

THE SATYAM

FEB 2022

TIMES

28

DAYS OF PURE
BLISS - WHY?
READ AHEAD TO
FIND OUT

**CELEBRATE THE
NEW YEAR
WITH A POEM**

BY - 9TH SATYAM
CLASS TEACHER - MRS. LISSUM SHARAN
EDITOR - SHREYA KHATKAR



WORLD
CANCER
DAY

**FIND YOUR
INSPIRATION**

LOOK AT THE ALL
NEW COLLECTION OF
ART

**YOU SHOULD
CHECK OUT**

**ART IS THE
NEW COOL**

designed by freepik



Events in Fantastic February!



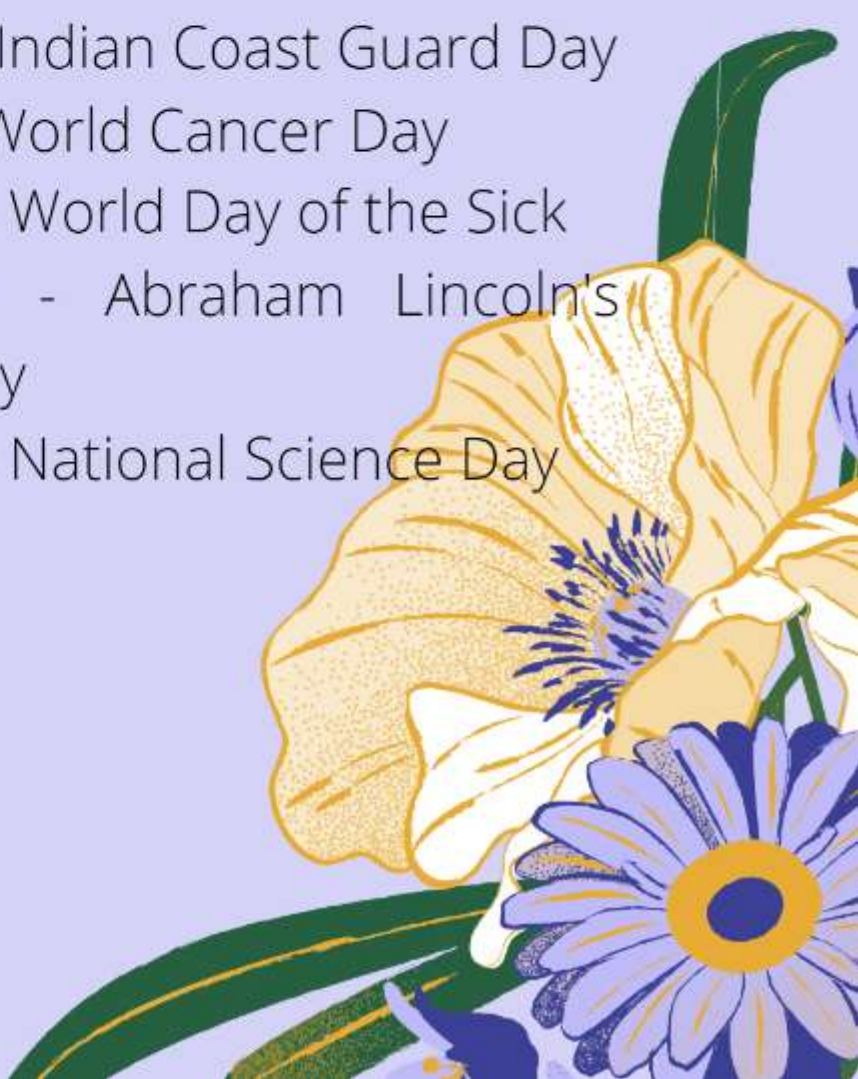
1st February - Indian Coast Guard Day

4th October - World Cancer Day

11th October - World Day of the Sick

12th October - Abraham Lincoln's Birth Anniversary

28th October - National Science Day



Art is everywhere and
everywhere is art.



BY
HARSHITA

Poems!

What can be said in New Year rhymes,
That's not been said a thousand times?
The new years come, the old years go,
We know we dream, we dream we know.
We rise up laughing with the light,
We lie down weeping with the night.
We hug the world until it stings,
We curse it then and sigh for wings.
We live, we love, we woo, we wed,
We wreath our brides, we sheet our dead.
We laugh, we weep, we hope, we fear,
And that's the burden of the year.

