



OCTOBER 2020 E-MAGAZINE

PRESENTED BY

Vth SANGAM

CLASS TEACHER

SARITA GARG

“Whatever we do, it should be with broad smile or else the thing we did, will not be counted as one of the best things we did in our life.”

Festivals of October Month

GANDHI JAYANTI – 2nd October 2020

“Where there is love there is life” – All men are brothers.

Mahatma Gandhi



DRAWING BY:
RUDHRA PRATAP SINGH JAMVAL

DRAWING BY:
DARSH KHANNA



AMAZING FACTS ABOUT MAHATMA GANDHI

- > GANDHI JI SERVED IN THE ARMY DURING THE BOER WAR - HE CRUSADED AGAINST VIOLENCE SINCE THE TIME HE REALIZED THE HORRORS OF WAR.
- > MAHATMA GANDHI WAS NOMINATED FOR NOBEL PRIZE FOR 5 TIMES.
- > MOST RELICS OF GANDHI JI INCLUDING THE CLOTHES HE WORE WHEN HE WAS SHOT ARE STILL PRESERVED IN GANDHI MUSKUM, MADURAI.
- > THE FUNERAL PROCESSION OF MAHATMA GANDHI WAS 8 KILOMETERS LONG.
- > MAHATMA GANDHI WALKED/TRAVELED ALMOST 18 KILOMETERS A DAY THROUGHOUT HIS LIFETIME WHICH IS ENOUGH TO WALK AROUND THE WORLD TWICE OVER.
- > GREAT BRITAIN, THE COUNTRY AGAINST WHOM HE FOUGHT FOR INDEPENDENCE

RELEASED A STAMP HONOURING HIM, 21 YEARS AFTER HIS DEATH.

- > M. K. GANDHI WAS RESPONSIBLE FOR THE CIVIL RIGHTS MOVEMENT IN 4 CONTINENTS AND 12 COUNTRIES.
- > GANDHI JI WAS NOT PRESENT DURING NEHRU'S TRYST OF DESTINY SPEECH TO CELEBRATE INDEPENDENCE.
- > GANDHI JI NEVER HELD AN OFFICIAL POSITION IN ANY POLITICAL BODY DURING THE FINAL YEARS OF HIS LIFE.
- > MAHATMA GANDHI CORRESPONDED WITH A LOT OF PEOPLE - TOLSTOY, EINSTEIN AND HITLER WERE AMONG THE MANY.
- > STEVE JOBS WAS A FAN OF MAHATMA GANDHI - HIS ROUND GLASSES ARE NOT ONLY SIMILAR BUT ALSO A TRIBUTE.

AMAZING
FACTS

> GANDHI JI HAD A SET OF FALSE TEETH, WHICH HE CARRIED IN A FOLD OF HIS LOIN CLOTH.

SUBMITTED BY:
ANIT TYAGI
CLASS: 5 SANGAM

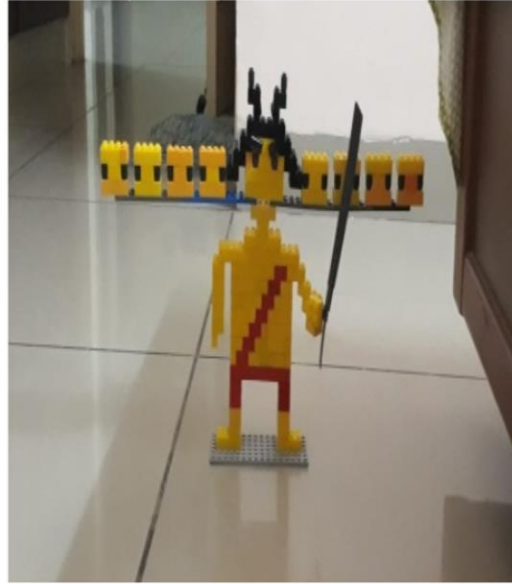
BY:
ANIT
TYAGI

• Dussehra – 25th October

“Enjoy the victory of truth over evil!”



