



**Let's enjoy
the Olympics
this year.**

Satyam Update



July - August
Edition

**Magazine Compilers
- Pranay Goyal and
Zorawar Singh
Randhawa.
Made under guidance
of Ms Lissum Sharan**

INTERNATIONAL YOUTH DAY

**Let's drench in
the Monsoons**

**Class
IX**

Learn - Labour - Lead



By

Pranay

Youth is like
the rising sun,
which
spreads the
light of
knowledge
and prosperity
while rising

Youthistic quotes and Art

By
Pragati



BY ISHA



MEIN KEMF

Thus quite existence General

POLICY WORLD masses

always

Germany

STRUGGLE

YEARS

work

still

attitude

mind

position

MEIN KAMPF is the world's longest political speech, set down in print. Hitler says right in the book that he felt it a necessary evil to write down his political ideas, since "great political movements are a product of the spoken word, not books or pamphlets." Also, great political leaders must be flexible in tactics, and treating MEIN KAMPF as some sort of Bible of Nazism is wrong. National Socialism was defined by the fuhrer according to current events, not some manifesto set in stone.

While reading MEIN KAMPF one must distinguish between "Hitler the political leader, Hitler the person and Hitler the destiny", as the great German novelist Thomas Mann wrote in his classic essay, "Hitler, My Brother." His political ideas are repulsive to most readers, yet Hitler the person is still the most extraordinary human being who ever lived and, as Mann insinuated, indispensable to understanding European history. No person in history combined an immense imagination with such stunning consequences in such a short amount of time. Hitler sees himself in MEIN KAMPF as a figure who will transform the world. A rare case, as he writes, "of the theorist and the politician being equally successful."

Along with Machiavelli's THE PRINCE, MEIN KAMPF is the ultimate guide on rising to power, whether in politics, the office, show business or any other endeavor. This is story of a man who, in just ten years (1913–1923), went from sleeping in flop houses alongside junkies to leading a mass political movement that threatened to take over the German state. Our author gives us tips on everything from how to outwit enemies to making the most of propaganda. Incidentally, Hitler does write, "The bigger the lie, the more likely people are to believe it", but this passage is in regards to the Jews in the media, not to himself.

Unlike THE COMMUNIST MANIFESTO, MEIN KAMPF did not outlive its creator, except in a few isolated corners of the world. Still, it is worth reading as a study of how the imagination, in this case a perverted imagination, can come to power through sheer will.

A	A	H	I	M	M	N	O	P	I
Q	D	X	Y	K	B	J	P	M	C
W	B	A	H	U	U	U	R	Z	Y
T	I	Y	G	I	O	I	E	L	K
E	R	T	Y	E	U	I	C	O	P
R	I	E	N	D	U	R	I	N	G
S	X	G	N	O	R	T	S	O	V
R	E	S	H	O	C	K	E	D	H
Q	Z	T	U	C	X	S	H	G	R
A	R	I	T	U	S	H	A	R	M

MIND BOGGLING RIDDLES

QUESTIONS

1. synonym of Axiom

2. antonym of Brittle

3. synonym of Epitome

4. antonym of Feeble

5. synonym of Startled

1. Feed me and it will give me life but give me a drink and I will die. What am I ??

2. What is broken every time it's spoken ??

3. What get wet while drying ??

4. What has one eye but can't see ??

5. What can be opened but not closed ??

Answers: 1.fire, 2.silence, 3.towel, 4.needle, 5.egg



MADE UNDER THE GUIDANCE OF MRS. LISSUM SHARAN
PUBLISHED BY SATYAM GEMS

EDITION- JULY EDITION

MAGAZINE COMPILERS

PRANAY GOYAL

ZORAWAR SINGH RANDHAWA

Epic Culture

-A New Look, A New Read

**CLASS
IN-CHARGE:**

Mrs. Shobha Gupta



Editorial Team

→ **Simranjot Kaur**

**A Stunning
Magazine
by Shivam House**

Page No.1



Page No.2



Book Review

I Am Malala

-Malala Yousafzai with Christina Lamb

I am Malala talks of the early years of educational campaigner and Nobel Peace Prize winner Malala Yousafzai. Born "in a land where rifles are fired in celebration of a son, while daughters are hidden away behind curtains...." Malala shows a remarkable bravery to fight for her right to education. At the tender age of ten, she watched as the Taliban took control of her country and her dear Swat Valley. She was there when they banned music, blew up schools, and declared sending girls to school *haram*. But she did not just sit back and watch, she retaliated and with great courage, fought back the terrorism that had seeped into the country, with her preferred weapon- education.

The book begins with some historical and cultural background of Pakistan, and the years before she was born (which make the situation in Pakistan easier to comprehend), all in preparation for the eventful bus ride where Malala is shot by a Taliban for daring to go to school and hovers between life and death. After reading this memoir, I'll never be able to think of Pakistan as the neighbouring frenemy of India. This book has completely transformed my views about Pakistan; I now see it as a living, breathing nation with *people*. The way Malala recounts the events demands attention. She narrates the horrific events lightly, yet solemnly. Her choice of words and a touch of humour makes the book interesting to read. She does an excellent job portraying the changes in her daily life before and after the Taliban.

This book is a must-read. It also gives a valuable message. It tells of courage in the face of adversity, and above all- of the importance of education. Can someone make a difference in the world as a child? After reading this book, you need not ask this question again.

I rate this book ★★★★★.