Page for you!

Wellness & Mental Health



You're going to be okay. I know you might not believe that right now. Sometimes, life throws curveballs with a sudden change-up.

In life, everything you experience is temporary. And so while that means you might lose some good or even the best things, you'll also lose bad and the worst things.

You're going to be okay because there are so many people who love you and want you to be okay.

On dark days, when you feel alone, just remember that there's someone out there who wants you to be okay and feel better.

Don't crave the love from people who aren't giving it. And don't expect love to be given in the way you want it to be received. Everyone loves differently. Let the people who love you care for you in the way they know best.



EPIC CULTURE

A Stunning magazine
-by Shivam House



NEW LOOK!

a New Read!

Editorial Team

❖ Simranjot Kaur
❖ Naina Kaushal

Class In-Charge:
Mrs. Shobha Gupta



PAGE NO.1



PAGE NO.2



गाय पर तथ्य

1. गौ माता में तैंतीस कोटी देवी देवताओं का वास है ।
2. गौ माता के एक आंख में सुर्य व दूसरी आंख में चन्द्र देव का वास होता है ।
3. गाय इस धरती पर साक्षात देवता है ।
4. गौ माता अन्नपूर्णा देवी है कामधेनु है । मनोकामना पूर्ण करने वाली है ।
5. गौ माता के दुध मे सुवर्ण तत्व पाया जाता है गौ माता का दूध अमृत है।
6. एक गौ माता को चारा खिलाने से तैंतीस कोटी देवी देवताओं को भोग लग जाता है ।
7. गौ माता से ही मनुष्यों के गौत्र की स्थापना हुई है ।
8. गौ माता चौदह रत्नों में एक रत्न है ।

-Nitasha Lamba



-Paarth Bindal



-Nitasha Lamba

वसंत पंचमी

HAPPY VASANT PANCHAMI

- यह 'वसंत' या वसंत के मौसम के पांचवें दिन मनाया जाता है।
- वसंत पंचमी का प्रारंभ होना सर्दियों के मौसम के अंत को इंगित करता है।
- वसंत पंचमी भारत के विभिन्न राज्यों में अलग-अलग तरीकों से मनाई जाती है।
- इस पर्व पर लोग कला, संगीत और ज्ञान के देवी "सरस्वती" की पूजा करते हैं।
- लोग, विशेष रूप से छात्र और संगीतकार बड़ी भक्ति के साथ सरस्वती की पूजा करते हैं।
- लोग मंदिरों में दर्शन करने जाते हैं, उपवास करते हैं और इस अवसर पर भक्ति गीत गाते हैं।



-Nitasha Lamba



-Nitasha Lamba

PAGE NO.3



PAGE NO.4



ART IS A THERAPY



-Madhur Jain



-Shivam Aggarwal



-Parnika Rai



-Naina Kaushal



-Paarth Bindal



-Sanvi Gupta

Capture the

nature



-Pratishtha



-Naina



-Savleen Kaur



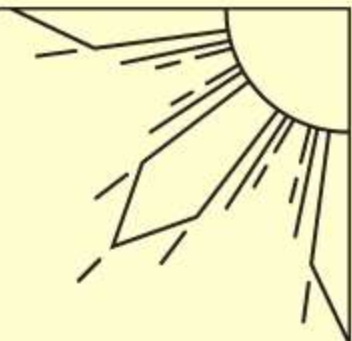
-Vishwajeet



-Paarth Bindal

PAGE NO.5





OBSCURA'S INSIGHT



JAN - FEB 2022

CREDITS:-

EDITORS-Harshita Kanare
and Tavisha
CLASS INCHARGE- Ms. Rashim Sharma

.....
Success is the sum
of small efforts
.....

- class 9 Sundaram

JANUARY

In January anything feels possible. As the chapter closes on another year, the shiny prospect of starting a new settles upon us like a blanket of fresh January snow.

We set goals for the coming year, and bound into this month with hope on our side. January is the forever optimist, before the reality check of pragmatic February settles in.

If you're interested in everything about this month, then this is the article for you packed full of fun facts about January.



