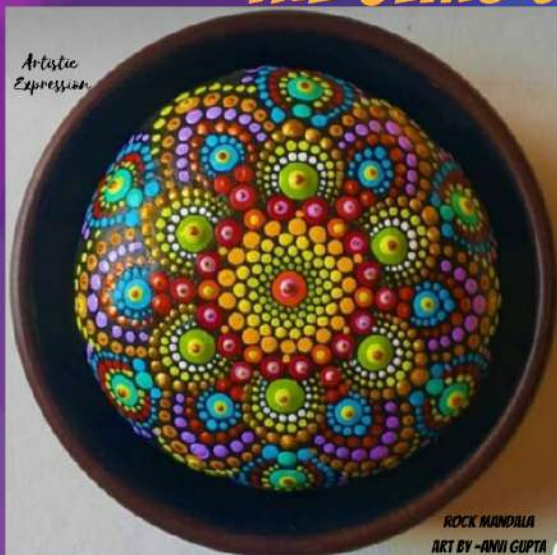
"May God bless you, continue your hardwork and never take success to your head."

Tvishi's parent

She is a very bright student with deep understanding, lovely nature and down to earth personally. God bless her with success.

CLASS INCHARGE

CREATIVE CORNER THE GEMS OF OUR CLASS





BHAVAN VIDYALAYA PANCHKULA

Sector-15, Panchkula

AFFILIATED TO CBSE. AFFILIATION CODE - 530219




***“LEARNING IS A TREASURE
THAT FOLLOWS ITS OWNER
EVERYWHERE!!”***

7TH SHUBHAM'S

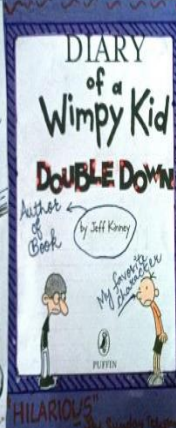
E - MAGAZINE OF APRIL AND MAY

CLASS TEACHER - MS. KUSHAL BHARADWAJ

BOOK REVIEWS

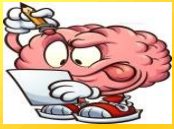
BOOK COVER: 	BOOK REVIEW: TITLE OF THE BOOK: The Blue Umbrella AUTHOR OF THE BOOK: Ruskin Bond ILLUSTRATOR: Bhuvan Narayan MAIN CHARACTERS: Binya Eiji Ravi Bhargava Eijun RECOMMEND: Highly recommended
MY STAR RATING FOR THIS BOOK: ★★★★★	
MY FAVOURITE CHARACTER AND HER CHARACTER SKETCH Binya is a bold kind hearted and compassionate girl. She is fair, physically strong and healthy. She takes care of her trees, plants, dogs and works in field. Yet, she is not afraid of darkness and forest. She is not greedy at all. She allows children to hold her umbrella. Her sister, like compassion and kind heartedness makes her stand out from crowd.	
REASON WHY I LIKED THIS BOOK: It is a simple, sweet and beautiful story where a girl who being constant fascination with the blue umbrella, she went through various circumstances and then an unexpected twist, it touches the aspect of humanity and instilled a sense of kindness among children. It delivers the message of greed and its consequences. The author is writing in admirable. It is an amazing read for all.	
BHAVYA BHANJANA, 7 D, ROLL NO. 12	



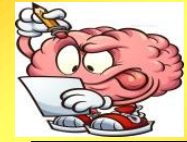
BOOK COVER: 	BOOK REVIEW: TITLE OF THE BOOK: Diary of a Wimpy Kid: Double Down AUTHOR OF THE BOOK: Jeff Kinney ILLUSTRATOR: Jeff Kinney MAIN CHARACTERS: Greg Heffley Rowley Pennel Muller RECOMMEND: Highly recommended
MY STAR RATING FOR THIS BOOK: ★★★★★	
MY FAVOURITE CHARACTER AND HER CHARACTER SKETCH Greg Heffley is the strongest and protagonist of the series. The story of a wimpy kid in a very humorous, imaginative and a readable. The author in a world of his own yet he creates a very likable character.	
REASON WHY I LIKED THIS BOOK: It is a simple, sweet and beautiful story where a girl who being constant fascination with the blue umbrella, she went through various circumstances and then an unexpected twist, it touches the aspect of humanity and instilled a sense of kindness among children. It delivers the message of greed and its consequences. The author is writing in admirable. It is an amazing read for all.	
BHAVYA BHANJANA, 7 D, ROLL NO. 12	

Made by Bhavya
Bhanjiana

Made by Aaradhya
Monga



BRAIN TICKLERS AND AMAZING FACTS



1. What time is it when 0 an elephant sits on a fence?

Ans: Time to fix the fence.