-Aditi Srishti

Poetry

The Walk from Adolescent to Adult

*The healthy adolescence when they grows
Into perfect personalities
Educated, empowered, with visions
The youth the real inheritors of future
Their eyes are glittering with enthusiasm
They can take challenging jobs here
They can face anything, different problems
They can make the world a friendly one
The song of unity, irrespective of diversity
The song of humanity in place of destruction
The song of peace in place of wars
Dialogues, strengthening the ruling systems
The challenge is big and they are capable to face
Welcome this day of International youth day
We can hope and wish for a better future
Trying to make the youth as a promise for all
This world requires their service here
The strong muscles, nerves, and intelligence
May success comes to the youth which is going
Without interruptions of periods or places.*

-Parnika Rai

राखी का अटूट रिश्ता

राखी का त्योहर है आया,
रंग- बिरंगी राखी लाया,
टाई बांधकर सूट पहनकर,
भैया बहिना को लेने आया।

बहन थाल साजाकर लाई
तिलक किया, मिठाई खिलाई
भैया की सज गई कलाई ।

भेंट बहन पाकर बोली,

मेरे भैया, अबकी बार राखी में नई रीत चलाओ तुम,
अपनी बहन को आत्मा-रक्षा के गुर सिखो तुम,

तेरी रक्षा मैं करूंगी,
मेरी रक्षा तुम करना,
तेरे साथ मैं चलूंगी,
मेरे साथ तुम चलना ।

राखी का ये बंधन प्यारा,
इस बंधन को बांधे रखना,
टूटा ना रिश्ते का धागा,
मजबूत अपने इरादे रखना ।

राखी की इस रीत को उम्र भर निभाना तुम
दुनियादारी के चक्कर में,
मुझे मत भूल जाना तुम,
मुझे मत भूल जाना तुम ।

- सिमरनजोत कौर

Happy Rakshabandhan
The Bond of Love and Trust

Happy
RAKHI

Page No.3

Page No.4

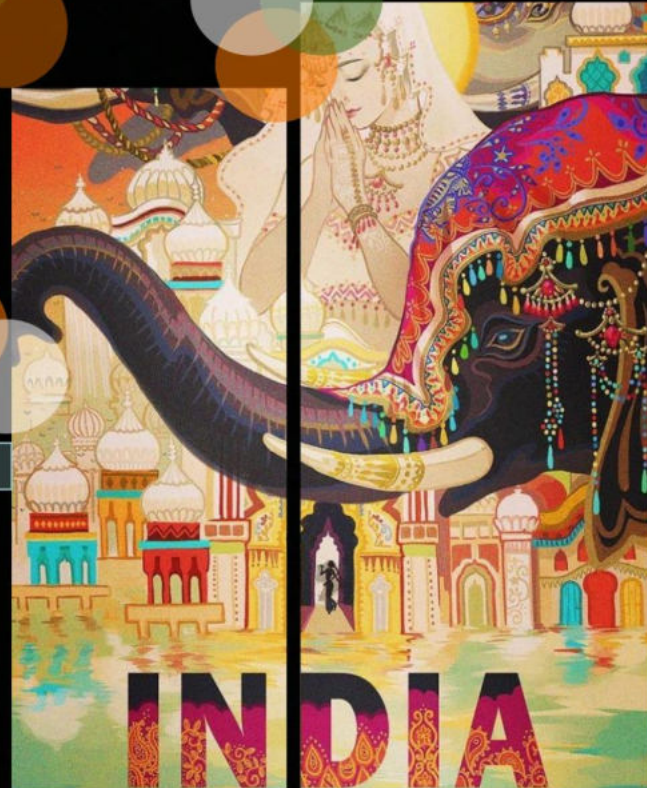
Independence day, in India, national holiday celebrated annually on August 15. Independence Day marks the end of British rule in 1947 and establishment of a free and independent Indian nation. It also marks the anniversary of the partition of the subcontinent into two countries, India and Pakistan, which occurred at midnight on August 14-15, in year 1947.

75
Years Of

Independent
Nation
Declared
In
August

Chahat Goyal

British rule in India began in 1757 when, following the British victory at Battle of Plassey, the English East India Company began exercising control over the country. The East India Company ruled India for 100 years, until it was replaced by direct British rule in the wake of the Indian Mutiny IN 1857-58. The Indian independence movement began during World War 1 and was led by Mohandas K. Gandhi, who advocated for a peaceful and nonviolent end to British rule.



National Doctor's Day

One must be healthy both physically and mentally. We undergo many health problems time and again. We need to cure these health problems. Only doctors can cure these health problems. They do a great job. Every year, July 1 is observed as National Doctors' Day in the memory of Dr. Bidhan Chandra Roy. National Doctor's Day is observed to acknowledge the role doctors play in saving numerous lives. Amid the pandemic, the role of frontline workers has been even more emphasised. Cheers to the spirit and dedication of our frontline workers who immensely contributed in the hour of crisis. This day is celebrated on different dates across the world. Dr. Bidhan Chandra Roy played a great role in establishing medical institutions like Jadavpur TB Hospital, Chittaranjan Seva Sadan, Victoria Institution (college), Chittaranjan Cancer Hospital and the Chittaranjan Seva Sadan for women and children. He was also referred to as the first medical consultant in the subcontinent of India and was more successful and dedicated than his contemporaries in several fields, mentioned *British Medical Journal*. For his outstanding contributions, he was also awarded the Bharat Ratna, on February 4, 1961.