- The birthstone for January is the garnet.
- Famous January birthdays include Muhammad Ali, Jeff Bezos, Elvis Presley and Michelle Obama, Ellen Degeneres and Oprah Winfrey.
- January has two Zodiac signs, Capricorn and Aquarius. Aquarius falls after January 19.
- The official birth flower for January is Carnation.
- January is celebrated worldwide as the month of creativity, newness, and innovativeness.



**Garnet
and
Carnation**



FEBRUARY

February is mostly recognized for Valentine's Day, flowers, and depending on where you are, being incredibly cold! Oddly enough, even though it's just another month, there's a lot of history behind this month of romance and love! Read on to find out some historical events which occurred in February, as well as how to come to be the shortest month of the year.



- If you were born in February, your birthstone is an amethyst and your flower is a primrose.
- The western zodiac signs in February are Aquarius which is until February 19th, and Pisces, which is until March 10th.
- February was named after a purification ritual which was like an early Roman spring cleaning festival.
- February and January were the last months added to the Roman numeral calendar.
- February is one of the most misspelled words in the English language.



**Amethyst
and
Primrose**



Art corner



☀ -Reeva Singh ☀



☀ -Reeva Singh ☀



☀ -Reeva Singh ☀



☀ -Ananya Sharma ☀

Book Review

MY VIEWS ON

The Motivation Manifesto

Theme - Motivation for everything in life

Review - This is the best book I have been able to find out till now. It lists all the problems, we as humans face in the race of life and the reasons why we lag behind. To identify the problem is a key aspect for solving it and definitely, it is a must to read for not only students, but everyone.

It states that we need to look in our own eyes, and examine why we get distracted from our goals so easily, why we think of what others think about us and why we cover of revealing our true selves. It's all about it. I rate 5 stars for this book.

A beautiful line in this book - Why, having been endowed with the courageous heart of a lion, do we live as mice?

By - Srishti

Book Review



THE QUICK AND EASY WAY TO EFFECTIVE SPEAKING

- By Dale Carnegie

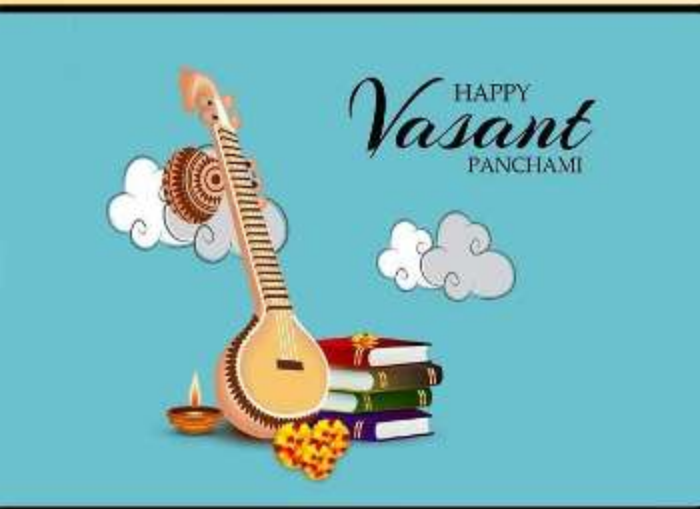
A person's success, achievements and social satisfaction depends heavily upon a person's ability to communicate properly ! And this book teaches you the fundamentals of effective speaking...Public speaking is an art..and every art has a few principles and many techniques, this book is a guide that helps you acquire the confidence and create a firm foundation of principles to build upon... This book is really helpful for all those having a stage fear and social anxiety



AKSHITA JAIN
Class 9th C

MAGAZINE

~ Shubham House



CLASS – 9TH

HOUSE – SHUBHAM

CLASS TEACHER – MRS. ANJU SHARMA

MADE BY – ESHAN BATTA

REPUBLIC DAY

India gained Independence on 15th August 1947, however a need for constitution was felt to replace the British Colonial Government of India Act 1935 as a governing text. 26th January was decided to be a Republic Day since on this day Indian National Congress proclaimed the Declaration of Indian Independence in 1930. Republic Day is celebrated with zeal and enthusiasm across the country but the main attraction is the annual parade in New Delhi on Rajpath, which includes cultural, historical and military displays. The parade is preceded by Prime Minister laying wreath at National War Memorial and taking a moment of silence to commemorate fallen soldiers. The parade starts with on arrival of the President of India.



