



**MONTHLY MAGAZINE
OF VIII TH SATYAM**



BEFITTING REPLY

Without Naming China, PM Narendra Modi today said a befitting reply had been given to those who cast an evil eye out Indian territory

The PM made the statement during his radio broadcast. Mann Ki Baat, referring to the Recent incidents and clash along the LAC in Ladakh. Modi said: "those who cast an evil eye on Indian soil in Ladakh have got a befitting Response. India honours the Spirit of friendship.. she is also capable of giving as appropriate Spouse to any adversary, without shying away, "He praised the sacrifice of Indian army. He also said: " Every Indian painfully regrets the loss."

-SRISHTI JAIN

-8th Satyam

COVID WARRIORS OF MY ALMA MATER

The Coronavirus led lockdown has put all of our strength and zeal to a hard test by interrupting our regular lives in recent history. It is indeed testing times for all of us. In an effort to overcome the effects of the pandemic, schools all around the globe are switching to online teaching-learning mode. Teachers at Bhavan Vidyalaya, Panchkula are in constant pursuit to adapt to the change and make learning fun, effective and engaging through virtual classes. For many of us in self-isolation, it can feel like the coronavirus has put the world on hold as we wait for release from our temporary imprisonment. But this unfortunate situations is turned positive for us by our beloved and hard working teachers of our school through online learning platforms. Personal growth is central for our school. So, although an hour listening to a lecture may not be as enticing as the instant gratification of reality TV or social media, but it

leads to greater life-satisfaction in the long term. "You could say that humans are like bicycles: if you're not heading towards something you fall over". Online courses are one of the best ways to do that in these testing times.

-DHAIRYAMAN MADAN

-8th Satyam

INDIA'S FIGHT IN COVID-19

Locked up inside the house,
People crying out loud.
But they need to realize,
its a Time for emergency,
they have to learn to sterilize.
their hands, wear a mask,
it is a responsibility, not a task.
We will get through this,
Just be careful that's all I ask.
We may be young or old.
But we must be bold,
against the enemy untold.
If you have to go out, think Twice,
wear mask be wise,
After coming home, sanitize .
Don't go to crowded places,
Don't be one of those thousand cases.
visit a doctor if you need care,
Now, just make others aware.
Step out in the light,
Through all this, India will fight.

-PARISHA KUNDU

8th Satyam

Thank You **C¹⁹VID**
WARRIORS



ARCHIVE GALLERY



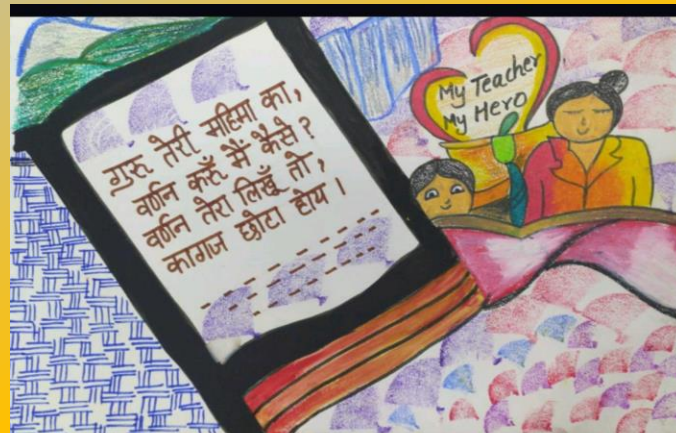
BHAVIN AHUJA-8th SATYAM



VAANYA SHARMA-8th SATYAM



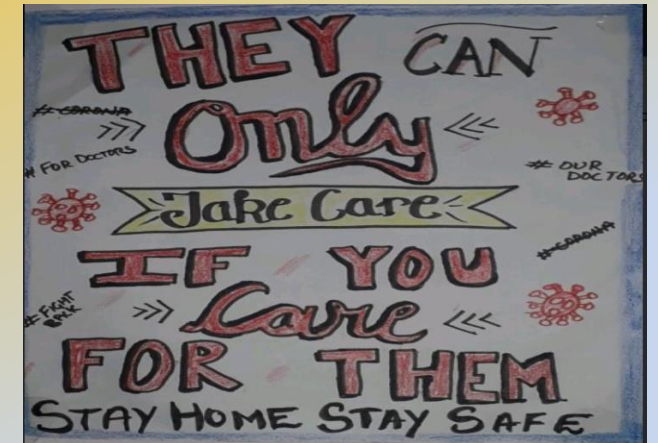
RAYNA GARG -8th SATYAM



KARTIK GOYAL-8th SATYAM



ABHIRAJ KUMAR-8th SATYAM



HARSHITA-8th SATYAM

VIII SATYAM ACHIEVEMENTS

HARSHITA
National Hockey
Player



AYAAN
State Chess Player



SHRISHTI JAIN
National Fencing
Player



ASEES JOT
Won Best PPT
making team
award in
Lucknow



RAYNA GARG
Won 1st Prize in State
Fencing Competition



AMAZING FACTS

1. The hottest chili pepper in the world is so hot it could kill you.
2. The entire world's population could fit inside Los Angeles.
3. The Burj Khalifa is so tall you can see two sunsets from it in one day.
4. High heels were originally men's shoes.
5. Snakes can burp fire.
6. NASA's internet speed is 91 GB per second!
7. Camels don't actually store water in their humps.
8. The British Queen's handbag is a body language communication device.
9. Scientists genetically modified goats to spin spider silk from their udders.
10. There was a type of Pterodactyl with a bigger wingspan than a fighter jet.