-Spارش Jain

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Page No.6



Naina Kaushal



Janmashtami Celebration



Madhur Jain



Simranjot Kaur



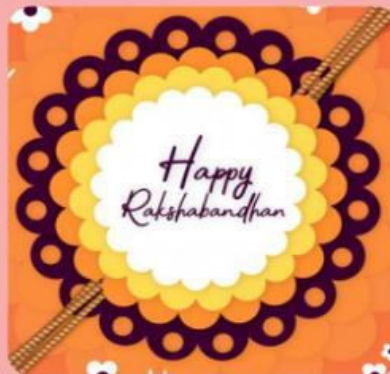
SUNDARAM

HOUSE

JULY-AUGUST 2021

**UNDER THE
GUIDANCE OF:
MS. RASHIM
SHARMA**

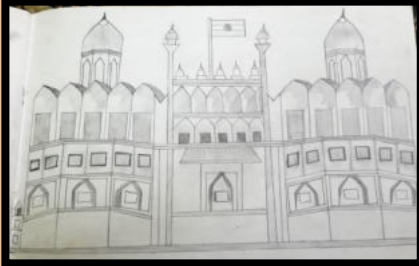
**EFFORTS BY:
AKSHITA JAIN
&
SHIVAIN AMIT
AGGARWAL**



ARTISTIC CORNER



REEVA
ARORA



VANSHIKA
GUPTA



IRA NARANG

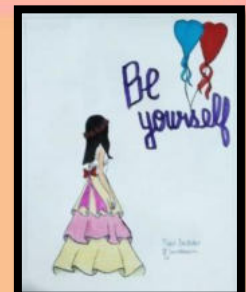


AKSHITA JAIN



HARSHIT KANSAL

**“EVERY CANVAS IS
A JOURNEY ALL ITS
OWN”
- HELEN
FRANKENTHALER**



NEEV SACHDEV

YOUNG INSPIRERS

Poetry

A Rifed Revolution

(Importance of Green Revolution in Indian economic development)

PROGRESSED THE PLANT'S
GROWTH RATE,
IT'S ABOUT INCREASING THE
FAITH,
SOGGY STEPS TOWARDS THE
DEVELOPMENT DAY-BY-DAY,
CLARIFY THE MESSAGE
SOMETIMES BY HAY...
ENJOYING THE DAY WITH
EVERYONE GLAY
GREEN, COLOUR OF LIFE,
GROWTH, MONEY, FERTILITY
THE CLAY TOWARDS ECONOMIC
DEVELOPMENT OF MY STAY
1960'S IT STARTED AWAY,
IMPORTANCE OF GREEN
REVOLUTION IN ECONOMIC
STATE

AGRO-CHEMICAL,
BE LIL PRACTICAL,
HISTORY IS MYSTERY
REMEMBER DATES
SOMETIMES WAY TO LIGHT
FUTURE AGGREGATES,
IT'S PROPAGANDA IS TO MAKE
FUTURE DELIGHT,
AT TIMES ITS PROGRESSIVE
GROWTH WHICH
INDUSTRIALIZED,
AUTOMATION OF GREEN
REVOLUTION,
IN INDIA TODAY AN
EVOLUTION.

- Jeevanjot Kaur
IX Sundaram

Those were the days.....

Those were the days
When we used to have dinner together
But now when I see
I see people in their room , eating alone
And in their hands I see a Phone

Those were the days
When we used to talk and laugh
But now when I see
I see people sitting alone
Always talking with their phone

How fast is life
Now I got to know
All want to be alone.
Once family was the priority
And now it is the phone.

Akshita Jain
9th Sundaram

Book Review

Book review

How to stop worrying and start living

-Dale Carnegie

The book is an inspiration for those who tend to get tensed very easily and lack the real pleasure of living. This book gives examples of famous people who used to worry and how they changed themselves, this makes us understand that all the people whether it be the poorest or the richest go through this phase of worrying too much. This book offers practical suggestions for breaking out of this destructive habit and leading a more positive and enjoyable life. It shows how we should get up every time we fall. Rather than worrying , we should analyse the problem and should concentrate on the solution.

Akshita Jain
9th Sundaram

Article

YOUR ONLY LIMIT IS YOU

Brian Tracy once said, "There are no limits to what you can accomplish, except the limits you place on your own thinking." And I feel that why we limit our thinking is because we are afraid of what people will think about us. But when you worry about what other people think of you, you give up the power to enjoy yourself , you aren't able to be what you really are. You are talented in your own way and that's what makes you unique. We always doubt ourself when people are against us but it's not necessary that people are always right. You should listen to what your soul says to you not to what other people want you to do. The world will always expect more and more but the one who tries to make the world happy is never able to achieve what they want in life. So be yourself and be unique.

AKSHITA JAIN
9th SUNDARAM
Roll.no - 3

DID YOU KNOW?

SOME AMAZING FACTS ABOUT ANIMALS

1. The heart of a shrimp is located in its head.
2. A snail can sleep for three years.
3. Slugs have four noses.
4. A cow gives nearly 200,000 glasses of milk in a lifetime.
5. It takes a sloth two weeks to digest its food.
6. Around 50 percent of orangutans have fractured bones, due to falling out of trees on a regular basis.