The country showcases its cultural and social heritage, state tableau depicting diversity and government departments display their achievements and an impressive display of the Military Might protecting our continuous progress and transition to a strong and powerful nation. Children participate with great vigour in NSS and NCC contingents and various cultural troupes. The Parade culminates with an impressive flypast by Indian Air Force. Republic Day reminds us to be proud of Indian's achievement since independence, while maintaining peace and harmony among its culturally diverse population by giving fundamental rights to citizens through the Constitution of India.

Jai Hind, Jai Bharat

SIGNIFICANCE OF BASANT PANCHAMI

Happy Basant Panchami to all of you. Have you ever wondered what the name of this festival means? If you don't, "basant" means spring and "panchami" means the fifth day of the month of Maagh. It signifies the arrival of spring and also marks the beginnings of preparation for Holi, which falls forty days after the festival. Now, having known the meaning of the name of the festival, let us know more about the festival itself. For many Hindus, Vasant Panchami is the festival dedicated to goddess Saraswati who is the goddess of knowledge, language, music and all forms of arts. The season and festival also celebrates the agricultural fields' ripening with yellow flowers of mustard crop, which Hindus associate with Saraswati mata's favorite color. Due to this, people generally wear yellow traditional clothing and accessories to honour the goddess. The colour yellow also signifies knowledge, education and happiness in Hindu culture. Astrologers consider Basant Panchami as "Abujha" which is a day that's auspicious to initiate important tasks. Marriages are also considered auspicious on the day of basant panchmi. However, the festival is not the same in the entire country. It is celebrated as saraswati pooja in the states of Bihar and West Bengal. You might have wondered why we fly kites on this day? Well, it doesn't relate to the festival itself, but when the season changes from winter to summer the period is called Basant. In this season the wind blows start & it is perfect for flying kites also basant panchmi is a holiday for children and they enjoy flying kites on this festival. An iconic sweet that is prepared during Basant Panchami is Kesari bath. It is a sweet dish also known as Jonnadula Halwa in Northern India. This festival brings love, peace and happiness amongst the entire country. It is due to this fact that it is celebrated by people all across the country and not only by the Hindus. Basant Panchami also has a close relation to the epic of Ramayana where Lord Rama was believed to have met an elderly woman on the day and was offered sweets and fruits by her. One of the top universities in India, Banaras Hindu University is also known as Kashi Hindu Vishwavidyalaya, was established in the year 1969 on Vasant Panchami. I hope you all got to know more about this festival and may this day bring happiness and knowledge to your life. Once again, Wish you all a very happy basant panchmi.

**ज्ञानदायिनी वीणावादिनी, सरस्वती हे माता
जनम दिवस पर जिनके, बसंत पंचमी पर्व मनाया जाता /**

(1)

खिले खिले फूलों पर भंवरे
मंडराते लेकर पराग यहाँ-वहाँ
सरसों के फूल लहराते मस्ते में
पीला रंग प्यारा ये सभी पर चढ़ा



बसंत पंचमी है प्रिय उत्सव महान
भारतीय संस्कृति की यह पहचान
मौसम में हर रंग कुदरत ने घोला
उमंग है इस उत्सव की जान

आओ बसंत पंचमी ऐसे मनाएँ
मिल-जुलकर सब शपथ उठाएँ
निःशुल्क शिक्षा प्रणाली को
बच्चों के घर-घर तक पहुँचाएँ

(2)

सब का हृदय खिल-खिल जाए
मस्ती में सब गाएँ गीत-मल्हार |
नाचें-गाएँ सब मन बहलाएँ
जब वसंत अपने रंग दिखाए |

खिलकर फूल गुलाब यूँ इठलाए
चारों ओर मंद-मंद खुशबू फैलाए |
प्रकृति भी नए-नए रूप दिखाए
जब वसंत अपने रंग-बिरंगे रूप दिखाए |

सूरज की लाली सबको भाए
देख वसंत वृक्ष भी अपनी शाखा लहराए |
खुला नीला आसमां सबके मन को हर्षाए
जब वसंत अपने रंग-बिरंगे रूप दिखाए |



नई उमंग लेकर नदियाँ भी बहती जाएँ
चारों ओर हरियाली ही हरियाली छाए |
शीत ऋतु भी छू-मंतर हो जाए
जब वसंत अपने रंग-बिरंगे रूप दिखाए |

7 tips to help you cope with exam stress

1. Remember to Breathe

Setting aside a couple of minutes every day to practice mindfulness techniques, such as breathing exercises helps you to calm down your body's stress.