2. What gets wet while drying?

Ans: A towel

3. What is the difference between a jeweler and a jailer?

Ans: A jeweler sells watches and a jailer watches cells.

4. What can go up a chimney down, but can't go down a chimney up?

Ans: An umbrella

5. What can you hold in your right hand, but never in your left hand?

Ans: Your left hand

Did you Know?

Facts about the Earth

- 1) The Earth was once purple in surface colour.
- 3) Oceans have about 771 trillion dollars of gold, approximately 20 million tons - not on the ocean floor but in the water itself!
- 4) Earth Day was inspired by Vietnam war protesters, and was started in 1970 by Wisconsin Senator Gaylord Nelson.

AMAZING FACTS

- ▶ The circulatory system is more than 60,000 miles long.
- ▶ The world's first animal feature film was made in Argentina.
- ▶ McDonald's once made bubblegum-flavored macaroni.

By Amogh

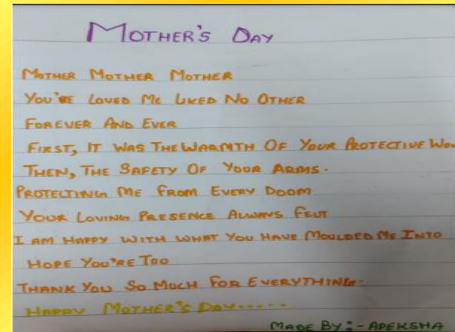
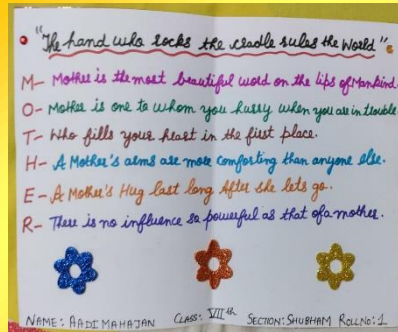
By Ananya

By Shaurya

CELEBRATIONS



Mother's Day card by Aadi Mahajan



By Apeksha



Made by Aadi



Made by Mehak



Made by Aaradhya

Yoga is the ancient way to attain physical, mental, and spiritual practice. Primarily originating in India, the word 'yoga' is derived from Sanskrit, meaning to unite. This unity signifies the ultimate union of the body with consciousness and thus attaining definitive peace.

Recognizing the universal appeal of Yoga, on December 11 2014, the United Nations proclaimed June 21 to be marked as the International Day of Yoga.

It was first started by our present Prime Minister, Shri Narendra Modi. He celebrated Yoga Day for the first time on June 21 in 2015, after which Yoga Day started being celebrated all over the world on June 21, and it turned into International Yoga Day

By:
Tanvi Yadav
7th Shubham

Written by Tanvi yadav



MEDALS AND ACHIEVEMENTS



Hansika



Shranya



Aadi



Bhavya

❖ *Students of our class represented and won the 2nd position in the Interhouse English Quiz*

NICEST CHILD



Aadi cooperates consistently with the teacher and other students. Aadi is courteous and shows good manners in the classroom.

~By our respected class teacher Ms. Kushal Bharadwaj



Aadi has always been a very confident, responsible and helpful classmate. It is great to have him in my class. Keep it up Aadi.

~Bhavya Bhanjana

Aadi is a very helpful, responsible and helpful child. Whenever we need a little help in any task, we can just ask him. His behaviour is also very respectful towards his peers and teachers. He truly deserves to be titled as the "NICEST STUDENT OF OUR CLASS"

~Shranya Bhardwaj

Being 'nice' is one of the greatest qualities. It's inclusive of not only a person's abilities but also his character and Aadi certainly deserves this title. He is not only hardworking and responsible but also is empathetic towards his classmates. He is really passionate about whatever he does and comes up with the best output possible.