Akshita Jain
9th Sundaram
Roll no. 3

15 Mind Blowing Facts about your Brain

- ⇒ The part of brain associated with Maths was 15% larger than average in Albert Einstein.
- ⇒ The human brain has about 100 million neurons while an octopus brain has about 300 neurons.
- ⇒ Food passes through a giant squid's brain on the way to the stomach.
- ⇒ When preparing a body for mummification, the Egyptians removed and discarded the brain thinking it was worthless.
- ⇒ If you could touch your brain, it would feel like a mushroom.
- ⇒ No two brains are identical, even among identical twins.
- ⇒ By age six, human brain already 90% of its adult size.
- ⇒ Kid's brains pick up another language more easily than adults' do.
- ⇒ It's a myth that we use only 10% of our brain, though nobody knows the exact fraction, scientists say that more than 75% brain is used in a simple task like throwing a ball.
- ⇒ A large part of brain's circuitry is devoted to hands, tongues and lips.
- ⇒ A dreaming brain is just as active as an active brain.
- ⇒ Brain cells called mirror cells are reason for laugh and yawn being contagious.
- ⇒ Information from brain can travel at speed of 431 km/h.
- ⇒ In 2008, Archaeologists unearthed a 2500-year-old human brain that was surprisingly well preserved.
- ⇒ It would take more than 3000 years to count all neurons in your brain.

EVENT DIARY !

वर्षा ऋतु का आगमन

- जीवनजोत कौर
IX सुंदरम्



छम- छमाती बूंदों ने
सूर्य को स्पर्श किया
इंद्र धनुष के स्वरूप में मौसम को रंगीन
किया
सृष्टि अब अधाय हुआ
मौसम की नटखट अदाओं में जीवन ऐसा
मगन हुआ
कागज़ की नाव में सफ़र नया शुरू हुआ
जल तरंग के मधुर सुरों पर मन मेरा
भ्रमित हो चला ॥

VANDE MATARAM



"One individual may die for an idea, but that idea will, after his death, incarnate itself in a thousand lives." And this quote is true for the struggle our freedom fighters had to face. Freedom fighters were people who sacrificed their lives selflessly for the freedom of their country. The amount of pain and hardships they have endured can't be put into words. Today as we freely move around in our country without anyone questioning or imposing any kinds of restrictions on us we feel satisfied and contented. But this satisfaction is due to the efforts taken by our freedom fighters to free our country from the British rule. Its because of our freedom fighters that today we are enjoying our freedom. Their satyagrahas, sacrifices, and tortures they had to face have resulted in the freedom that we enjoy today in our motherland India. Some of the freedom fighters who played a very significant role in the fight for freedom are Mahatma Gandhi-The father of our nation, Jawaharlal Nehru-The first Prime Minister of India, Rani Lakshmi Bai - A very brave revolutionary leader, Sardar Vallabhai Patel - Leader of Civil Disobedience Movement and Quit India Movement, Lala Lajpat Rai- The Punjab Kesari, Bal Gangadhar Tilak - The maker of Modern India Swadeshi Movement, Bhagat Singh - One of the most influential revolutionary, Lal Bahadur Shastri - Second Prime Minister of India, C. Rajagopalachari - Last governor general of India and leader of Indian National Congress, Chandrasekhar Azad - Reorganiser of Hindustan Socialist Republican Association, Subhash Chandra Bose - President of All India Youth Congress and there are many more who have made considerable sacrifices for achieving freedom of our country. We should respect our freedom fighters who have done a lot for the people of India. Last but not the least, I would like to say that "Patriotism consists not in waving the flag, but in striving that our country shall be righteous as well as strong."

Efforts by:-
Srishti Jindal
Class - 9th C

HAPPY INDEPENDENCE DAY



Anvi Muradia

Self made Rakhis by Jeevanjot

Raksha Bandhan



-TAVISHA IX-C

The image features a vibrant, abstract watercolor background in shades of pink, red, and orange. In the center, a light pink scroll with rounded corners and a dark pink outline is unrolled. The scroll contains the text "Thank You !!".

Thank You !!

MAGAZINE

~ Shubham House



**National
Doctors' Day**



Class: 9th

House: Shubham

Class Teacher: Mrs. Anju Sharma

Made By: Eshan Batta

**“LET THE
TRICOLOUR
IMMERSE YOU
INTO“**

Strength

Peace

Growth

It is going to be a moment of pride for India as we will celebrate our 75th Independence Day this 15th August, 2021. India got its Independence in 1947. Since then it has never looked back and moved forward achieving remarkable progress in every field. A great enthusiasm and sensation of joy can be felt in the hearts of each and every citizen of the country, yearning to celebrate the prideful moment. The struggle for India's independence was not easy.