2. Eat, sleep and exercise well

For your body's best performance, make sure you're getting 8/9 hours of sleep, enough slow-release carbs, less caffeine and more water, and at least half an hour of exercise per day.

3. Set realistic goals

Setting realistic goals, whether you have several weeks, days or hours before your exam, helps you to put everything into perspective.

4. Don't go it alone

revising with peers is an effective study technique as it allows individuals to better absorb their own notes.

5. Pace yourself through panic

If you experience it at any point, take six deep breaths, hydrate yourself, and then go back the problem at hand, being sure to break it down into several, manageable chunks.

6. Believe in yourself

When being constantly faced with new challenges, we often forget to look back at how far we have come and how much we have already achieved. Given that you have prepared well, there should be no reason for you to worry.

7. If you feel like you are struggling, talk to someone

Asking for help is never shameful. When struggling, talk to friends, family, or your teachers about how you are feeling.



Art Corner



ACKNOWLEDGEMENTS

*I would Like to extend my gratitude to our
Class teacher - Mrs. Anju Sharma for
guiding us throughout the design and
contents of the magazine*

Republic Day article - Arnav Tuknait

Basant Panchmi Poem (1) - Purva Dhingra

Basant Panchmi Poem (2) - Aarushi Saini

Basant Panchmi Article - Aviral Jha

ART CORNER

1st Pic - Saaleha Khan

2nd Pic- Tarushi Sapra

3rd Pic - Samriddhi Mehrotra

THE

VENIMUS

FINNESE

VIDIMUS

ZINE

VICIMUS

9th

Sangam

Edition

Jan- Feb

Under the guidance of:
Ma'am
Geeta Sharma

Group Effort By:
Mayank Sinha
Anandita Chauhan
Pranav Pratap Singh

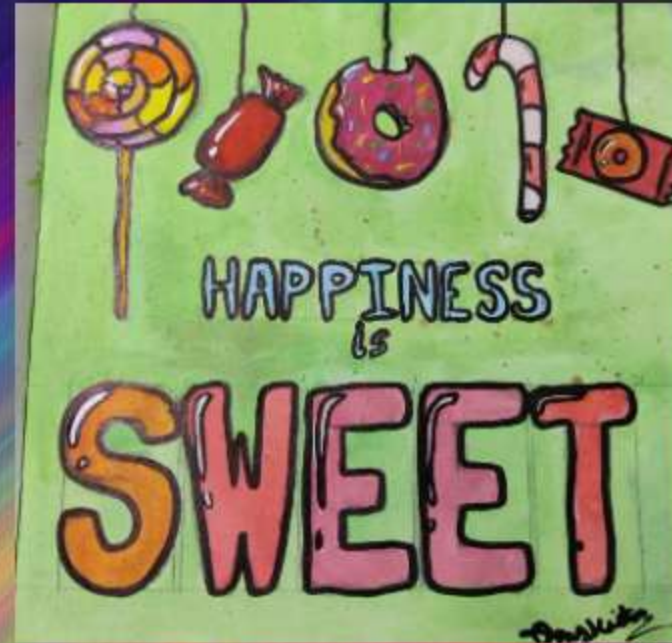
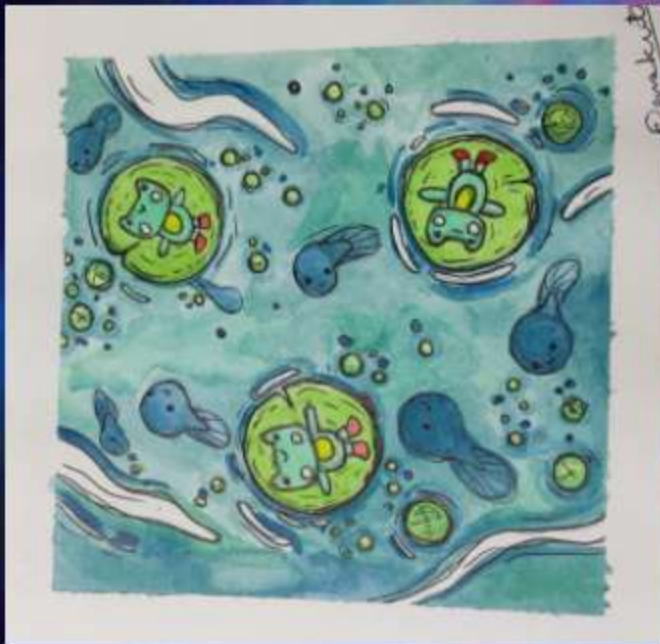
Arts Corner