THANKYOU

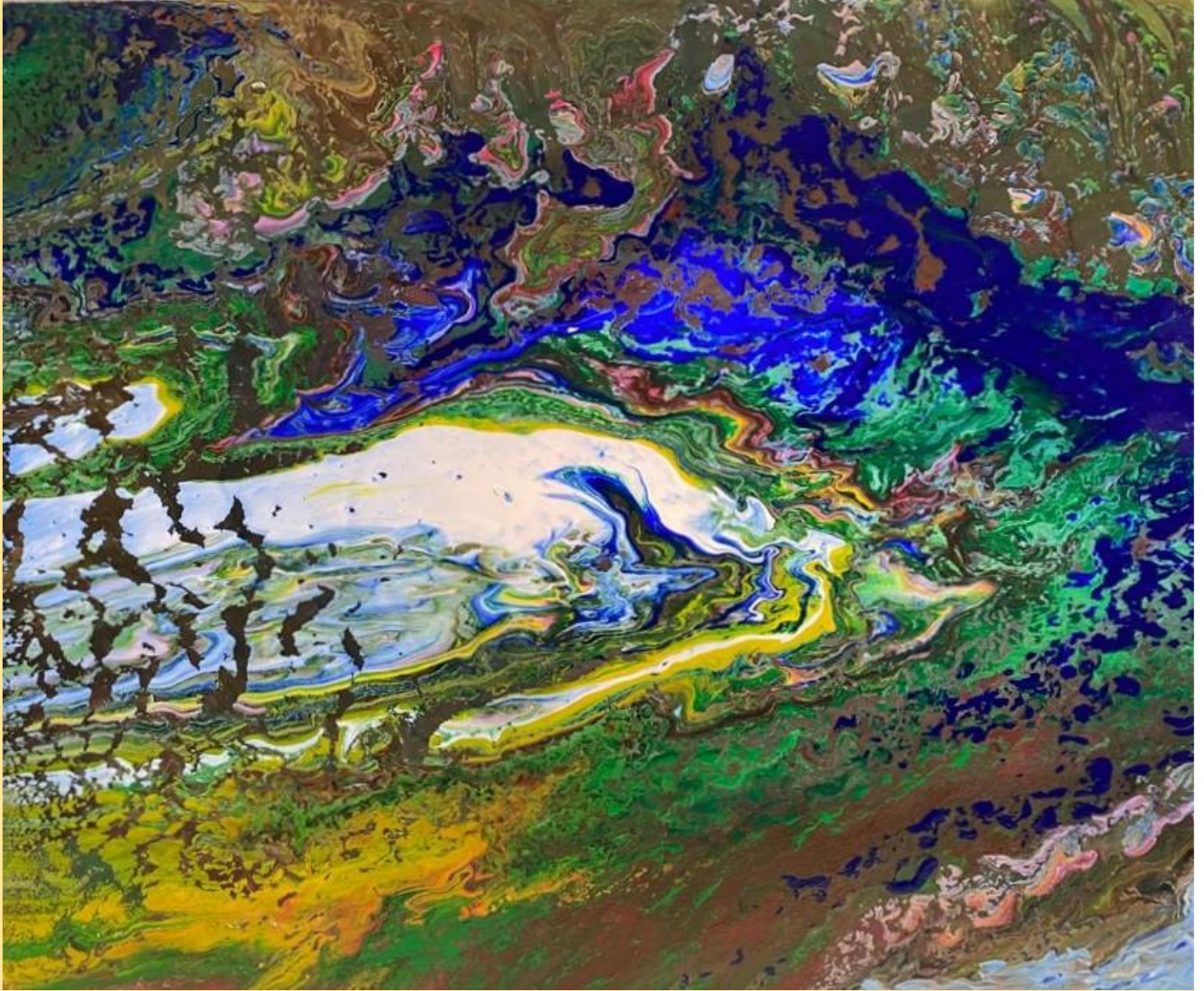
PRESENTED BY VIII SATYAM

**UNDER THE GUIDANCE OF Mrs
AMITA NANDA MA'AM**

MONTHLY MAGAZINE

8 SHIVAM

(JULY EDITION)



Nature's Colour in Fluid Art
By Nilaksh Singla

WITH YOU, I LEARNT TO LEARN!!!

With you, the child in me grew up again,
Watching you learn, Learning again was what I gained.
I re- lived innocence, With your charm, With your fervor, my heart grew warm..
O Cherub, you transformed me from a human to a teacher
And from a teacher, to a compassionate learner...
With you, I re-cherished The joys of pupilage With you,
I took the journey to the unknown, unexplored and the unfathomed prime.

-Rameeta V. Sharma (Class Teacher)

हे गुरुवर

ये सदा आपके कर्म रहे,
शिक्षा, दीक्षा, कौशल, वृद्धि,
अब ऐसा विकट समय आया,
जो परख रहा सबकी सिद्धि,
निज सुख सुविधा के ध्यान बिना हम सबके हित में
खड़े रहे,
मैं नमन आपको करता हूँ,
जो कर्तव्य पथ पर अड़े रहे नतमस्तक हूँ मैं हे गुरुवर,
नतमस्तक हूँ मैं हे गुरुवर,



- हितेंद्र बिंदल
- पार्थ बिंदल
8बी शिवम्

OUT OF THE SHADOWS



Artwork by Simranjot Kaur

Mandala Art



By:
Paarth Bindal
Std. 8th Shivam

The word “mandala” comes from the Sanskrit language of India. The word translates to “magic circle” or simply a “circle”. It’s meaning is more beautiful. It is a centre space for the enlightenment of soul and the self. The representation of the mandala is its “wholeness” or “whole self”.

-Savleen

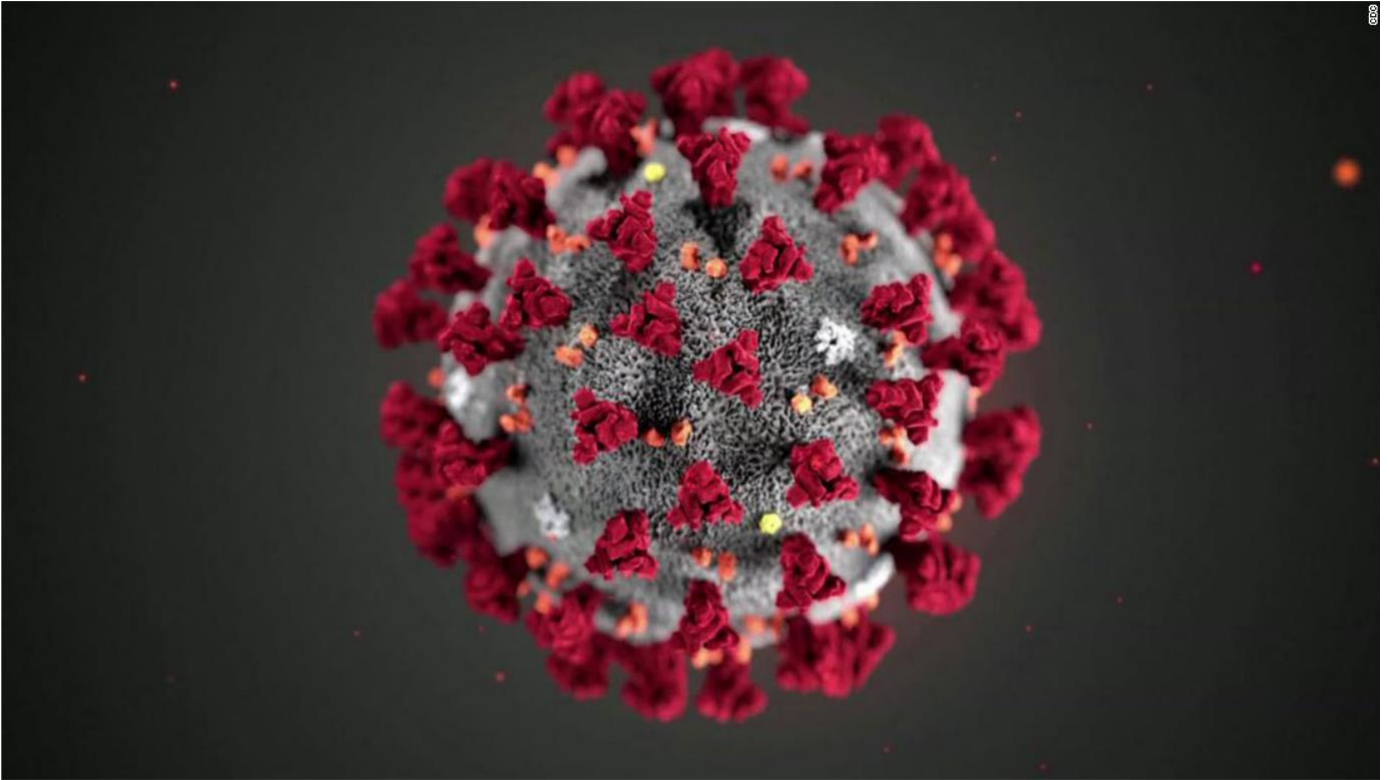




Companionship: In nature, one would find numerous examples of companionship. Yes! the same way you have your companions- your friends!! If you look around in nature, you will experience the beauty of companionship. Whether it is among birds, animals and even among plants it really exists. I would say that a strong companionship between a particular seed and the soil in which it grows decides whether that seed would grow into a plant or not. What else would be the reason why only certain types of soil support specific types of plants? So companionship determines in the survival of life on our planet.