DRAWING BY: DARSH KHANNA



Ravana made from blocks by Tarush Sharma



Statue of Ravana made by Anvi Bhardwaj



Face mask made by: Arnav Singh

Navratri – 17th-25thOctober

HISTORY AND SIGNIFICANCE OF NAVRATRI

Navratri is undeniably one of the biggest Hindu festivals celebrated across the nation with great fervor and enthusiasm. However not many would know, that it is celebrated in different seasons, five times a year. Chaitra Navratri, Ashadha Navratri, the Sharada Navratri, and the Paush/Magha Navratri. Navratri is considered one of the most auspicious times of the year. There is



festivity in the air for these nine days and the occasion is celebrated with gusto across the country. The temples are vibrantly decorated and devotees start preparing for the festival days in advance.

The word Navratri is derived from a Sanskrit word that translates 'Nava' as nine and 'Ratri' as night. Each day is dedicated to one of the nine avatars of goddess Durga (namely Shailputri, Brahmacharini, Chandraghanta, Kushmanda, Skandamata, Katyayani, Kaalratri, Mahagauri and Siddhidatri) and every day has a colour significance associated with it.

On the first three days, the Goddess Durga is invoked as powerful force to destroy all our impurities, vices and defects. Next three days Goddess is adored as a giver of spiritual wealth, Lakshmi. Last three days is spent in worshipping as Goddess of wisdom, Saraswati.

The festival is known with different names in different parts of the country and rituals and traditions also vary from state to state. Navratri is celebrated as Durga Puja in various parts of Northeast India. In north and western parts of the country, devotees celebrate the festival by fasting, staging 'Ramlila' and conclude with Dussehra where the effigies of Ravana and his brothers are burnt, again signifying the victory of good over evil. In Tamil Nadu, it is celebrated as Golu and Gujrat is famous for its dandiya nights.

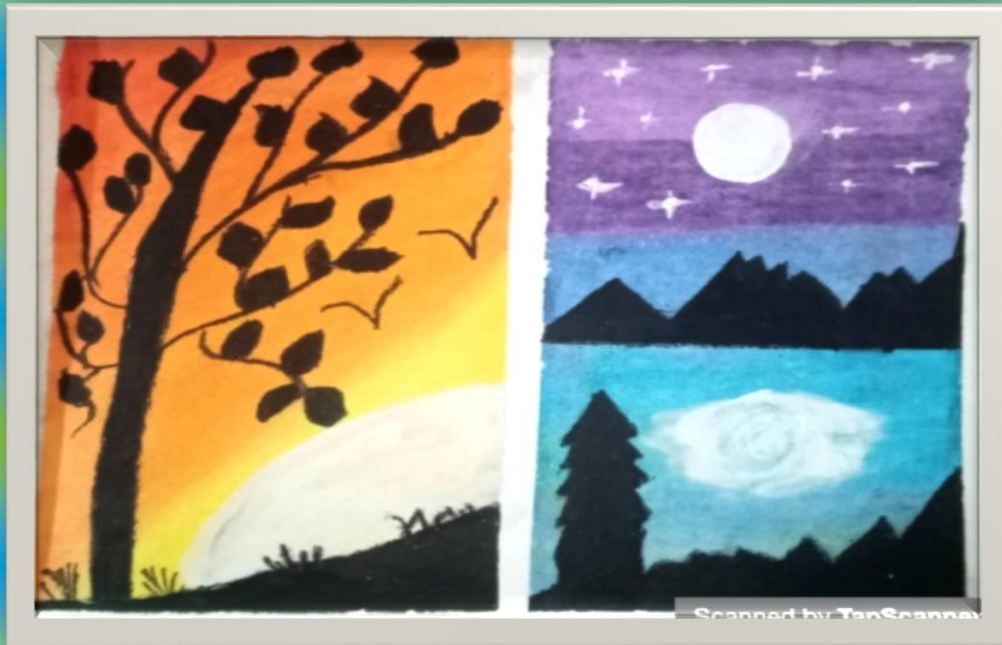
Sharad Navratri is also called Ram Navratri as it concludes with Ram Navmi, Lord Ram's birthday, that falls on the ninth day of Navratri and Dusshera, the anniversary of the day Lord Ram defeated Ravana in the epic battle. This Navratri also marks the anniversary of the day Goddess Durga defeated the Rakshasa (demon) Mahishasura and is sought as a powerful symbolism of the restoration of dharma, the restoration of the balance of the universe. Depending on the state or culture, different tales support worshipping of different Gods but throughout these nine days, different prayers are conducted to seek blessings from the nine forms of the Goddess to purify home and mind.