**THE LONGING
FOR SPRING**

-Kimaya Agarwal

On the painting, I've used several brush techniques and color layering techniques. It's a vibrant painting with a bright color scheme. I had a lot of fun making the cute frogs, tadpoles and adding the highlights and details to it.



I think this painting's color scheme is fit for it. The colors are all vibrant and happy! As a matter of fact, it's inspired by my little sister. She's a mega fan of candies and chocolates and all things sweet. Life is short, make it sweet!

- Sanskriti

Makar Sankranti Laddoos

1. Roast sesame seeds (250g)
2. Grind with sugar/ jaggery (200g)
3. Add ghee (3-4 tbsp) and shape them as you like.
4. Enjoy

-Anandita Chauhan

9th E

National Youth Day

“Talk to yourself once in a day, otherwise you may miss meeting an intelligent person in this world”.

Swami Vivekananda’s birth day, January 12th is being celebrated as National Youth Day, every year. He was the chief disciple of Ramakrishna Paramahansa and the founder of Ramakrishna Math and Ramakrishna Mission. He stands as a role model for generations in various respects. His works are the living models of ideas and his knowledge is an inspiration for the youth to achieve greater things in life. The objective of this day is to spread his knowledge and literature to society, to build good characters and true citizens of the Nation. “Supreme value of youth is incalculable and indescribable. Youth is the most precious part of human life. The way in which you utilize this period will decide the nature of the coming years that lie ahead of you. Your happiness, success, honor and good name all depend upon the way in which you like now, in the period.”

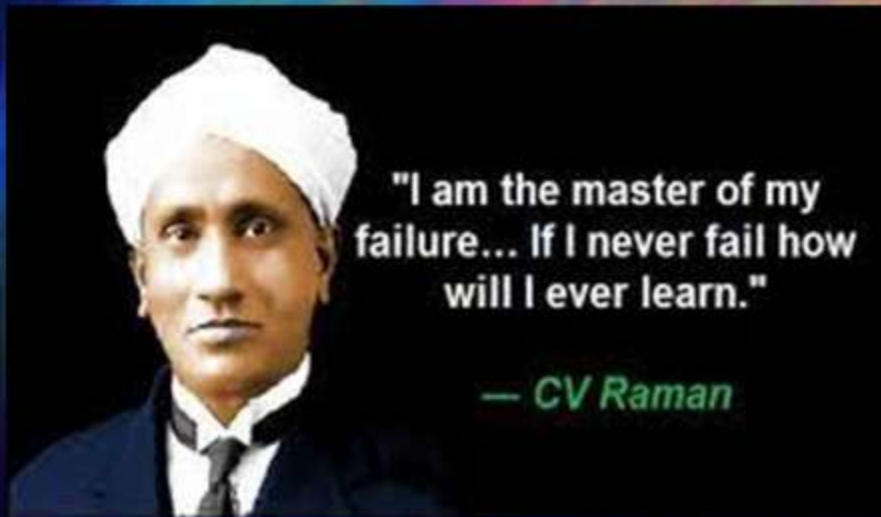


“This wonderful period of the first state of your life is related to you as the soft wet clay in the hands of a potter. Skillfully the potter gives it the right and correct shapes and forms, which he intends to give. You can wisely mould your life, character, physical health and strength; you make up your mind to do in any way” This is Vivekanand’s advice to the youth. “Do one thing at a time and while doing it put your whole soul into it to the exclusion of all else”.

Tanvi Handa IX-E

National Science Day

National Science Day is celebrated in India on 28 February each year to mark the discovery of the Raman effect by Indian physicist Sir C.V. Raman on 28 February 1928. For his discovery, Sir C.V. Raman was awarded the Nobel Prize in Physics in 1930.