- Naina Kaushal

CORONA - A CURSE OR A BLISS



Because Corona has spread

We have to stay in our bed.

There is lockdown everywhere

Everyone thinks our end is near. (4)

If someone gets infected, to hospital they go

When relatives come to see them, doctors say 'No'.

Masks and sanitizers are now must

People don't shake hands even though there is no dust. (8)

But what a wonderful thing is this

It can also be called a bliss.

Nobody is out there

And we can breathe the dust free air. (12)

Pollution has gone, Earth is now green

And the rivers are also very clean.

Ozone hole is now healing

Just because all countries are sealing. (16)

And thanks to all policemen and doctors

They go outside for safety of us.

And a big thanks to our teachers too

Because of them we aren't missing our school. (20)

Take Corona not as a curse but as a bliss

As we now know that who is responsible for this.

If you still buy Chinese goods it will be a shame

Show your strength to China who has played this dirty game. (24)

EFFORTS BY:

NEEV SACHDEV

VIII SUNDARAM

ARTICLE

For online monthly magazine



By Srishti Jindal

By Srishti Jindal

I DON'T MISS SCHOOL BECAUSE...

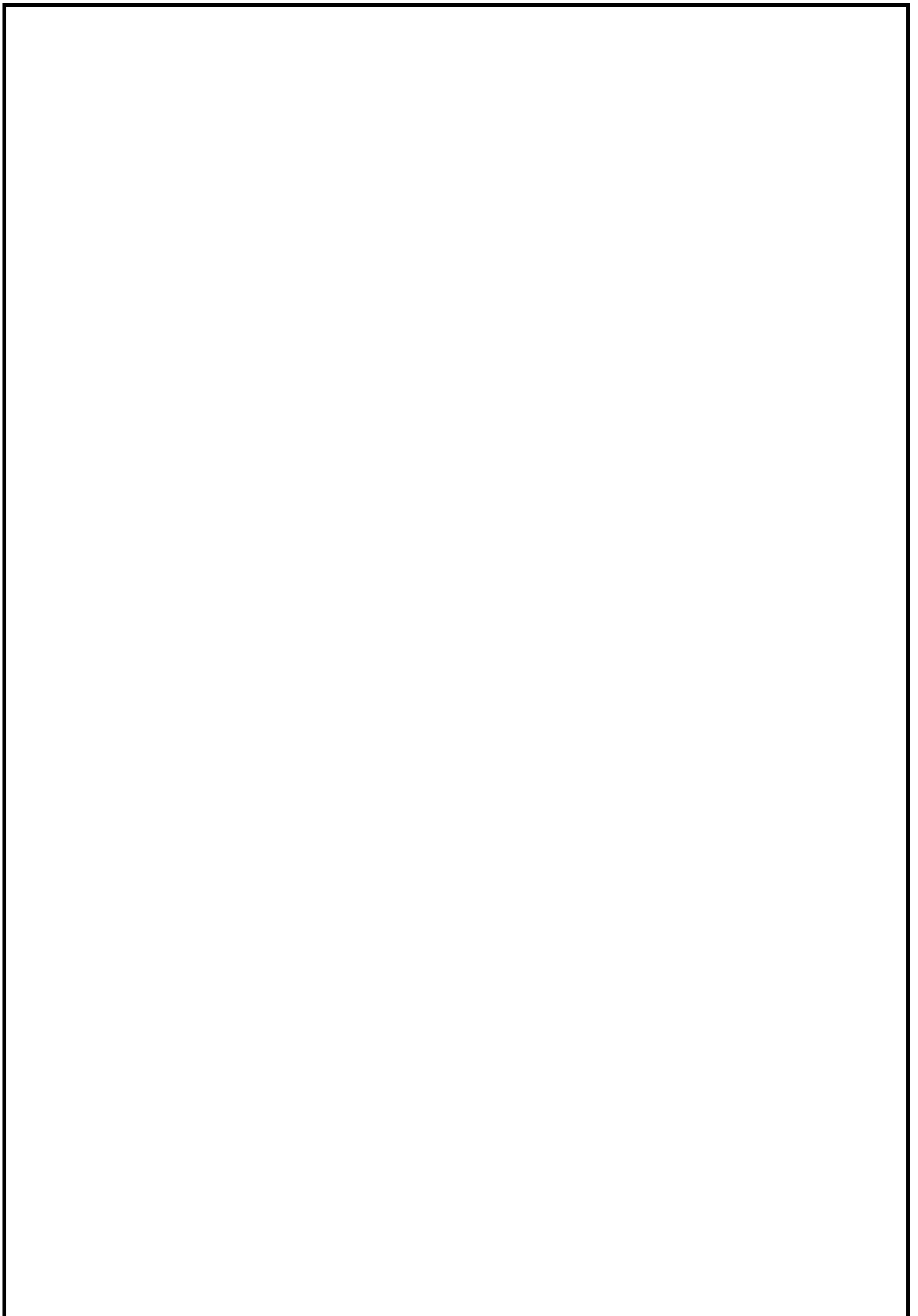
The World health organization (WHO) has declared the new coronavirus outbreak which originated in Wuhan, China, a pandemic. The coronavirus family causes illnesses ranging from common cold to more severe respiratory diseases. They circulate in animals and some can be transmitted between humans and animals. The WHO has declared virus as a pandemic on March 11 and said it was deeply concerned by the alarming levels of spread and severity of the outbreak. It has also set up some precautions and recommends personal hygiene such as regularly washing hands with soap and water and covering your mouth with elbow while coughing or sneezing. Due to this pandemic, lockdown in all parts of India in fact in some parts of world too has been set up. Public places like restaurants, hotels, temples, shops and even schools and colleges are closed. Due to this lockdown, everyone is facing many challenges and sorrows. Even the students are facing challenges as the schools are closed. Some children miss school, but some don't. I don't miss school because our school has made all the arrangements for online classes. The school teachers and the management has made virtual classes easily accessible through

mobile, laptop or tab. As all of us know that the entire world is undergoing lockdown on account of COVID 19 pandemic. The schools, colleges and so many other organizations have been shut and working from home. As it is rightly said, "Necessity is the mother of invention.", people have already begun working on dealing with this impact and have created many ways to face this situation. Almost all schools and educational institutions have started providing online classes to the students. Our school has also taken the initiative of providing online classes without any delay. All the subject teachers have been teaching according to the meticulously planned timetable. Not only academic learning, co-curricular activities have been also organized online in which students participate enthusiastically. I would like to acknowledge that technology is really a wonderful thing that makes lives easy, comfortable and meaningful. The teachers are making videos and online lesson plans and share them in the class WhatsApp groups. During this lockdown, I have been in touch with all my subject teachers. The school is also conducting online tests. I have also been in touch with my classmates and we have been enjoying online learning together. Everyday online classes on tools like Microsoft Teams, Google Meet, Zoom etc. reduce time and space gaps. These challenging times have been bringing about many blessings in disguise. This lockdown has also taught me to use technology in a more productive manner. Earlier I had used mobile phones or laptops chiefly for entertainment purposes but during the lockdown I learnt to use them for learning. Teachers have been providing all the learning matter on mobile phones through digital format. My appreciation for my school and my teachers has taken up a fast pace. They have been working so hard to make online learning possible. I salute all my teachers and all the supporting staff of the school.