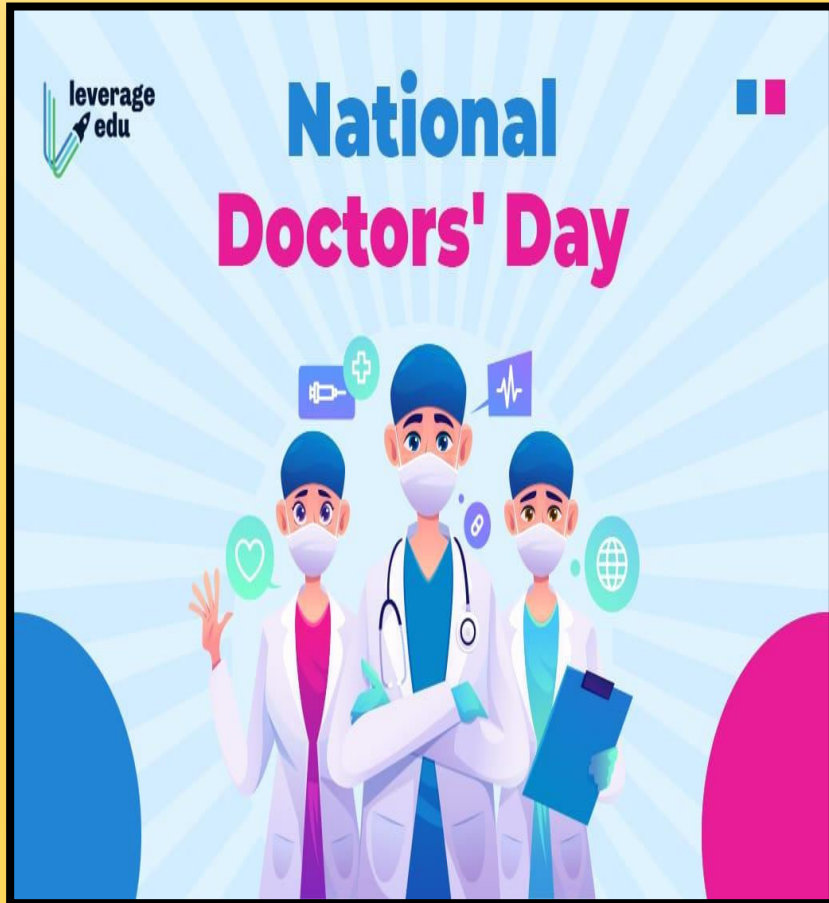
It took days and nights, a lot of uphill struggle for our leaders to get the freedom to secure the rights for its citizens.

They were ready to face each and every difficulty, to shed their blood for the happiness of their nation. A salute! To the martyr's who never worried about their lives in order to save others



We must thank to all those leaders who helped us to live a life of freedom and respect and must pledge to be always ready to work for their motherland and never disrespect 'THE GOLDEN BIRD'.

Doctors are recognised as highly respected figures throughout the world. The reason being that they are so called “life savers”. They don’t just treat patients for their own good, they serve humanity without selfishness.



Being trapped in the uncomfortable Personal Protective Equipment (PPE) for hours every day, treating COVID and non-COVID patients, taking online consultation, dealing with the shortage of medical supplies and staff, keeping up with everyday developments in the field of COVID-19 research, the pandemic has been hard on the doctors.

During this long fight with COVID, the country has lost over 1,500 doctors to the pandemic, according to IMA. This includes 736 doctors during the first wave and 798 doctors since the first week of April till June 29. So to appreciate the doctors of India for their determination and hard work and pay condolences to those warrior doctors who lost their lives while serving humanity, PM Modi has resolved to make doctor's day 2021 quite special and memorable. To mark the National Doctors' Day on July 1, Prime Minister will be addressing the medical community at 3 pm. IMA will be organising an event to pay tribute to the Covid martyrs and felicitate corona warriors. The event is open for all and can be accessed online.

India has appeared in every edition of Summer Olympics since 1920. Tokyo Olympics is India's largest contingent ever.

The games played in Tokyo Olympics are Archery, Athletics, Boxing, Badminton, Equestrian, Fencing, Golf, Gymnastics, Hockey, Judo, Rowing, Sailing, Shooting, Swimming, Table Tennis, Tennis, Weightlifting and Wrestling. In all participants from 200 countries are taking part in Tokyo Olympics. This event was not held in 2020 due to pandemic of COVID 19.



ATHLETE	MEDAL	EVENT
Neeraj Chopra	Gold	Javelin Throw
Mirabai Chanu	Silver	Women's Weightlifting
Lovlina Borgohain	Bronze	women's welterweight
PV Sindhu	Bronze	Badminton
Ravi Kumar Dahiya	Silver	Men's freestyle wrestling
Bajrang Punia	Bronze	Wrestling
Indian Hockey Team	Bronze	Hockey

Indian monsoon, the most prominent of the world's monsoon systems, which primarily affects India and its surrounding water bodies. It blows from the northeast during cooler months and reverses direction to blow from the southwest during the warmest months of the year. This process brings large amounts of rainfall to the region during June and July.

Advancing Monsoon season is a blessing if it rains in time. It gives peace and pleasure to all.

Monsoon season in summer gives us great relief. It lessens the heat the temperature comes down.



The air becomes cool. Men, animals and birds all feel refreshed. The leaves of trees have a glistening shine.

RIDDLE

Given three bowls: 8, 5 and 3 liters capacity, divide 8 liters in half (4 + 4 liters) with the minimum number of water transfers. Note that the 8-liter bowl is initially filled with 8 liters of water and the other two bowls are empty - that is all water you have.

ART CORNER



ACKNOWLEDGEMENTS

I would like express my gratitude to our class teacher – Mrs. Anju Sharma Ma'am for helping us throughout the designing of the Magazine.

- ☐ Independence Day Article: Arushi Saini
- ☐ Journey of Tokyo Olympics: Shruti Gautam
- ☐ Riddle: Saaleha Khan

Art Work:

- ☐ PHOTO 1&2: Samriddhi Mehrotra
- ☐ PHOTO 3: Yuvi Agarwal

*ANSWER TO THE RIDDLE

- ❖ *Pour 5 litres from the 8-litre to the 5-litre bowl,*
- ❖ *Pour 3 litres from the 5-litre to the 3-litre bowl,*
- ❖ *Pour these 3 litres back to the 8-litre bowl,*
- ❖ *Pour the remaining 2 litres from the 5-litre to the 3-litre bowl,*
- ❖ *Pour 5 litres from the 8-litre to the 5-litre bowl,*
- ❖ *Pour the missing 1 litre from the 5-litre to the 3-litre bowl (there should be 4 litres left in the 5- litre bowl),*
- ❖ *Pour the 3 litres back from the 3-litre to the 8-litre bowl (and that's it – in 8-litre bowl 4 litres).*

Class 9-E

CLASS MAGAZINE



Artists' Section



Depiction :

How Did I Make This??