~Aaradhya Monga

ARTISTIC EXPRESSIONS



Amogh



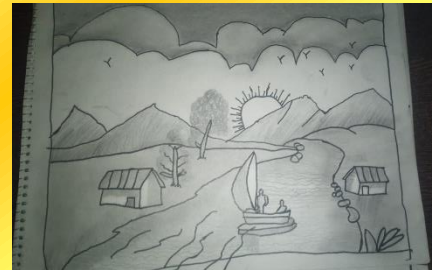
Mehak



Aarav



Harshal



Aarush

BEST-OUT-OF-WASTE



Bhavya



Jivika

Thank
You

OUR TEAM:

SENIOR EDITORS: AADI MAHAJAN, HANSIKA SHISHODIA

JUNIOR EDITORS: BHAVYA BHANJANA, SHRANYA BHARDWAJ



PROMETHEAN

CLASS – 7TH SANGAM

E – MAGAZINE



Class Teacher – Ms. Amiya Vyas

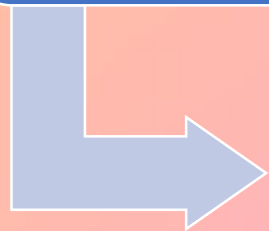
Editors – Darsh Khanna and Ishrat Sandhu



Table Of Content...

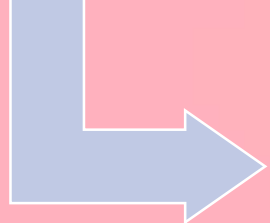
INTRODUCTION

- BENEFITS OF READING MAGAZINES
- BOOK REVIEW



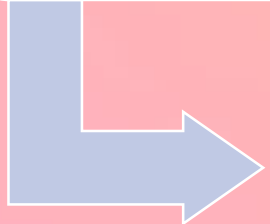
OUR BUDDY ARTISTS

- TALENT CORNER
- JOKES



CLASS ACHIVEMENTS

- NICEST STUDENT OF THE MONTH
- SPORTS ACHIVEMENTS



IMPORTANT TOPICS

- MONEY LAUNDERING
- MENTAL HEALTH
- WOMEN EMPOWERMENT
- UNEMPLOYMENT



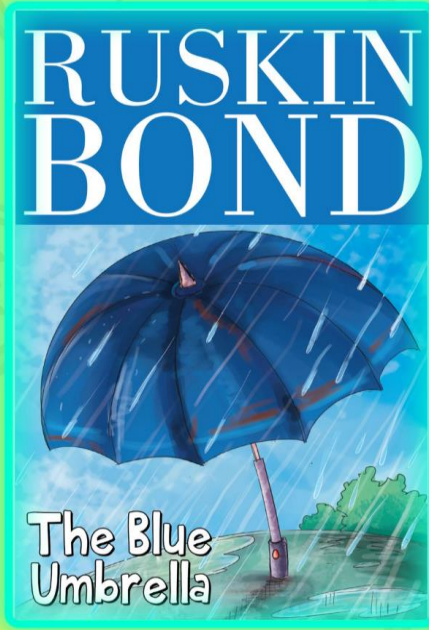


Benefits of Reading Magazines



- The most significant advantage of reading a magazine is that it provides you with new information on current events in politics, fashion, technology, and science in the country and throughout the world.
- The second most important aspect of reading magazines in your life is that it helps you receive varied new and old information available in a certain subject of your choice as well as articles published in them.
- If you're bored sitting in your spare time, a magazine might be a great way to pass the time where you can find extensive information regarding the most recent events.
- According to one study, reading a magazine reduces people's psychological stress, which has a direct influence on a person's brain and health.