THANKYOU!

SUNSHINE ON A RAINY DAY

As we all know that the world is in the clutches of this deadly virus known as COVID-19 and the world is undergoing lockdown i.e. most of the organizations like schools, colleges, Offices as well all government organizations are either close or working with 50 % occupancy of their employees. In this Pandemic situation, it is the first time that I am not missing my school because my school managed to conduct classes virtually through different mediums like the Microsoft Teams, Zoom, Google Meet, etc. so that the syllabus of all the students studying in the school is covered and 1 year of our precious lives is not wasted. All my teachers are punctual and take online classes according to the Time-Table scheduled. During these online classes my school theatre teacher organized an online theatre activity named "Rang Manch" in which I and some more students were given a Questionnaire to fill and we were told to record our answers and send them to her. It was a very fascinating experience with her. My school is not only taking care of my subject classes but also my co-curricular activities are about to start from next week. One thing was left that our class tests were not being conducted in the starting but now they have started our class tests too. I have also been in touch with my classmates. My school is not only worried about my studies but also about my health. They have scheduled only two classes per day so that my screen time is less, and my eyes are not strained. I also get a break of about 15-20 minutes in between my two classes. I am thankful to Lockdown and as well as to my school because during this period I have learnt to use the technology in a more useful and a fruitful manner. Earlier I used smartphones and laptops for entertaining purposes only but now I am using them for Learning and understanding purposes. All my teachers have provided the learning material either through WhatsApp official group or through other digital formats. It is a new exposure for me by studying online through these apps. All teachers have been working very hard to make online or digital learning possible. My appreciation for my school and my teachers has grown many times. I am highly grateful to my esteemed Principal ma'am also for taking this exceptionally well initiative. I salute them for their hard work.





Fantastic Class

Of

8th Shubham

OUR PICASSO'S



BY :- AASHINA GUPTA



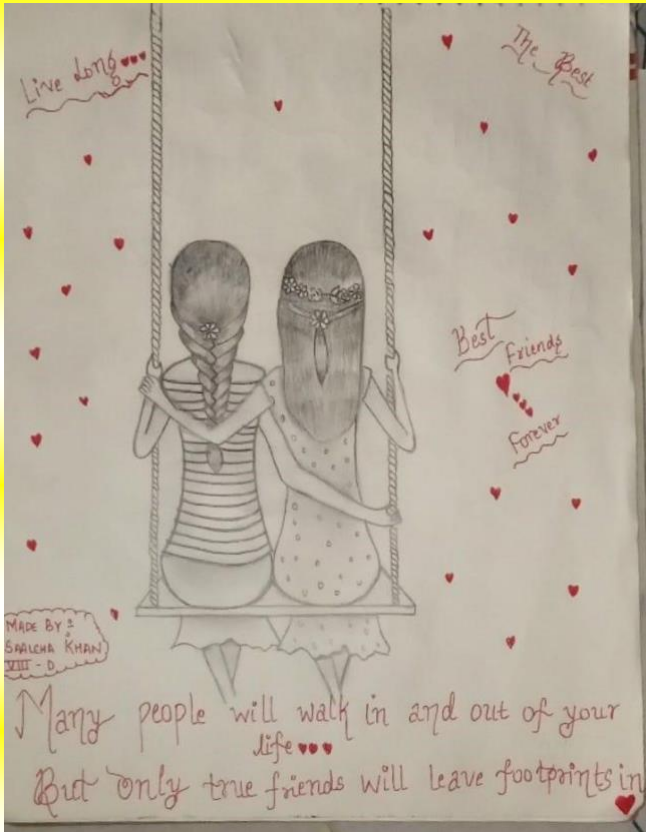
BY :- RHEA SHARMA



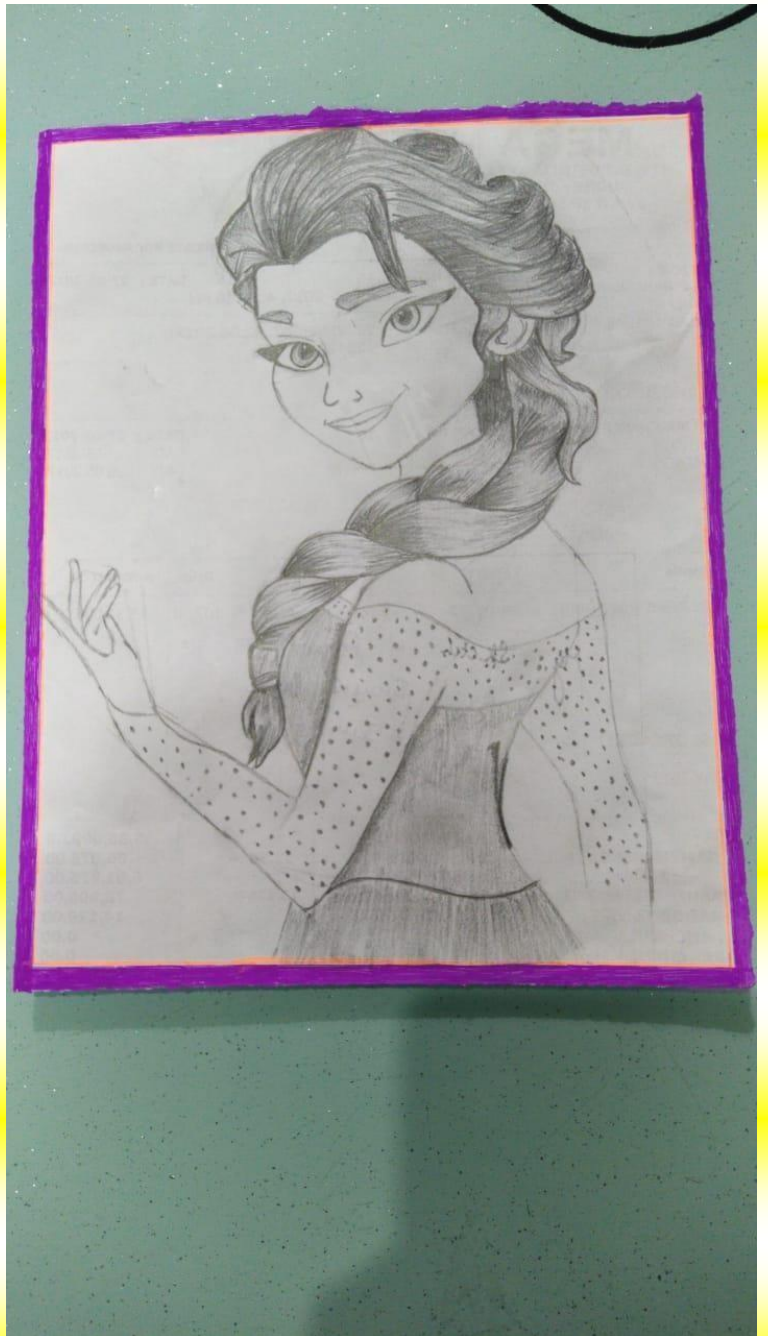
BY :- PURVA DHINGRA



BY :- PRIYA GUPTA



BY :- SAALEHA KHAN



BY :- TARUSHI SAPRA



BY :- PURVA DHINGRA

OUR YOUNG POETS



LOCKDOWN



Lockdown is a blessing...

