INSPERIA

Bhavan Vidyalaya Panchkula

The future belongs to those who believe in the beauty of their dreams.

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Edition

A Students' Exclusive Issue Class Teachers : Ms. Pratibha Singh (XI-A) Ms. Prerna Joshi (XI-B)

MY LOVE

- Praval Aggarwal XI - B

You're my world,
The shelter from the rain
You're the pills,
That take away my pain.
You're the light,
That helps me find the way
You're the words,
When I have nothing to say.
You're the fire,
That warms me when I am cold,
And your hand I want to hold,
As I grow old.

You're the shore,

When I am lost at the sea

And you're the only thing that I like about me.

And in this world

Where nothing else is true

Here I am.

Still tangled in you

Tangled up in you.

LIFE IN A HOSTEL

- Praval Aggarwal XI - B

What a life in hostel...

All the doors of your house seem closed You're always on your toes, You have all friends no foes.

There are boys from east and west,

At every step you have a test,

You are expected to do your best,

Of course, you get time to rest.

There is none high, there is none low,

It is always fast, it is never slow

All the time it is go, go, go

Your face starts to glow.

PT, prep, breakfast, class,
You're in trouble if you break the glass,
Class work, homework, hobby, games,
All this you have to do to earn some fame,
The best day surely is Sunday
When you have tuck and get to play the whole day.

Being Productive

- Tanmay Sharma XI - B

Productivity is a measure of efficiency of a person completing a task. We often assume that productivity means getting more things done each day. Wrong. Productivity is getting important things done consistently. And no matter what you are working on, there are only a few things that are truly important. Being productive is about maintaining a steady, average speed on a few things, not maximum speed on everything.

Simple Ways to Be More Productive Every Day:

Step 1: Manage your energy, not your time.

If you take a moment to think about it, you'll probably realize that you are better at doing certain tasks at certain times. What type of energy do you have in the morning? Afternoon? Evening? Determine what tasks each energy level and time of day are best suited for.

Step 2: Prepare the night before.

If you only do one thing each day then spend a few minutes each night organizing your to—do list for tomorrow. When I do it right, I'll outline the article I'm going to write the next day and develop a short list of the most important items for me to accomplish. It takes 10 minutes that night and saves 3 hours the next day.

Step 3: Sit up or stand up.

When you sit hunched over, your chest is in a collapsed position and your diaphragm is pressing against the bottom of your lungs, which hinders your ability to breathe easily and deeply. Sit up straight or stand up and you'll find that you can breathe easier and more fully. As a result, your brain will get more oxygen and you'll be able to concentrate better.

EXTINCTION OF MOTHER TONGUE

Vidushi Chauhan
 XI - B

"Mother Tongue" refers to a person's native language — that is, a language learned from birth. The general usage of the term 'mother tongue' denotes not only the language one learns from one's mother but also the speaker's dominant and home language. The lack of pride in one's language and the reluctance to speak their mother tongue will ultimately lead to its extinction. The existence of a language is dependent on the people who speak it. People start neglecting their language when they lose pride in their culture. Like a coin has a head and a tail similarly language and culture are the two sides of the same coin, until and unless we promote our first language, culture cannot survive. It is the responsibility of people concerned to preserve and enrich their mother language and pass it on to the succeeding generations.

Being a student, I have realized that the maximum number of people prefer to use the English language extensively and are disregarding their native language. Proficiency in English is considered a cornerstone to success and it is quite obvious that people are fond of English. There are a total of 121 languages and 270 mother tongues spoken in India, and according to UNESCO 42 Indian Languages are critically endangered.

Therefore, regular usage and spreading awareness is the key to thrive any language. If we do not regard our language and try to speak other languages, even while staying in our motherland with the people having same language and culture. We all are doing a great disservice to our mother tongue and are helping other countries to keep up and promote their culture and letting our Mother Tongue perish.