Made by : Kudrat Aggarwal

Class- 5 Sangam

Roll no.- 19

Creative drawings



DRAWING BY: JANHAVI VERMA



CANVAS PAINTING BY: ISHRAT SANDHU

भूल कर जाति और धर्म का भेद भाव,
आओ करे हम

राष्ट्रीय एकता का
निर्माण

BY-TARUSH SHARMA
ROLL NO - 35
SECTION-E
CLASS-5

राष्ट्रीय एकता अपनार्ये
और विकास का सारा बनाये



ISHRAT SANDHU
V - SANGAM
ROLL NO - 16

कोई फादर कोई हैं काजी
कोई हैं सन्यसी
एकसाथ जब खड़े हो
हम तो सिफ हैं
भारतवासी



THANKS
FOR
WATCHING

Edited By :

Shruti Vaid (Vth Sangam)

CREATIVE CORNER BY VA



- SHAURYA MEHTA



Art by **ARCHAN NAIN**
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INDEX

- Drawings
- Craft n
Creations



Drawings



TANAYA



KASHVI



BHAVYA



- By
Lavya



The victory of good over evil..



*Today is the day when we burn all our sins,
And promise to begin all over again,
Flames come and take all the darkness away,
Light shines and makes it own way,
Because this is the festival where truth wins,
We make our way towards a bright future
And with our heads high and up chins,
Take a vow to do all this together,
As we burn the ravana inside us
Which is kept like a false heather!*



- SHAURYA MEHTA

Best out of Waste- Rangolis



By: Vanshika



By: Vaibhavi



By: Ananya Gupta



By: Aarna Verma



By: Jaskirat Singh Deol



By: Akshit Nain



By: Manya Bhardwaj



By: Shaurya Mehta



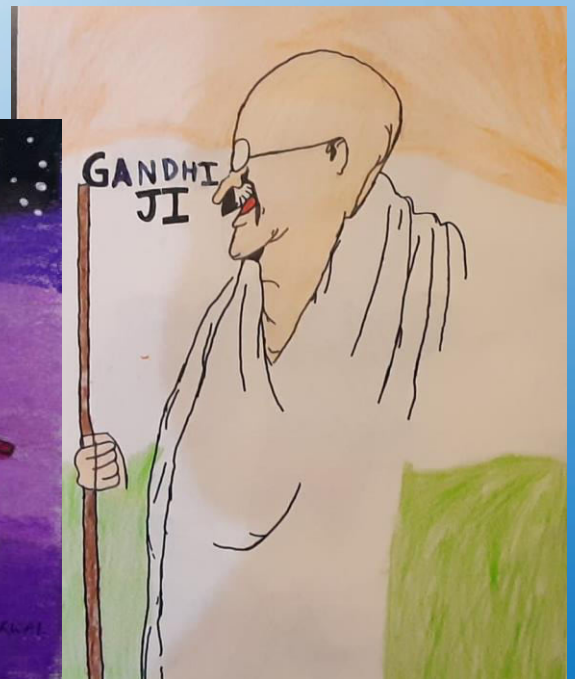
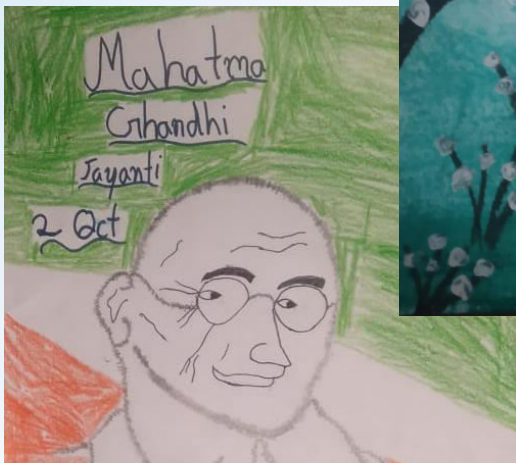
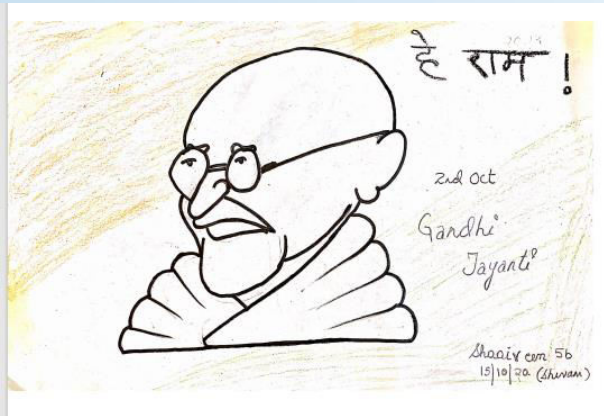
By: Swaraj Makrand