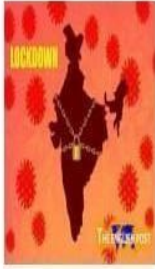


In which mother earth is healing!

From so long the earth was crying...

But busy humans were not replying!

Fresh air is blowing free from dust...



Such a beautiful sight we've never witnessed!

No one is cutting trees...

We all are enjoying cool breeze!

The sky is clear full of stars...



At which we can look for hours and hours!

No one is eating junk food...



Our immunity is increasing by eating fresh fruits!

No more accidents and no more crimes,

Humanity is winning which is truly divine!

Although lockdown is very painful,



But it has made mother earth so beautiful!

So let's all stay at home and follow this lockdown,

Ishika

To save the mankind and the world around.

हिंदी कविता

रोज़ सुबह सूर्य भाता है,
तेरे बिस् नया दिन जाता है।

ठर पल हवा गुनगुनाती है,
तेरी सांसे बन जाती है।

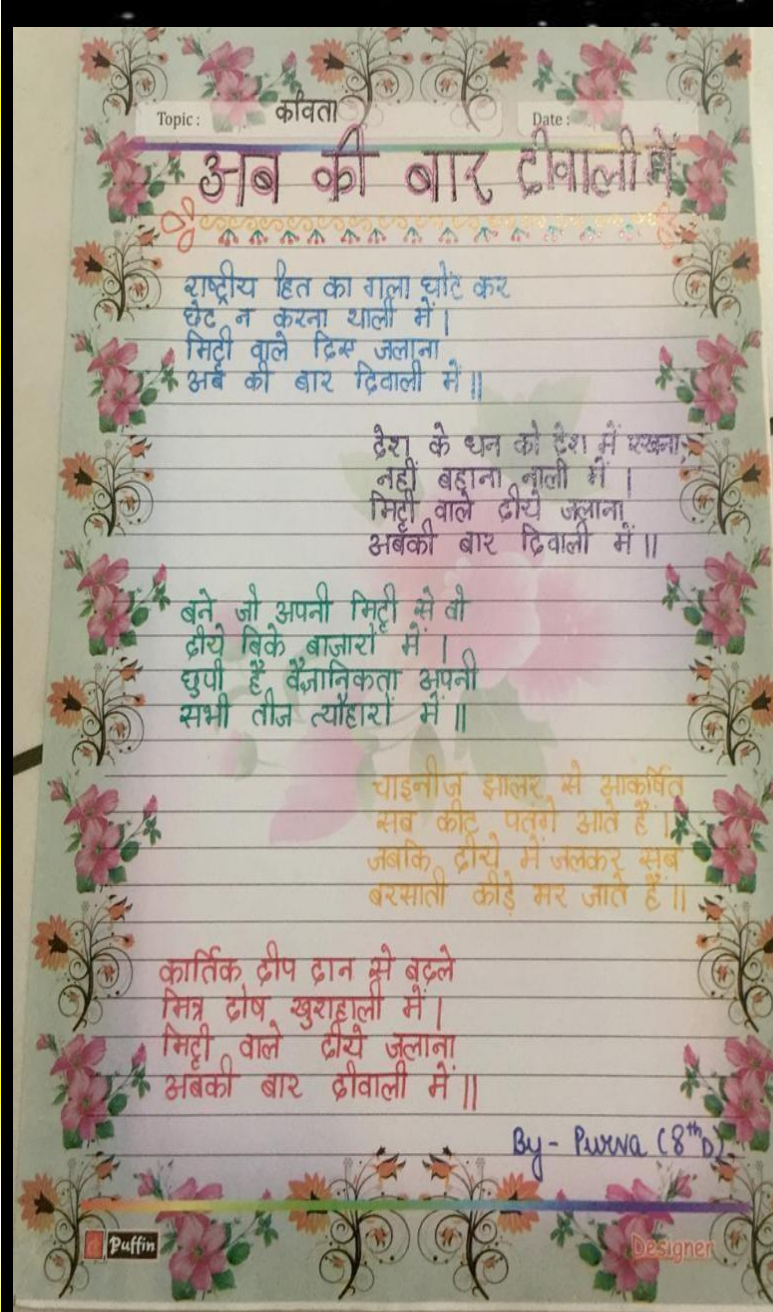
धरती चुपचाप किररी खती है,
तेरे कदमों का होला सटती है।

दरिया पानी बहाते हैं,
तेरी प्यास बुझाते हैं।

पेड़ सर्वज्ञ गँवाते हैं,
तेरी भ्रम मिटाते हैं।

ये कुदरत को नियागत है,
धन्यवाद में नतमस्तक है।

Tarushi Sapra



Poem – On a Field Trip

Last weekend, I broke my own norm
Of not visiting a countryside
And went to my uncle's farm
On Sunday I made my mind
For my grandfather's wish
And the plan of visiting a farm
Was probably his

It was a long journey going there
As I didn't know I was going where
At last I met the uncle of my mom
Who strictly said no to my phone
I started my trip after breakfast
I was waiting for the day to be over very fast

I saw tall crops waiting to be harvested by people
And on the side I could see trees of maple

(Stanza contd.) There was fresh air
Here there, everywhere
There was a friendly atmosphere all around
And the tractors were going round and round

I thanked my uncle for such a good trip
As I drank my coffee sip by sip
On my way back home I thought-
That a farm trip could be as much fun
As visiting my cousins
I plan to visit the farm another time
And make a normal day sublime

-Sarthak Kaushal

Purva Dhingra.

Sarthak Kaushal

कविता - बचपन के दिन सबसे सुंदर

क्या दिन थे वो बचपन के
जब हम छोटे बच्चे थे,
खेला करते बाग में दिनभर
नाक में दम करते थे मिलकर ।

पढ़ाई करने का था न कोई भार
ए,बी,सी,डी,क,ख,ग से
हो जाती थी नैया पार,
नाना-नानी से सुनते कहानी
बारे में परियों और राजा-रानी ।

सबसे अधिक पाने की चाहत
से ही नहीं मिलती थी राहत,
नाराज़ होकर कट्टी हो जाना
और प्यारी माँ का फिर सब को मनाना
और स्वादिष्ट खाना खिलाना ।

बचपन के दिन सबसे सुंदर
नहीं चाहता था को कभी उनको खोना,
आज भी कोशिश कर रहा हूँ
फिर बचपन सा जीना ,
फिर बचपन सा जीना ।

Date :

Poem - By the Window

I sat by the window
With eyes open wide
I looked around my neighborhood
And saw some children playing on the slide
They played joyfully
Until their parents came
And caught them running exhaustedly