History as a Subject

- Yashvabhav Bhardwaj

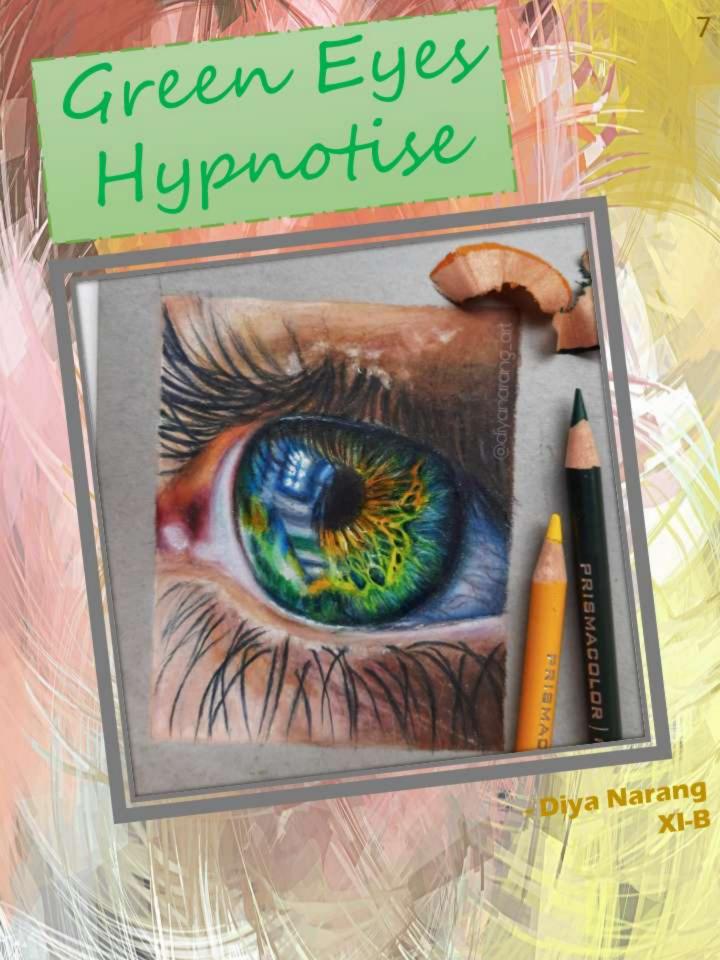
XI - B

History is a fascinating subject. This is because it is the story of the world. By studying history people get to know what happened in the past - or do they? In my eyes history is actually a manipulated subject. It fails to tell the whole truth. We can only be certain of some specific type of events unfolding exactly how they are written in the books. For example - scientists catalogued new species of shrub frogs in the Western Ghats - we are certain that this is what happened because it happened recently and it was recorded in a language that we fully understand. And I agree with how it is phrased but if it was written like 'Five new species discovered by humankind', I would have disagreed because it might not be true because it could be possible that the locals already knew about their existence and that the species might not actually be new considering that human knowledge is limited and those species could have just been undetected by humans but might have existed for a long time. There are lot of things that we cannot be certain of. The reason why I despise the subject is that it misguides people not because of inaccurate information, it could be true, but how it phrases it. History books are written in a style that signals - 'what is written in this book is the complete truth and everything has been considered while writing it and it should be remembered bearing no doubt in mind' - and lacks the words 'likely to be true', 'might be how it happened', 'is the leading theory', and 'believed to be true' which is wrong because what is written in these books is constantly being challenged in the world with new evidence being found and new theories being developed and even by what has been passed down in the society either orally or in some other form. And even by the fact that history can be affected by political and social interests like how there is no mention of colonialism in the British school textbooks.

History as a Subject

(Continued)

Similarly, even old and ancient records are prone to this kind of tampering considering that monarchies across the world could have spread information benefitting them and recorded history in a way that benefitted them. Moreover, even the events that have unfolded in the last hundred years cannot be known with certainty because of aforementioned reasons, books try to explain how those events unfolded but might be overlooking a lot of the things that led to that particular point. Even the historical records of prominent historical figures could be propaganda and to paint a certain picture of the personality. One example is how some political leaders' misdeeds are covered up because of political agenda and not discussed to project a particular image of them in people's minds. Another example of controlling what is spread as history for socio-political reasons is how atrocities of the Mughal rulers, how they were not as tolerant rulers as they are depicted and how they treated leaders of other religions is not written in school history textbooks, possibly because it could lead to disharmony between communities. Another impact of political agenda on history is how it is written that certain social groups were oppressed by other groups due to some system, and the thing to think about is how this is spread fervently, even through textbooks, because this impacts political parties and how some parties monopolize the votes of these 'oppressed' groups just by mentioning some unfortunate oppression. This antagonizes the historically 'oppressive' groups even though such practices have long been abolished. Even though this spreads hate between these social groups, it is still taught just because this way political parties can ensure a vote bank. And even if the authorities try to remove such parts now, the "oppressed" group might turn hostile pointing out how such an action erases their history, how it is favouring the other classes. Now, this is quite a lot to think about, how history taught in schools shapes society and how socio-political interests affect the subject!