Book Review



BOOK REVIEW OF : The Blue Umbrella

Author : Ruskin Bond

My Review : ★★★★★

By - Yashwant Singh, VII E

SUMMARY:

Ram Bharosa owns an ancient store in the village where he sells Coca-Cola without ice, tea, curd, and sweets. One day, several strangers give Binya a stunning blue umbrella in return for her jewellery featuring a leopard claw. It doesn't take long for the shopkeeper to grow envious of the umbrella and try to buy it from Binya by saying, "This is a fancy umbrella which young girls should not have," but Binya rejects him. Ram Bharosa's envy of the umbrella develops into an obsession over time. Rajaram, a young man from the nearby village, works for him at the shop. Rajaram tries to take the umbrella after learning that his boss wants to be the owner of it, but he gets caught. Rajaram then abandons Ram Bharosa's name, resulting in a boycott of his store. Ram Bharosa is currently feeling terrible and guilty about what he did. Binya is aware that Ram Bharosa's anguish was caused in part by her bragging about the blue umbrella. In the end, Binya voluntarily offers the umbrella to Ram Bharosa, who then presents her with a pendant made of a bear claw.

MY THOUGHTS :



The Story is short and simple but elegantly touches the core aspect of humanity - kindness. Through Binya, Ruskin instills a sense of kindness among children. In short, there is a mix of heroism and redemption in this sweet story which is an ideal read for kids but could be equally enjoyed by the adults.