Class - V Shivam



Class Teacher:
Mrs. Ranjana Bhanjana

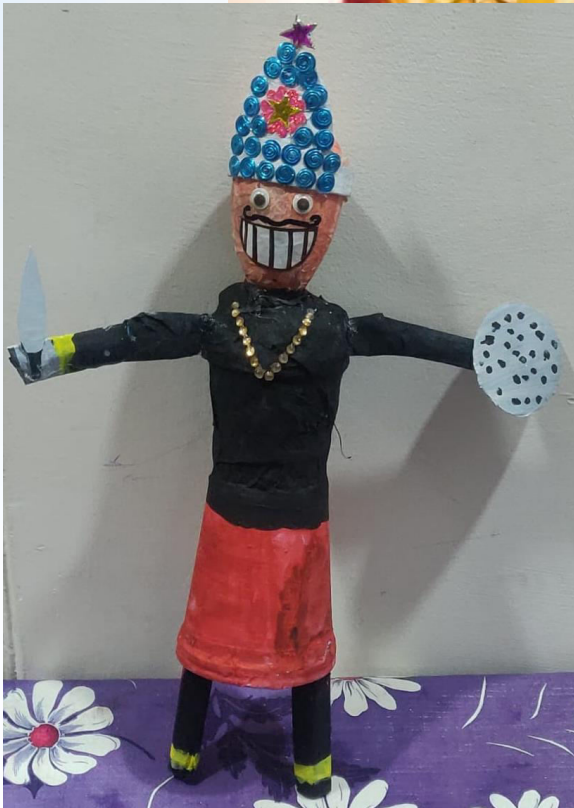
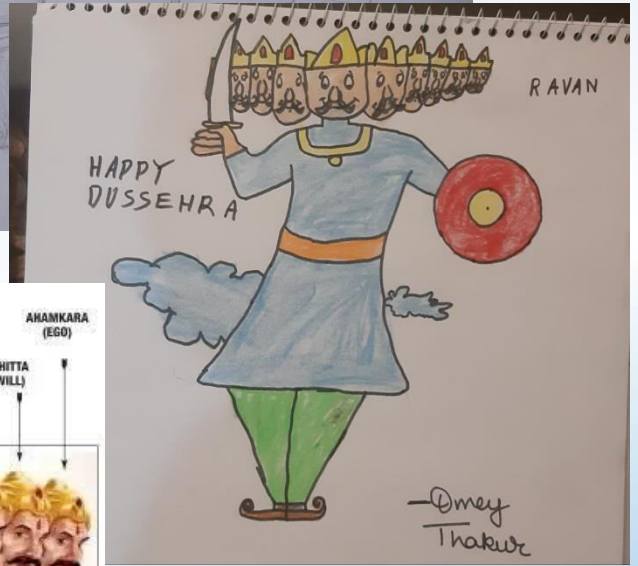
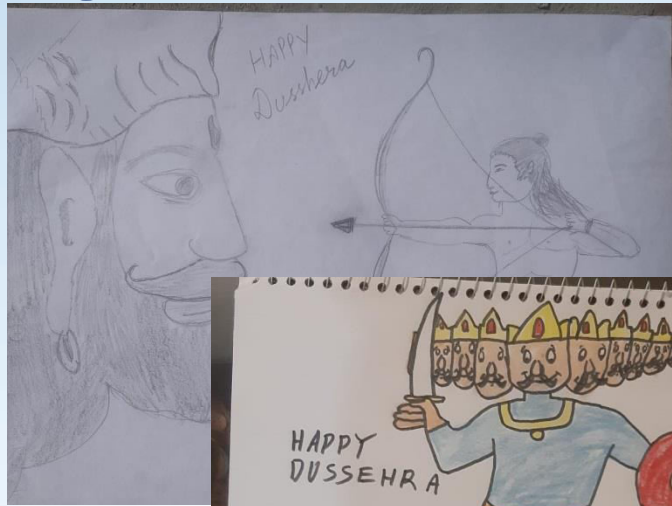
Thanking the Father of the Nation