This is a piece of art made in a software called blender. It is a free and open-source software, so you can design your own 3d models just like this one. Yes, this is indeed a 2D render of a 3D model. First, I searched for 'Wall-E' to get a basic idea for what I'll be making.

Then I inserted a bunch of basic 3D geometrical shapes and changed their shape by changing the position of vertices, edges and faces of the shape; changing the size of shapes and length of edges; and rotating shapes and edges. In this way I 'modelled' all the parts of this robot.

After then it was its turn to get 'Rigged'. Rigging is basically giving a model bones so as to obtain control to easily move all the parts like they would in real life. Now I can't exactly explain how I rigged it, because the rigging does not show in a render.

After this I did the texturing. This is basically colouring the model we have made.

Then Lighting was to be done. This is just like placing lights in just the right spots to make good render. As you can probably see, I have placed a light somewhere in the face of the robot. And placed one elsewhere outside the camera.

After this I Just added some finishing touches.

And this is how I made this piece of 3D art.

- Dhruv Kamble



Mascots of Tokyo

- Sanskriti Khattry



[Independence Day Collage](#)

OUR WRITERS

Why do zebras have stripes? (E)

Earlier I used to think that zebras have stripes so as to camouflage themselves and protect themselves from predators and to recognize other fellow zebras. But after watching this video I came to know that I was wrong... zebras' stripes do not help them achieve these benefits. And even scientists used to think the same but a recent study finally unraveled this mystery. By taking a cue from some initial experiments scientists made horses wear black and white stripes on their whole body except their head. It was observed that flies landed only on the uncovered portions but couldn't land on the striped portion. Researchers reasoned that the stripes created an optical illusion which made it difficult for the flies to land.

We all know that flies are a source of various infectious diseases. But the stripes help the zebras to evade these diseases and hence they live a long and happy life.

***I feel that just like stripes create an optical illusion creates an optical illusion for flies... it may also create an optical illusion for mosquitoes. So, instead of using mosquito repellants we can keep mosquito bites and mosquito-borne diseases like dengue, chikungunya, etc. at bay by wearing striped clothes. This would also help in reducing the mortality rate. ***

-Mayank Sinha (9th E)

What is Emotional Support?

Smile is one of the gestures that the human beings are capable of showcasing. On a mundane basis, a smile does not really have an eminent significance. But amidst crisis, one single smile can be someone's only hope. Remembering the world, as it was before the covid epidemic and comparing it with today's situation; makes us understand this statement better.

It is essential that we as humans, an emotionally intelligent species amongst the living, must understand the importance of helping one another.

And in times similar to now, we should also understand that materialistic help will not always be required by people around us. Instead, even if they require help with finances or any other amenity, what they require above all of this is emotional aid.

If we become someone's emotional support then we make them capable to solve their problems on their own. Even if they are not supported with the worldly facilities, they gain the confidence that they can swim through. In this way, we can become a person they believe in to someone. This strengthens our bond with people around us.

Emotionally supporting someone does not require any hard-work. If we greet people, as if they need something, ask if they're okay if they appear low-spirited, we are helping them emotionally. The most simple and effective among these is a smile. If you pass a smile to any person, even without a reason, they feel good about it.

This is the true motive and essence of emotional support.

- Anandita Chauhan
9th E

BOOK REVIEW: REFUGEE

The book titled 'refugee' is authored by Alan Gratz. It is a novel that gives the reader an in-depth view of the lives of three children side-by-side. These children are not just ordinary kids, but are refugees. In the end, the author beautifully integrates the three stories together. Other works of the include prisoner B-3087, Ground Zero and more.

I have read this book many a times and I have never experienced whilst reading it another time. The writing is very engaging and cherishes the reader. Moreover, it is an eye-opener that sensitizes reader with the tortures the refugees around the world face. Thus, it is also enlightening. All in all it is a true reader's delight.

- Anandita Chauhan
9th E

International Youth Day



“Transforming Food Systems: Youth Innovation for Human and Planetary Health”

(International Youth Day theme 2021)

On 12th August every year, we celebrate *International Youth Day*. This day is dedicated to the role young women and men play in bringing change in tackling global issues and achieving sustainable development.

“WE CANNOT ALWAYS BUILD THE FUTURE FOR YOUTH, BUT WE CAN BUILD OUR YOUTH FOR THE FUTURE”

by Franklin D. Roosevelt

- *Pranav Soni*

WONDERS OF SCIENCE

'Learning must never stop!' This phrase has always encouraged humankind to explore the nature and share our assimilated thoughts. One such platform for sharing our wisdom about science with others is the India Science app. It provides the users with information about various matters of science through videos for the same.

We all are aware that light has the fastest speed. But did you know, there are other things having their speed more than that of light? These are subatomic particles and the universe. According to the equation " $E = mc^2$ ", no body with mass can move faster than light. But the universe is a vacuum and has no mass. Therefore, we conclude that there are contenders to compete with light. Where did I get to know that? Simple, in one of the videos from India science app!