I saw a lady trying to cross a road
When nobody was looking at the signal board
Until a man came with beard long
And he cross the road with the lady along
That evening the I thought that in the world
Was still alive the joyfulness
Still alive was the kindness

I wish I could play with the children
And help the lady to cross
But I fear that if I do so

(Stanza contd.) My mother would be cross
For I am handicapped
With the wheelchair my only support

But there's much more to be happy
Than to be distressed and sad
For I have the window
To look around and see
And my mother my golden eyes
Who is very beautiful , tall and wise

Without her my desire of exploring the locality
Would just have been a dream otherwise
With the grace of God
One day I'll be all fine and free
And I'll run down to the coniferous tree
Along the climbers of vine
And in winters will bring my home some pines

Mathematics Video By

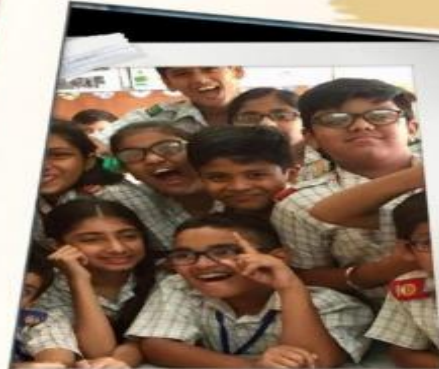
SARTHAK KAUSHAL

<https://photos.app.goo.gl/rbVXr9pZKQavkFgx5>

Kindly click on the link to view.....

United We Stand: VIII Sangam

Class Magazine



Editors : Aditya Shukla
Pranav Pratap
Vinayak Bansal
In guidance of : Shweta Gulati

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Everyone misses 'SCHOOL'

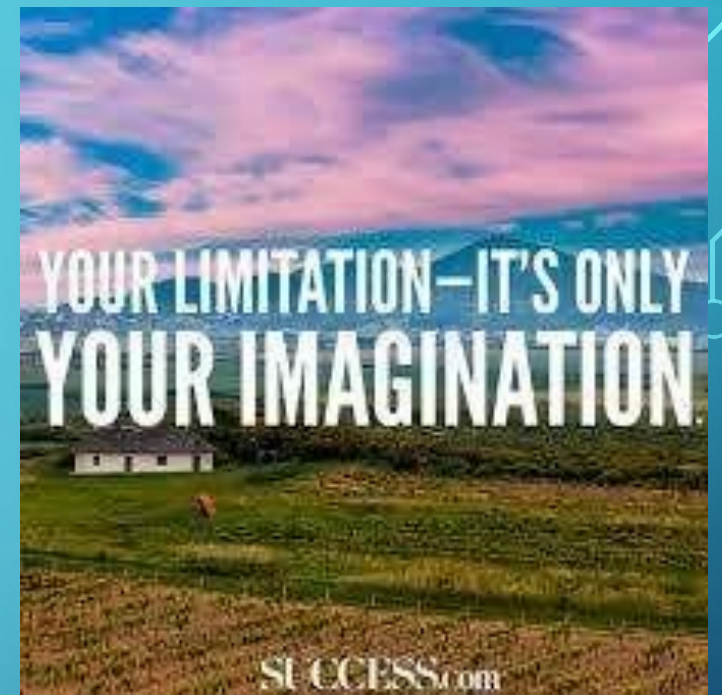
Who would have thought that a Middle-Schooler would choose to go to school rather than sitting at home all day long and accessing everything via a mobile phone, be it buying groceries, talking with your friends, doing your office work as well as attending your school? Almost every person reading this would know that the children are not going to school due to COVID-19. Even after the schools re-open, parents will fear sending their child, but here's when technology comes handy.

Many schools are organizing classes for children through video call apps, but as we have learned since the very beginning that school is about learning, whether it's learning about academic subjects or socializing and HAVING FUN! All the teachers and the administration are trying to do their best by whatever means possible, but let's be honest here...EVERYONE, be it students or teachers all are missing the face to face interaction with each other.

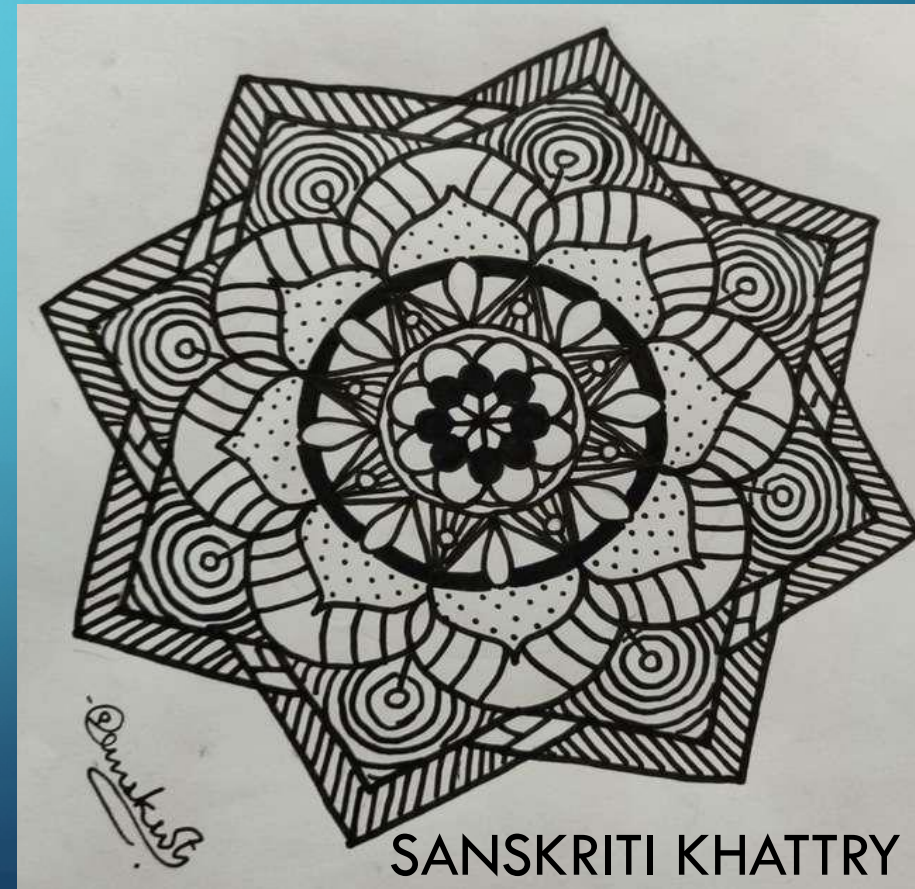
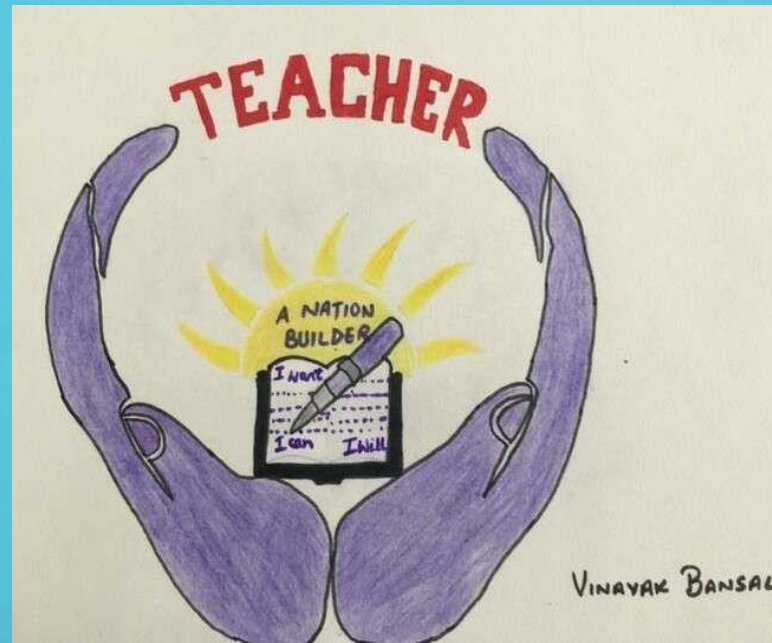
I don't think anyone would have ever even imagined that when we're sitting down to have lunch with our family members we would be wishing that right now we would be in school, eagerly waiting for the school bell to ring and rush down to the school ground, then opening our lunch box and reacting to what mama has sent you for lunch today, then noticing that all our friends have already taken their part of the food without asking and are now relishing it.