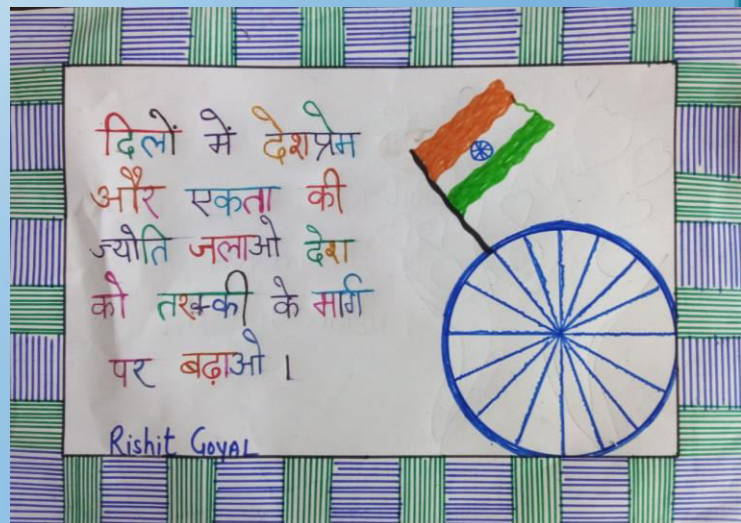
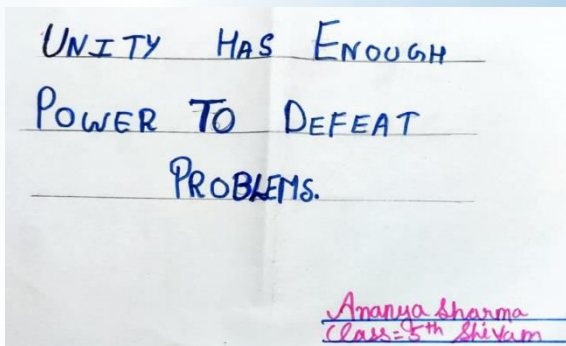
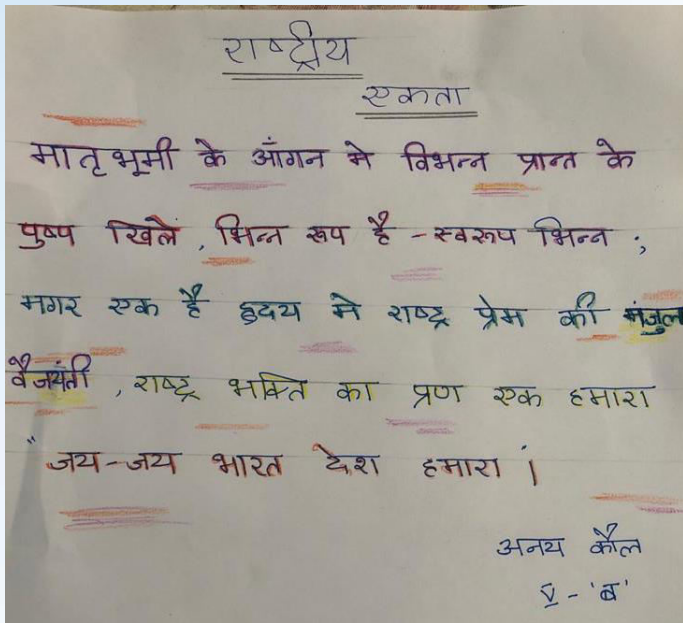
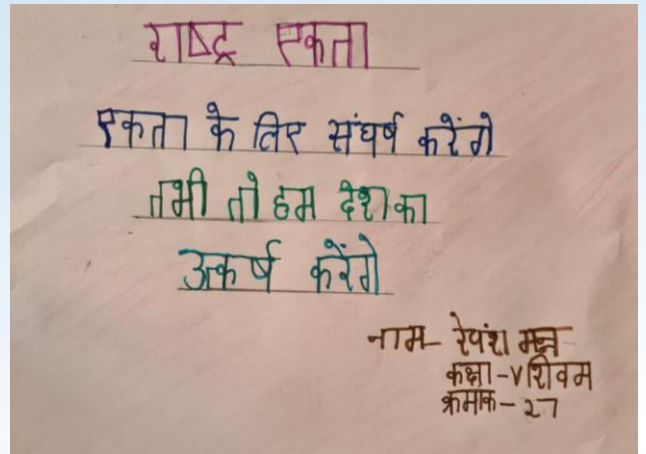
Worshipping the Goddesses