The app explains science concepts in an interesting and comprehensible manner, keeping in mind the interest of viewers. The video had favourable graphics as well as a short duration. The video kept the viewers engrossed from its very title "What travels faster than light?".

NATIONAL DOCTOR'S DAY

In order to thank and salute the global heroes who emerged in white-coat labs to save humankind from the deadly virus, this year's National Doctor's Day on July 1 becomes more significant. This special day is celebrated to thank them for their immense contributions to mankind. Since 1991, National Doctor's Day has been celebrated across the nation every year. This day is celebrated on different dates across the world.

The Covid pandemic has once again made us realize the contributions and sacrifices made by doctors and nurses and by health workers around the globe.

National Doctor's Day was first observed in order to pay respect to the legendary physician and Bengal's former Chief Minister, Dr Bidhan Chandra Roy, to recognize and appreciate his contributions in the field of medicine. Roy played an important role in the establishment of the Medical Council of India and the Indian Medical Association. He was born on July 1, 1882 and passed away on July 1, 1962. Roy was awarded with the Bharat Ratna, which is considered India's highest civilian award.

The Government of India established Doctor's Day in 1991. This year, National Doctor's Day is very significant as doctors and health workers continue to fight the Covid pandemic. The 2021 theme is "Save the Saviours."

COVID-19 outbreak has kept the planet in a difficult situation. Doctors, along with other frontline warriors, are relentlessly serving round the clock to put the nation on a halt of spreading the virus. While many of us had not known the significance of doctors in our lives, this pandemic has shown us and made us understand how tremendous the offering of physicians, doctors, and medical professionals is in our community.

Words are falling short for expressing gratitude towards the medical professionals on National Doctor's Day 2021. Doctors and other Medical Professionals are operating 24X7, leading the fight against Coronavirus that has transformed how we look at life now. It is a day to thank all the physicians, doctors, nurses, and other medical professionals who have prioritized their obligation towards the infected more than anything else in their life, by putting their own life at stake.

NATIONAL DOCTOR'S DAY

National Doctor's Day is an annual observance on the 1st of July. For saluting the life-saving efforts of Doctors, annually we celebrate this day. In Indian society Doctors' are said as of next to God. The statement justifies the role of Doctors in our society. Medicos are needed to be thanked for maintaining the healthy well-being of a person. They serve patients and put their whole efforts for saving their life. They are important for a society. National Doctors' Day is dedicated to appreciating the medicos of our society. Doctors are treated equivalent to armed forces. They sometimes risk their life for treating the casualties. For their remarkable efforts in our life, they are meant to be saluted. Dr. Bidhan Chandra Roy was a devout Physician. For remembering his remarkable journey in the medical field, we celebrate National Doctors Day. National Doctors Day carries an agenda of respecting the doctors. They are meant to be respected. The mortality rate of a country sometimes checks on the basis of medical facilities. Doctors play an important role in saving several lives. For all of these reasons, our nation dedicated a special day for saluting the doctors. Paying respect to doctors is the moral duty of each one of us. People must show their gratitude towards doctors.