Everyone misses the 'talks'. Everyone misses the 'lunches'. Everyone misses 'school'.

BY SANSKRITI KHATTRY



ART GALLERY



SANSKRITI KHATTRY

FUNNY BLAST FROM THE PAST

Hi friends, I am going to share some funny incidents from our section: SANGAM

1.PLACE – VI SANGAM

YEAR - 2018

DATE - Unknown

TIME - Between two periods

A bright sunny day in Bhavan Vidyalaya. The students of VIth SANGAM waiting for their teacher. All was well until I pointed out that the curtain rod was tilted and was going to fall. Amit* (name changed) being the tallest volunteered to adjust the rod. Alas whom had we given the work to? 😞. He started rotating the rod like he was flying a helicopter in PUBG. Then all the hell broke loose in the class, students ducking under their desks for cover, some were trying to be brave and were inching forward slowly, trying to stop the pandemonium, receiving headshots. Suraj* (name changed) had got close enough to snatch the rod from Amit*. He stood on the bench and was adjusting the curtain rod when suddenly the bench slipped from beneath, he hung on to the rod holder for dear life. It broke and Suraj* came crashing down badly, then ma'am entered the class like a **dabang** 😎 cop, the way every Bollywood hero enters the scene exactly at right time. END OF STATEMENT. 🙋



TO BE CONTINUED FROM NEXT PAGE

2.PLACE- VII SANGAM

YEAR- 2019

DATE- Unknown

TIME- Maths Period

Not a fine day.... Most of the students of class VIIth SANGAM were standing as they had been given punishment for not answering the questions correctly. Ma'am got so frustrated that she started shouting at us about how close the exams were and how less prepared we were.

She kicked Ganesh's* (name changed) basketball from the first seat towards the last corner of our class. While we were marveling at mam's superb kick, Ganesh* was boiling with anger. He stood up to face ma'am, we were ready to witness some action. He stood up aaand he sat down and started crying...No action 😞 😐. He started doing something to his maths book under the desk. Ma'am asked him a question but there was no reply ...this was resulting in some suspicions.

Ma'am pulled out his book from under the desk, WOW!! It was the most beautiful piece of craft I had ever seen, then I realized that something was amiss. That piece of craft was made out of Ganesh's* math's book!!!and this beautiful piece of art led us to phase II of punishment. 😞 😐.

DISCLAIMER* All the characters in this story are real...based on true incidents...



Interesting facts that would make you say OMG!!!

- 1 Space smells like seared steak.
- 2 Bees sometimes sting other bees.
- 3 The total weight of ants on earth is more than that of humans.
- 4 "E" is the most common letter and appears in 11 percent of all English words.
- 5 Some people have an extra bone in their knee (and it's getting more common).
- 6 All the Europeans were once cannibals
- 7 A tick bite can make you allergic to red meat.
- 8 since Pluto was discovered, it hasn't even completed one revolution!
- 9 France has 12 time zones due to its areas in different parts of the world
- 10 sharks lived before trees!



TO BE CONTINUED FROM NEXT PAGE

11 America accidentally dropped an atom bomb on South Carolina in 1958.

12 Scientists were able to take a picture of an atom's shadow.

13 Bananas glow blue under UV lights

14 Armadillo shells are bulletproof

15 Firefighters use wetting agents to make water wetter by reducing the surface tension.

16 Honey does not spoil. You could feasibly eat 3000 year old honey

17 Bees can fly higher than Mount Everest

18 There are more possible iterations of a game of chess than there are atoms in the known universe.

19 It can take a photon 40,000 years to travel from the core of the sun to the surface, but only 8 minutes to travel the rest of the way to earth.

20 A small percentage of the static you see on 'dead' tv stations is left over radiation from the Big Bang. You're seeing residual effects of the Universe's creation.

LIFE IS SHORT, SMILE
WHILE YOU STILL
HAVE TEETH.



LIFE IN A NEW NORMAL

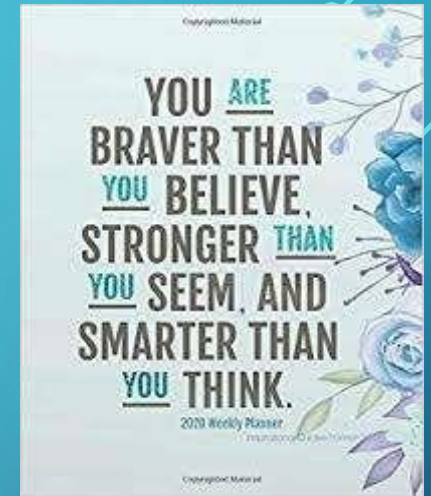
DUE TO THIS DEADLY PANDEMIC OUR LIFE STYLE HAS CHANGED DRASTICALLY, BEING A SCHOOL STUDENT, A LOT OF THINGS HAVE BECOME VERY CHALLENGING THIS TIME, IT HAS MADE EDUCATION AND THE GENERAL LIFE MORE COMPLICATED AND DIFFICULT FOR STUDENTS. LESSONS ARE BEING TAUGHT ONLINE AND SPORTS HAVE VANISHED FROM OUR DAILY ROUTINE. FRIENDSHIPS AND RELATIONSHIPS HAVE BEEN TRANSPORTED TO LIVE CHATS AND MESSAGES. DURING NORMAL SCHOOL DAYS I WAS VERY TIRED AT THE END OF THE DAY, HAVING NO PROBLEM IN FALLING ASLEEP. BUT NOWADAYS I STRUGGLE TO SLEEP. PEOPLE HAVE GAINED WEIGHT AND HEALTH IS BEING COMPROMISED. MASKS AND SANITISERS HAVE BECOME A VITAL PART OF OUR LIFESTYLE. DURING LOCKDOWN EVERYTHING HAS COME TO A HALT. THE PEOPLE'S WAY OF LIVING HAS DRASTICALLY CHANGED. NOWADAYS EVERYONE IS AFRAID OF GOING AND EATING OUT. PEOPLE PREFER EATING HOMEMADE FOOD AND CELEBRATING FESTIVALS AT HOME. THOUGH THIS IS A VERY CRITICAL SITUATION FOR EACH ONE OF BUT IT HAS MANY POSITIVITIES TOO. PEOPLE HAVE STARTED SPENDING MORE TIME WITH THEIR FAMILY, POLLUTION LEVELS HAVE GONE DOWN DRASTICALLY...