It's officially been my 4th year as an editor for e-newsletters and e-magazines. My motivation for editing has been the joy of being able to design the outlook of everyone's work, and amidst that, being able to show my own creativity as well.

-Dilsher Singh Chatha (XI-B) Technical Editor

Happy Reading



Class Teacher: - Ms. Neha Sharma

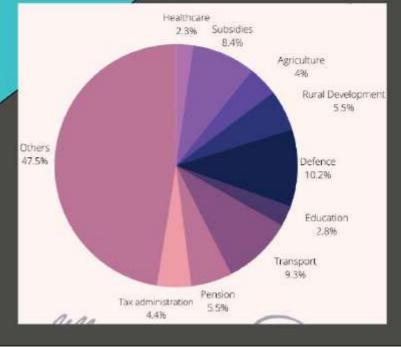
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Taxes on Crypto 30%



Budget



STAY CALM DURING EXAM

Find a quiet place to study without distractions.

Set-up your study space. Make sure it's not too cluttered and has everything you might need.

Find out as much as you can about the exam so you can prepare.

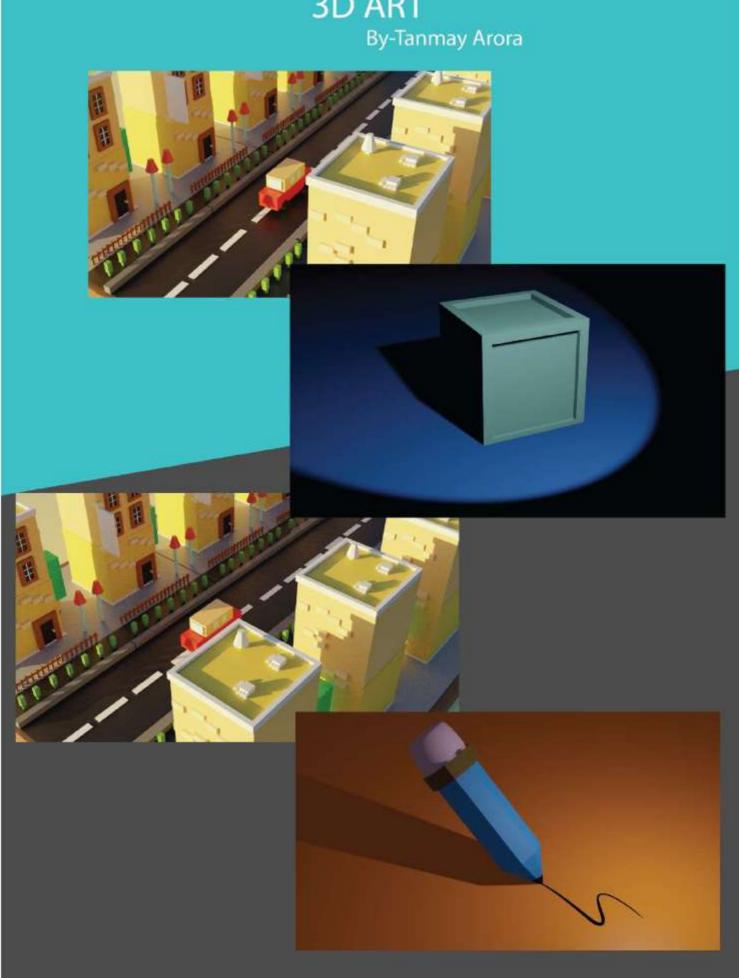
Ask your teacher if you're unsure of what will be tested.