- Tanvi Handa

VESALIUS

VESALIUS

VESALIUS

IX Saksham
July - August

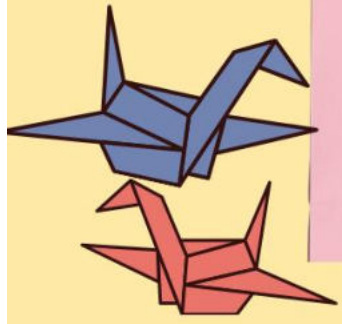
Credentials

CREATIVE EDITOR :- SAUMYA DAGAR
MANAGING EDITOR :- SANCHI GOYAL

CLASS INCHARGE :- YUVRAJ GHALY

SaltedEgg





art arcade



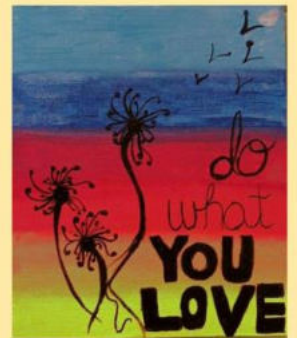
Parisha

Sanchi Goyal



Saumya Dagar

Ishika Panghal



Daksh Yadav

**Krishan Kumar
Sonkar**

**Pranava
Mittal**

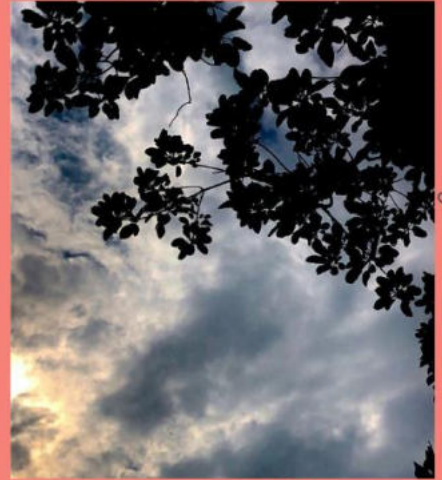
**Aamayra
Kalra**

CAPTIVIST

CAPTURING NATURE

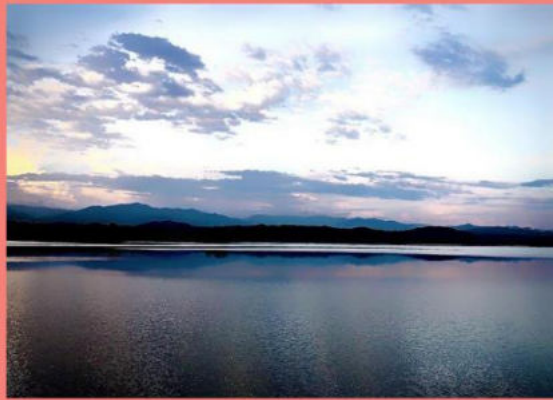


Mahuli, 3B-2



Chandigarh, India

REHMAT
BHATIA



Sukhna Lake, Chandigarh



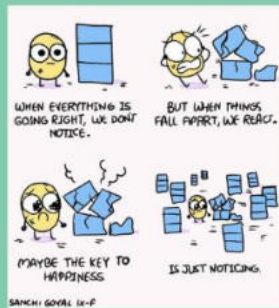
Nainital Lake, Nainital

SANCHI
GOYAL



*Lakshman Thula, Ganga
river, Uttarakhand*

happiness week



Sanchi Goyal

Pranava Mittal Happiness

We often wonder,
where happiness starts.
The journey usually begins,
in our individual hearts.

Each of us possesses,
our happiness view.
We must stick to our values,
in the mirror we must be true.

Spending time with others,
who we love and deeply care.
It's these simple moments in time,
every day we'd love to share.

All the fortunes in this world,
shall not make our spirits sing.
It's amazing how much joy,
a baby's laughter seems to bring.

Happiness is processed,
a million times inside each mind.
The secret is no secret,
just be positive and kind.

This feeling that we seek,
does not depend on age.
We truly hope it follows us,
as we turn another page.

FOOD Sanchi
Tanmayee **rain**
spending time with family and friends
Riddhima
TRAVELLING
Panshul
same games
Ayan
I N T E R N E T
Ishika
anime Saanya
an
als

THOUGHTS

BOOK REVIEW OF JANE AUSTEN'S PRIDE AND PREJUDICE

Set around the time of early 19th century, Austen's *Pride and Prejudice* is a romantic comedy which follows the romance of an obnoxious young man Fitzwilliam Darcy whose manners contradict his alluring and enticing appearance and Elizabeth Bennet the second eldest daughter of the Bennets who is a generous and high spirited young woman. Darcy is proud and Elizabeth is prejudiced. Ultimately Darcy and Elizabeth get it together when Darcy shows his benevolence and principles helping Elizabeth's unrestrained and inexperienced sister Lydia form a reasonably satisfactory marriage with George Wickham. Wickham, a prepossessing and well spoken young soldier who makes a favorable impression on Elizabeth but is significantly a scoundrel who had already disrupted Darcy's own sister's lives.

Austen is in a class of her own for weaving intricate plots and portraying her characters beautifully together. For example, we love Mr Bennet but we don't really respect him. We agree that Jane and Bingley will get robbed blind as they are just too amiable. We are appalled by the manners of Mrs. Bennet but delighted by her rudeness. It is this kind of detailed and witty insight that makes her brilliant. Her mix of classicism and romanticism makes her exceptionally good.

Humour and wit abound in Jane Austen's writing in *Pride and Prejudice*. Her understanding of social class and restrictions on women is second to none. Direct yet playful; blistering yet light; funny yet profound - *Pride and Prejudice* is a book you will wish to return to time and time again.

ANZEL

HOW CAN I CHANGE THE WORLD?

The whole world is watching Taliban and I believe you also. But if you read the newspapers you will find at least one paragraph on climate change that tells us that this issue has not subsided yet. So why are we ignoring it then?

Climate change is no longer some far off problem, it is happening here and it is happening now!!! We humans are killing mother nature to fulfill our greed that is causing global warming, eventually leading to climate change. We all think about our future right ... but there is no future on a dead planet! We are living on this planet as if we have another planet ready to go to ... Can you even imagine that while coming to school, you will have an oxygen cylinder on your shoulder instead of a bag ... It is a final warning to humanity, next ten years will be decisive. Climate change is not something we didn't know or we weren't aware of ... Since childhood we have been made aware of the disastrous effects of climate change through movies, articles etc. Climate change is one of the biggest threat to global security. Intense droughts, storms, rising sea levels, heavy landslides, cloud bursts, melting glaciers and warming oceans are creating havoc on millions of lives.

We can contribute in this fight against climate change by :-

- Reducing the use of air conditioners.
- Using renewable resources like solar energy.
- Planting more trees.
- Converting kitchen waste into compost.
- Turning to green technologies and sustaining Eco friendly ways.
- And the most important, using the resources provide to us judiciously.

On 15th August 2021 Our prime minister also discussed the seriousness of this issue and urged us to follow the path of sustainable development. Our such small contributions too mean a lot as we all know - Drop by drop fills the ocean.

Today's impossibilities are tomorrow's miracles. Today I am going to talk about global problems. Global problems is a major concern to anybody who understands the threat to possess to our society. According to me, insecurity, global warming, diseases, poverty and energy are 5 major problems. Global warming can be controlled if we stop burning coal to produce electricity, stop throwing waste in rivers. Poverty in India is a major problem these days. Educated people can find a job for themselves to overcome poverty. Diseases can be prevented if we use safe and clean drinking water, eat healthy good and by doing exercise on regular basis. So, by taking these precautions, we can control global problems.

AAMAYRA KALRA

ISHIKA PANGHAL