TO BE CONTINUED FROM NEXT PAGE

RIVERS ARE CLEANER, WILD ANIMALS HAVE STARTED VISITING CITIES DUE TO LOW POLLUTION, CLEAN ATMOSPHERE AND LESS NOISE POLLUTION. FOR THE FIRST TIME EVER FRESH WATER DOLPHINS WERE SEEN IN THE OCEAN AND THE MARINE LIFE BECAME ACTIVE AGAIN IN THE GANGA. PEOPLE HAVE LEARNED MORE ABOUT NET BANKING AND DIGITAL PORTALS TO GET SERVICE ONLINE.

MORE BIRDS HAVE STARTED MIGRATING TO INDIA. THE NEW GENERATION THAT WAS LAGGING IN SPENDING QUALITY TIME WITH THEIR FAMILY HAS STARTED SPENDING TIME AND RELATIONSHIPS HAVE BECOME STRONGER. MOST CHILDREN NOWADAYS ARE BORED OF THEIR CURRENT ROUTINE. THEY ALL ARE MISSING THEIR SCHOOL DAYS FULL OF KNOWLEDGE AND FUN. DOCTORS, NURSES AND POLICE OFFICERS ARE DOING A COMMENDABLE JOB IN THIS CRITICAL SITUATION, I PRAY TO GOD FOR THEIR WELL BEING. MANY DOCTORS ARE RISKING THEIR LIVES FOR FINDING A SOLUTION FOR THIS PANDEMIC. I HOPE THEY FIND SUCCESS IN THIS WORK AND THINGS BECOME NORMAL AGAIN.



RAYYAN KHAN

ALL GAVE SOME SOME GAVE ALL

I did some charity,
During lockdown,
Declared it to the world,
Like an educated clown,
I donated food to the needy,
And posed for the same,
Made it amply sure,
That I occupy the main frame,
while I boisterously told the world,
Of my charitable mind,
Someone quietly sacrificed his life,
Leaving everything behind,
Wish I could see my stature,
How pretty and small,
All gave some,
Some gave all.

GAURANSHI



SOCIAL MEDIA : A BOON OR A CURSE

One of the most common terms we come across these days is 'Social Media' and somehow it has become an integral part of our daily lives and many people in the world are now obsessed with it."How many followers do you have on Instagram?", "Did you check her Whatsapp status?", "Why does he not like my pictures on Facebook?". Well, these are some conversations friends usually have these days. 21st century generation is growing with Good Morning and Good Night through social media only. Social Media has created a significant impact on people irrespective of their gender and age. Today social media has become a very controversial topic of discussion as it is considered to be both a blessing and a curse. Some people are of the opinion that social media has brought down physical human interactions and some think that social media has helped us to stay connected to those who are far away from us. For some people social media is a blessing and they are using this platform to showcase their talents, some are using it to catch up with people who have identical interests ,some are earning money through social media by selling different things like clothes, jewelery , etc. and some have taken up blogging as a profession but social media has its drawbacks as well. The biggest one is that it is highly addictive to almost every person using it. This addiction disrupts the sleeping patterns in adults and may also affect the mental growth of children. It is also causing depression and anxiety in youngsters. Cyber bullying and hacking of personal information has also become common these days. Whether social media is a boon or a curse is a never ending debate, however one thing which cannot be denied is that it is too difficult to abstain from it.

"If people are doubting
how far you can go,
go so far that you can't
hear them anymore."

MICHELE RUIZ



SUHANI BOXI

कठिन संघर्ष में निखरा मेरा जीवन

कभी सोचा न था,
जीवन में ऐसा कठिन समय भी आएगा,
मानव प्रकृति के साथ स्वयं को भी जान पाएगा।

सबक है हर वर्ग के लिए,
संघर्ष के साथ दिनचर्या के लिए, नियमों का पालन सबके लिए, कठिन समय में एकजुट रहना है,
देश को बचाना है, कोरोना को हराना है।

प्रधानमंत्री के द्वारा किए लॉकडाउन के आह्वान के साथ, हमारी दिनचर्या में परिवर्तन आया,
हमने अपने परिवार को अपने पास पाया,
जो कभी किस्से सुने न थे ,
बड़ों ने उन किस्सों के साथ जुड़े तथ्यों को भी समझाया,
सच कहें बड़ों ने अपने बचपन के किस्सों में हिस्सेदार बनाया,
बड़ों के अनुभवों ने हमें संस्कृति से भी अवगत कराया।
कठिन समय में एकजुट रहना सिखाया,
देश को बचाना है, कोरोना को हराना है।

खुला आसमान तारों की छाया, सचमुच कितनी अद्भुत होती है रात की माया,
जिंदगी की व्यस्तता में किसी ने भी रात से न मिलवाया,
आज मैंने आंखों में अद्भुत सौंदर्य को समाया,
अंतरिक्ष के विज्ञान के साथ कला का संयोग करवाया,
स्वयं में विद्यमान वैज्ञानिक का भी परिचय कराया तारों अंतरिक्ष के बारे में जानने की
लालसा को बढ़ाया,
विज्ञान से ही देश को सुरक्षित बनाना है,
देश को बचाना है, कोरोना को हराना है।

दूरदर्शन के माध्यम से श्री राम से साक्षात्कार हुआ,
वही महाभारत के पात्रों से भी मिलना साकार हुआ,
गीता के अटूट सत्य को सुना, परंतु कुछ समझ में न आया,
जब तक मां ने यूना समझाया "निष्काम कर्म करो फल की इच्छा मत करो"
चाणक्य जैसे कूटनीतिज्ञ गुरु के धारावाहिक में चंद्रगुप्त के प्रश्नों और प्रसंगों को दिमाग
में बिठाया।

इस कठिन संघर्ष में खेलों का सही रूप सामने आया,
जो मजा भाग कर, पसीना बहा कर, दौड़ लगाने में है,
वह मोबाइल की वीडियो गेम में नहीं है।
लड़ो शतरंज में भी घर वालों के साथ समय बिताया,
छोटी-छोटी जीत में भी स्वयं पर इतराया,
पतंगबाजी साइकिल चलाने से नहीं घबराया,
मैंने संगीत और रचनात्मक कार्य में मन लगाया,

नई तकनीकों से अध्यापकों ने पढ़ाया,
हमारी विद्या को आसान राह से पहुंचाया,
अपना काम स्वयं करने का अभ्यास कराया,
हममें बहुत ही आत्मविश्वास जगाया,
हमें स्वयं से ही मिलाया।

हम हैं, सब है, सब में हम हैं ,
हम भारतीय, डॉक्टर ,पुलिस, अध्यापक सब के संग हैं ,
हमारे हाथ में जीवन की पतंग है,
हमारी स्वनिर्मित लक्ष्मण रेखा है, हमने संघर्ष को निकट से देखा है,
कठिन समय में एकजुट रहना है, देश को बचाना है, कोरोना को हराना है।

DEEPANSHI GAUTAM