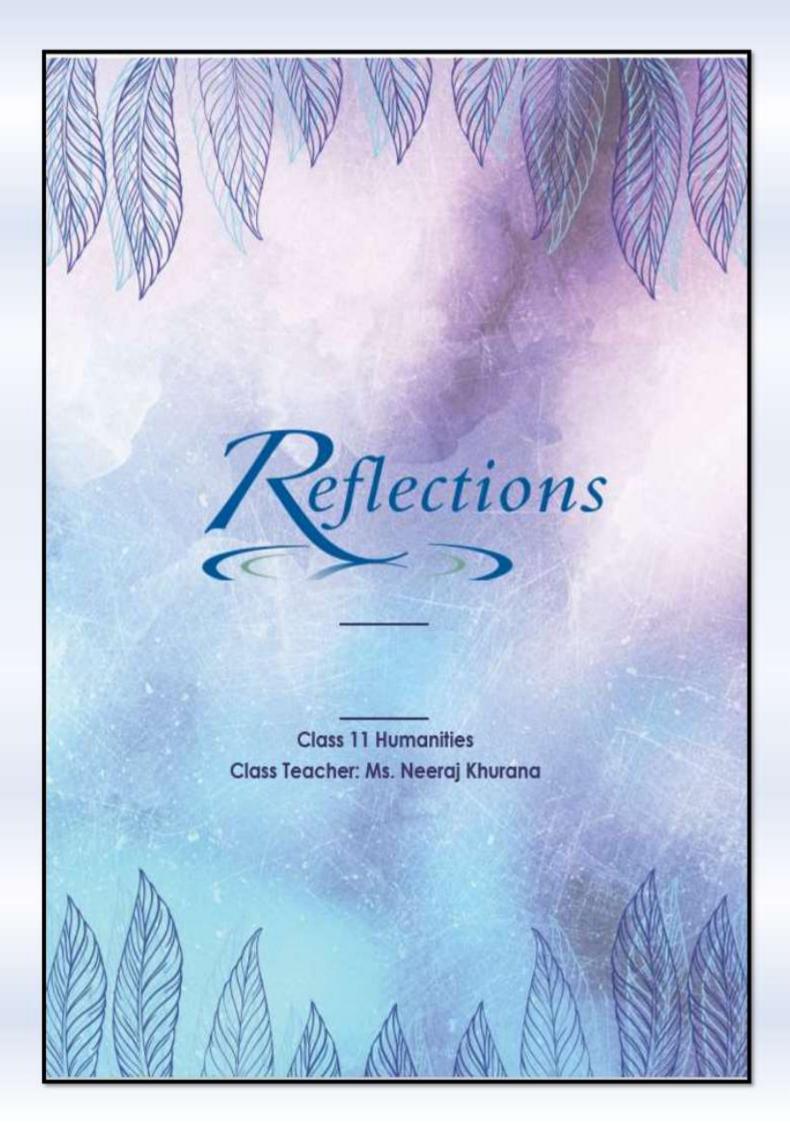
Learn to make 'mind maps' and use them to collect ideas and thoughts, use bright colours to help remember important links.