Pranav Soni
9th Sangam

Culture

VOL. 05
JAN-FEB



A BIMONTHLY E- MAGAZINE

EDITOR IN CHIEF
Sanchi Goyal

CLASS
IX SAKSHAM

CREATIVE CHIEF
Saumya Dagar

CLASS TEACHER - YUVRAJ GHALY

BOOK REVIEW

“THEY BOTH DIE AT THE END”

What would you do if you had one day left to live?

This story revolves around two teenagers, Puerto-Rican Mateo and American foster kid Rufus, living in New York, who on one fine day receive their death alert by Death Cast- a company that foretells people of their death in anytime during the upcoming 24 hours. To spend their last 24 hours where any next minute they could be facing death, these two teenagers meet on the Last Friend app and break past their comfort zones. Mateo and Rufus set out together to seize the day in their final hours, deepening their friendship. Blossoming into more the author highlights on how a single small wrong action of an individual can cost the other their life. It leaves us with heavy questions on what it means to live a well-lived life, to die without regrets, to live a lifetime in a single day. The author being part of the LGBTQ+ community himself has represented the characters who were a part of it quite well. A tense, engrossing and as heart wrenching as the title, “They both die at the end “by Adam Silvera is a phenomenal talent.

-Anzel.



Krishan Kumar
Sonker



THIS IS
MATEO

THEY

'BOLD AND
HAUNTING'
LAUREN OLIVER

AT
THE

ADAM
BESTSELLING AUTH

"Creativity is intelligence having fun."

Albert Einstein

WORLD SCOUT DAY

World Scout Day is celebrated annually on February 22nd. This year also scout day will be celebrated with much enthusiasm to honor the dedicated, faithful, obliging, pleasant, civil, considerate, appreciative, spirited, parsimonious, courageous, sanitary, and respectful scouts out there. Society must value its services. It is observed in commemoration of the members of the scouting movement. The celebration can last for a year but the gathering of the scouts and the guides across the globe will only happen on February 22nd. The day is also known as the Founder's Day. The members of the scout association will gather together on this particular day. The scouting founder's birthday, Robert Baden-Powell will also be celebrated on the day. He was born in 1857 along with his wife Olav Baden-Powell was also born on February 22nd. He is the national hero. So, his birthday is celebrated by people across the world with much nationalistic spirit. He rendered his efforts during the Siege of Mafeking. The burial of Baden Powell in Kenya is now a pilgrimage spot where several people reach the location to pay tribute to the honorable man.

Scouting began in India in 1909. The Bharat Scouts and Guides association was formed in 1951. The scout day is celebrated by the gathering of the scouts and the respect will be paid through the parades and the discussion on the life of the great chief. scout day is an attempt to make the generation aware of the importance of scouts in improving society.

- Jatin Tiwari

FUNERAL

Don't burn me, erase me, throw me away

Bury my body,

in a place where the sun shines,

And the grass blows by the wind

Where the birds sing

And the wind blows.

Because that is beauty.

Because that is proof of what life once was,

and that I was once alive.

Composed By- Parisha



Saumya Dagar



गीता श्लोक



गतिर्भर्ता प्रभुः साक्षी निवासः शरणं सुहृत्।
प्रभवः प्रलयः स्थानं निधानं बीजमव्ययम्॥

भावार्थः श्रीकृष्ण कहते हैं कि हे पार्थ, इस सारे जगत् में प्राप्त करनेवाला, सबका पालनहार, सब लोकों का अधिपति, अच्छे-बुरे का द्रष्टा, बदला लेने वाला, सबका धाम, समस्त सृष्टि और विनाश का कारण, मैं भी सबका कारण हूँ। धन और नाश।

क्रोधाद्भवति संमोहः संमोहात्स्मृतिविभ्रमः।
स्मृतिभ्रंशाद्बुद्धिनाशो बुद्धिनाशात्प्रणश्यति॥

भावार्थः श्रीकृष्ण कहते हैं कि हे अर्जुन क्रोध के कारण मन दुर्बल हो जाता है और स्मरण शक्ति बन्द हो जाती है। इस प्रकार बुद्धि का नाश होता है और बुद्धि के नाश से मनुष्य स्वयं भी नष्ट हो जाता है।