Victory of Good over Evil



One for all, All for one



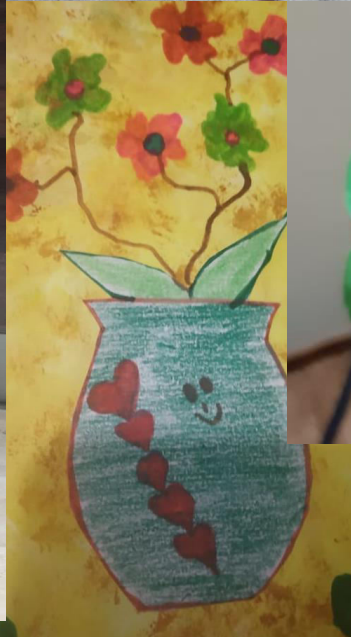
Creative Minds



By - dishita
th Verma
V Shivam
Roll no - 10



made by -
dishita verma





BHAVAN VIDYALAYA PANCHKULA

Sector-15, Panchkula

AFFILIATED TO CBSE. AFFILIATION CODE - 530219



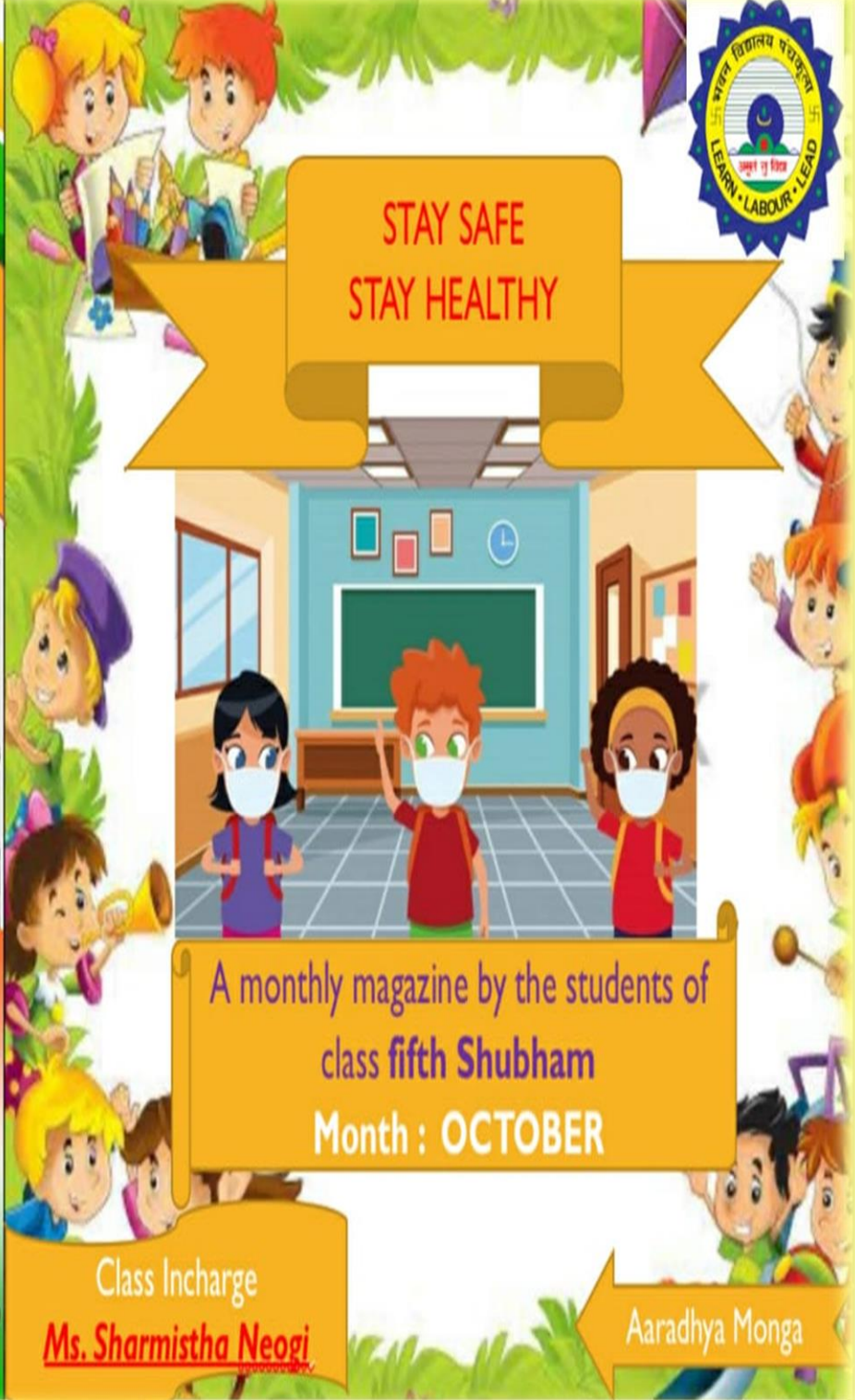
The month of
MAHATMA

दे दी हमें आज़ादी
बिना खड्ग बिना ढाल
साबरमती के संत तूने
कर दिया कमाल ...



Jai Jawan
Jai Kisan

- Lal Bahadur Shastri
(2 October 1904 - 11 January 1966)



STAY SAFE
STAY HEALTHY

A monthly magazine by the students of
class fifth **Shubham**
Month : **OCTOBER**

Class Incharge
Ms. Sharmistha Neogi

Aaradhya Monga



BHAVAN VIDYALAYA PANCHKULA

Sector-15, Panchkula

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ARTISTIC BRAINS WITH ARTISTIC MINDS....

BHAVYA



CHAITANYA



SHRANYA



YUG



JIVIKA



VAIBHAV





BHAVAN VIDYALAYA PANCHKULA

Sector-15, Panchkula

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CHANGE FOR THE BETTER

There lived a boy named Rahul. He was very unkind and also used to get angry at every little thing. One day he had an argument with his best friend Suraj. As Rahul himself was unkind and never helped anyone, he wanted Suraj also to behave in a similar manner. So he fought with Suraj as he helped someone in the class. Rahul knew that it was his own mistake but he did not want to admit it. Rahul was tremendously angry and stopped talking to Suraj. Suddenly an evil angel with horns appeared on his left shoulder and he started appreciating Rahul for his bad behavior. But at the same time a noble angel with white clothes appeared on his right shoulder. He reprimanded Rahul for his such behavior and also warned him that he will lose his friends if he treated his friends in such a way. Rahul thought for a while but paid no heed to the noble angel's words. Later, when Rahul was going back to his home, he saw an old lady from little far who was trying to cross the road. She was holding a stick in her hand. She was trying to cross the road but could not do that as it was a busy road. Rahul did not pay any attention and kept on walking. Suddenly, he saw a car was coming on the road with great speed when the old woman started to cross the road. Now Rahul could not stop himself and kept on

shouting loudly *"Stop, stop. A car is coming. Get*

back". On hearing this, the old lady stopped at once and got

back. Rahul went to her and was stunned to see that she was his own grandmother. He hugged her and asked her if she was fine. The grandmother nodded her head and thanked Rahul and also blessed him a lot. People gathered and praised Rahul for his immediate help. Rahul was feeling ashamed of his former behavior and at the same time was feeling very happy and satisfied as he could help. He went home and called his friend Suraj. He apologized to him for his behavior. Now he knew that all this happened as he listened to the good angel who helped him to change into a good boy. He decided not to be a rude, unkind and angry person anymore. He that day realized that if everyone became like him then no one will come forward to help anyone.