Talent Corner



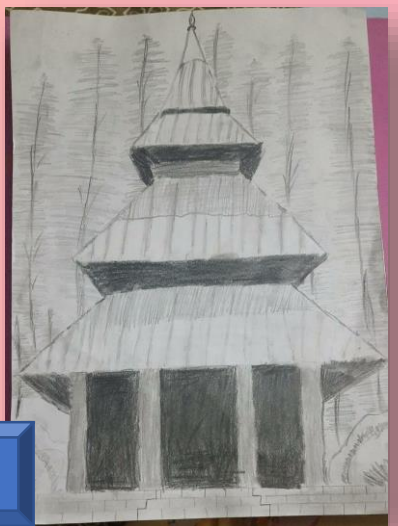
Ananya Goel



Kudrat Aggarwal



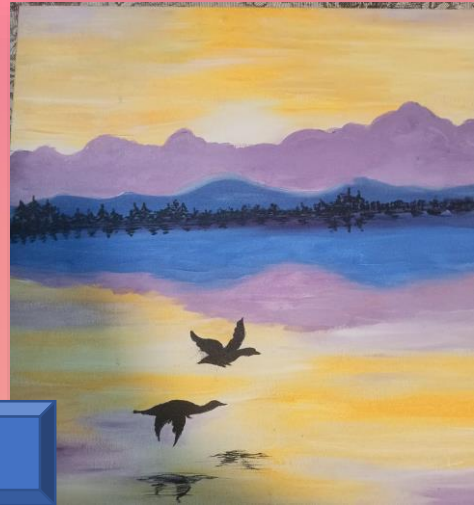
Kudrat Aggarwal



Bhvia



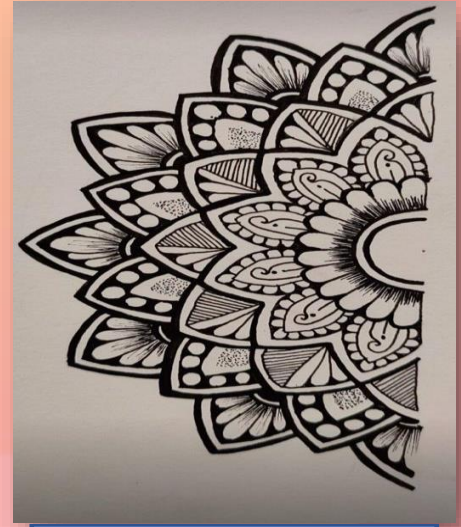
Janhavi Verma



Yashwant Singh



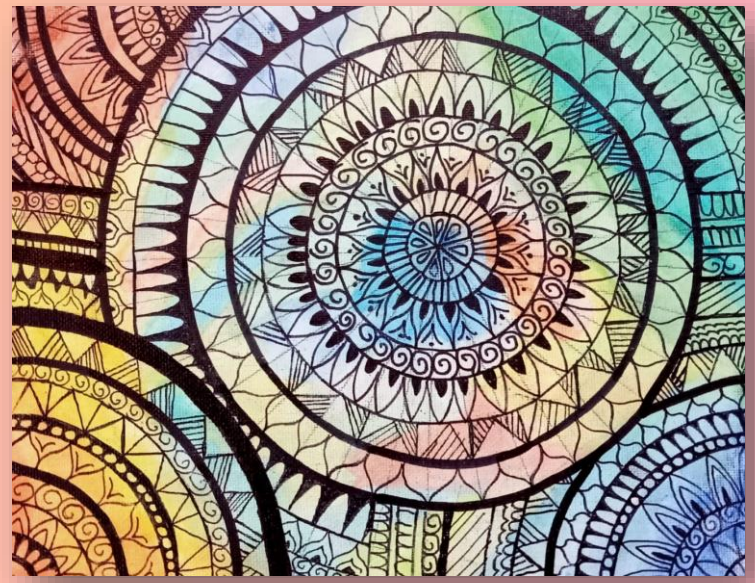
Pahal Goel



Mandala Art by Kudrat



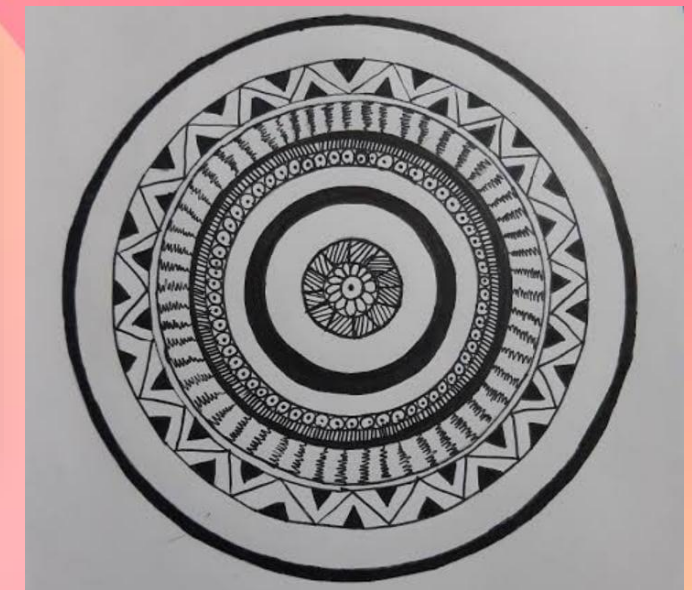
Shruti Vaid



Shruti Vaid



Vaishnavi Panwar



Mandala Art by Pahal



Riddles



• I like food, but water kills me. What am I?

Answer- Fire

• I am tall when young, but short when I am old. Who am I?

Answer- A candle

• If you have me, you can share me, once you share me, you won't have me. What am I?

Answer- A secret

• I must be broken before you can use me. What am I?

Answer- An egg

• I am a ball, that can be rolled, but never bounced or thrown. What am I?