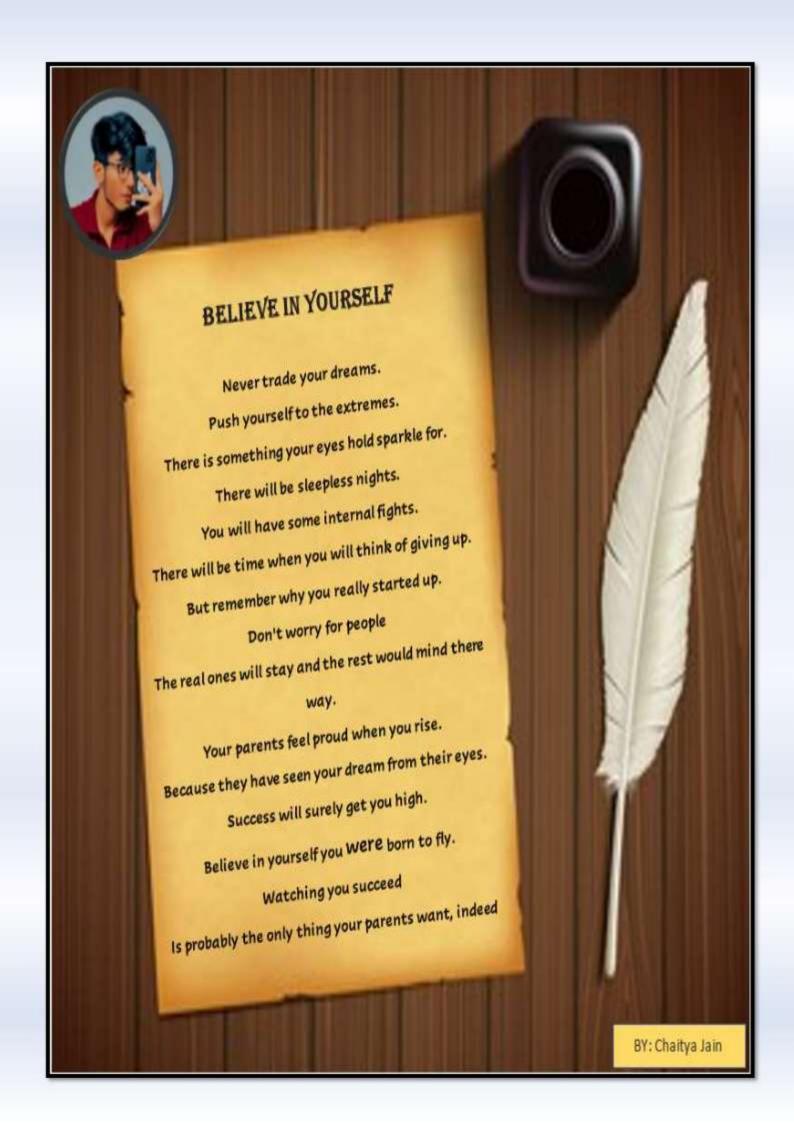
Make a plan of what you want to work on in each study session. Break it down into small tasks and work on one task at a time.

Take regular short breaks – use this time to have a drink, get something to eat or play with a pet.









Once a whimsie...

I ambled under the starry shack of glistening orbs,

Wondering if I could be one too, maybe in an aeon...

While the dead of night absorbed the tranquility all over..

I was captivated by the occult magic of sorrows and ecstasy..

Wishing upon a stellar piece of rock,

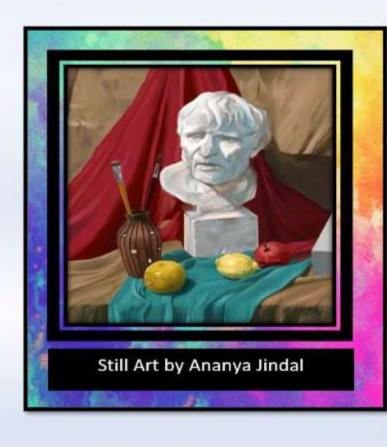
I discerned the caverness of the voyage beyond the spry affairs of our accustomed regimen...

An unceremonial juncture all at once disbanded the smokey spectre and besmeared the coulisse.

I, taken aback by this occurence perched there agape.

~Ridhima Jain (XII-D)







BE MORE

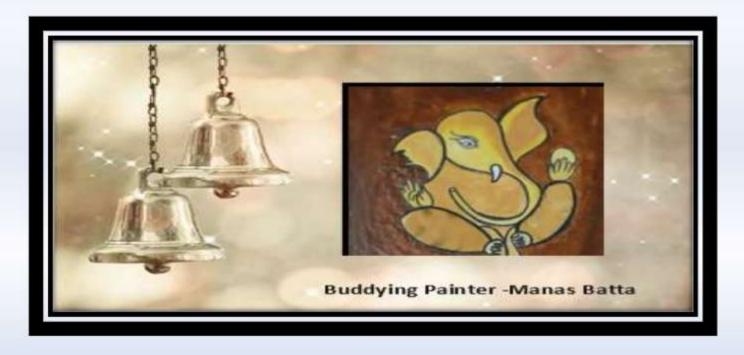
Be more
I have taught myself.
Be more because you can be,
Be more because you have to replace the sun,
Be more-repeatedly
'Less' is a word written in grey.

Be more, do more, see more Because you're not a natural diamond.

Eut being more is difficult. Being more has no limit, 'More' goes on forever Be more because more has value But I'm not a diamond at all.

BY: ANVI MISHRA





DIFFICULTY CREATES
THE OPPORTUNITY
FOR
SELF-REFLECTION
AND
COMPASSION