- Rehmat Bhatia

INTERNATIONAL EPILEPSY DAY



International
Epilepsy Day

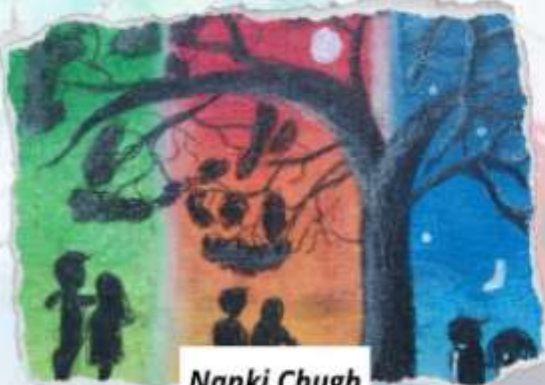
International Epilepsy Day was started in 2015 and is organized by International Bureau of Epilepsy (IBE) and the International League Against Epilepsy (ILAE).

The day provides a platform for people with epilepsy to share their experiences and stories with a global audience. The day also calls for all people to advocate for appropriate legislation that will guarantee human rights of people with epilepsy and encourages people with epilepsy to live on their fullest potential. Despite being one of the world's oldest known medical conditions, public fear and misunderstanding about epilepsy persist, making many people reluctant to talk about it. That reluctance leads to lives lived in shadows, lack of understanding about individual risk, discrimination in work places and communities and a lack of funding for new therapies research. People with epilepsy die prematurely at a higher rate compared to the global population. The most common cause of death from epilepsy is sudden unexpected death in epilepsy, known as SUDEP. For many people living with epilepsy, the misconceptions and discrimination can be more difficult to overcome than the seizure themselves.

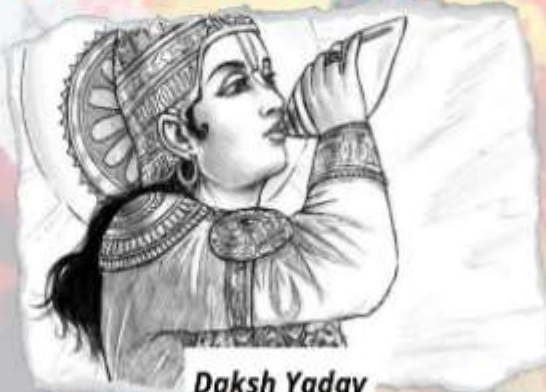
International Epilepsy Day seeks to raise awareness and educate the general public on the true facts about epilepsy and the urgent need for improved treatment, better care, and greater investment in research.

-Rakshit Chopra

“Everything you can imagine is real.”



Nanki Chugh



Daksh Yadav



Pablo Picasso



Pranava Mittal



Mohd. Ayan



Sanchi Goyal



TESTIMONIALS



I had a good year and the classes were smooth.

Rajat Singh

This year was a very unique one for me, as we are in 9th and it was a crucial session, but i also came to know that marks don't define our capabilities and potential. We wont remember what marks we got in a test after 10 years, but what we will remember is the memories we made.

Rehmat Bhatia



This time taught me as a student to be determined to studies and no matter what the circumstances are always work hard because if god closes one door he the other for you and during this time technology saved all of us and we could contact each other even during this pandemic Time and our work didn't stop. As a human it taught me to be brave as well as patient because after every dark night a morning comes of brightness and we should all be United and stay positive.

Bhuvi Kothiyal



This year went by really fast for me. But just like how every year changes come so did they in this year. Not really academically but emotionally i have got to learn a lot about myself which is equally important. Academically it was a hard and a new step towards my education as we learned a lot of base topics. It was hard but hey there's no fun in easy.

Anzel

This year was more challenging than the last year. This year we got a chance you meet our teachers and friends again but for a short period of time. Going to school again was fun.

Riddhima Arora



I met new kinds of people and my teachers understood me. I felt a new, comfortable sensation. As schools have closed again, I yearn for those jovial, light classes where we laughed and learned. Looking forward to another jubilant and lively year would like to express my gratitude to my peers and friends and teachers.

Sanchi Goyal

This year a hybrid study structure had been observed .in my opinion the offline classes were very effective and coming to school was way better than sitting in front of screens .And i would especially my teachers who had been very supportive and resilient.

Tanmayee Sharma

It was one of the toughest years I had, and probably the one am the most grateful for. I learned so much about myself and about things around me. I learned how to fall and get up. And I will keep doing that.

Parisha