Answer- An eyeball





Nicest Student of the Month

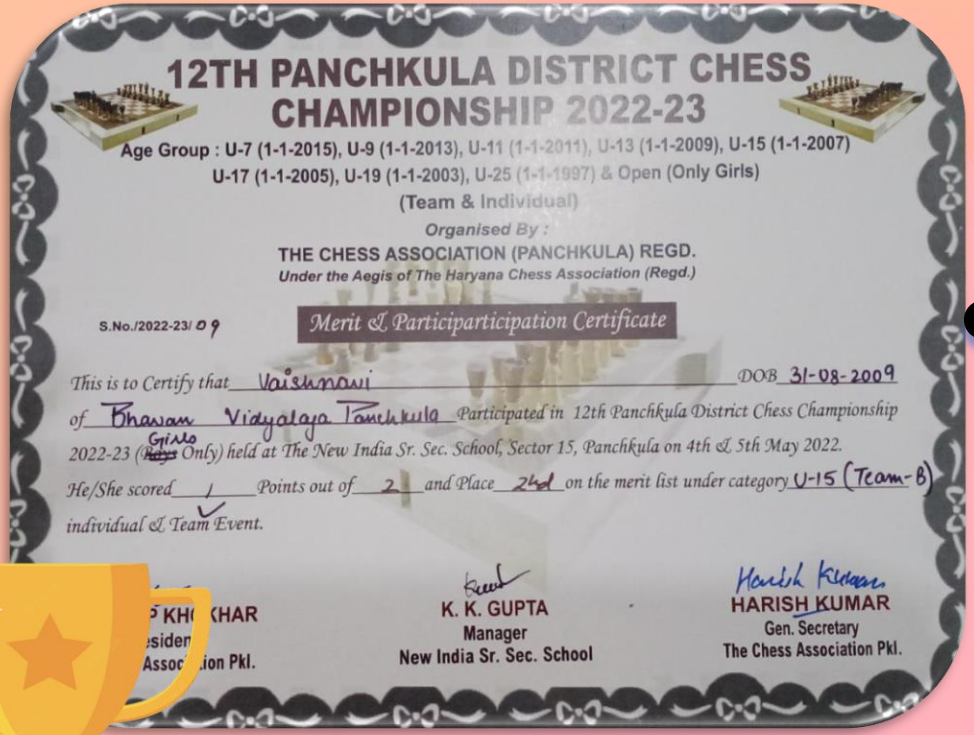


Naman Garg, VII E



Sports Achievements

Yashwant Singh



Vaishnavi Panwar

Certificate of District Chess Championship



A Number of Medals Won in Roller Hockey



Certificate of National Level Skating Competition Dhruv Sharma



Money Laundering

What is money laundering?

Money Laundering is the process of concealing the origin of money often obtained from illegal activities such as drug trafficking, corruption, embezzlement or gambling (i.e. dirty money) also known as **Black Money**. It has three steps - Placement > Layering > Integration.

How can you find if some one is Laundering Money??

If Someone is transferring more than \$10,000 to a person daily then He is nothing but **Laundering the Money Only!!**



By – Tejas Sharma



Mental Health



Mental Health is a major concern worldwide and India is not far behind in sharing this.

If we evaluate developments the field of mental health, the pace in appears to be slow. Dr. Brock Chisholm, the first Director-General of the World Health Organization (WHO), in 1954, had presciently declared that “**without mental health there can be no true physical health.**” More than 60 years later, the scenario has not altered substantially. About 14% of the global burden of disease is attributed to neuropsychiatric disorders..

Awareness and health literacy are two sides of the same coin. Stigma and discrimination are negative consequences of ignorance and misinformation. There are a few studies which have measured mental health literacy in the Indian context.

Mental health awareness can become both the means and the way of ending this apathy. Progressive government policies based on evidence-based approaches, an engaged media, a vibrant educational system, a responsive industry, aggressive utilization of newer technologies and creative crowd-sourcing might together help dispel the blight of mental illnesses.

By – Navya Gumber



Women empowerment



Women empowerment helps in improving the standard of life of women in rural as well as metro areas. Women's empowerment helps in preventing the cruel crime of female foeticide. It also helps in reducing domestic violence and crimes against women. Women empowerment helps in gender inequality in society. The empowerment of women in brought a lot of economic also. Women empowerment GB social gains to India is important for solving societal issues like poverty, unemployment and birth control in India. Women empowerment helps in securing the rights of women in India thereby maintaining their social status in society. Women empowerment helps in achieving comprehensive growth meaning growth in each sector and for all the sections of society. Empowered women can contribute to nation building by joining any sector like an army, social service, politics, education, corporate sector, etc. The government should focus, especially in rural areas, for empowering women as the majority of India's population resides in the village.

By – Atikshaa Raghav



Unemployment



UNEMPLOYMENT is a very serious issue in India as well as in other countries. There are thousands of people who do not have employment. Unemployment refers to a situation in which educated, talented people want a job, but cannot find a proper job due to several reasons. In country like India, there is much reason for a large section of population for being unemployed. Some of the reasons are population growth, slow economic growth, seasonal occupation etc.

The situation has become so drastic that highly educated people are ready to do the job of a sweeper. Due to covid 19 pandemic in year 2020-21 many people lost their jobs, which has resulted in increasing rate of unemployment in India. It was 4.2% in year 2020-21, now it is 8.2% in year 2022 in India. It is 5.7% in the whole world with estimated 205 million unemployed people around the world. Besides, the problems are very severe in India because of the growing population and demands for jobs. Government is trying to launch new schemes in both government and private section so that unemployed people gets job and rate of unemployment reduces. Many government schemes are coming for the unemployed youth like the AGNIPATH Scheme was recently launched by the government to join the army.

By – Pahal Goel



thank
you!