He changed himself to better. He promised to himself that he will always be ready to help everyone **selflessly**.



Moral: WE SHOULD TRY TO BE KIND WITH EVERYONE AND LISTEN TO OUR GOOD INSTINCTS. WE SHOULD BELIEVE IN OURSELVES WHILE DOING GOOD THINGS.

Bhavya,
Roll No.12



BHAVAN VIDYALAYA PANCHKULA

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हिन्दी दिवस

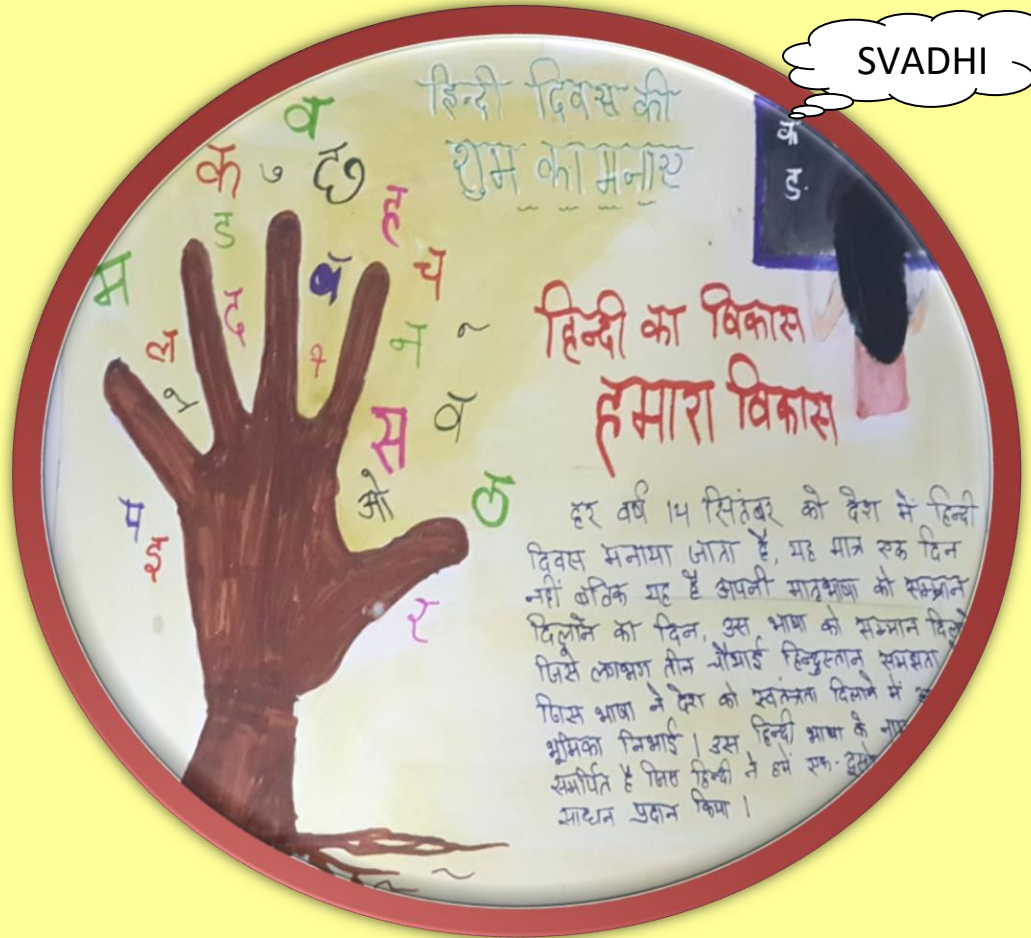
14 सितंबर, 1949 को हिन्दी भाषा को राष्ट्रभाषा का दर्जा दिया गया था। इस दिन भारत की संविधान सभा में हिन्दी को भारत गणराज्य की अधिकारिक भाषा घोषित किया गया था, इसलिए तब से लेकर आज तक इसे हिन्दी दिवस के रूप में मनाया जाता है। भारत के पहले प्रधानमंत्री जवाहर लाल नेहरू ने इस दिन के महत्व को समझते हुए इस दिन को हिन्दी दिवस के रूप में मनाने की इच्छा जताई थी। भारत में पहली बार हिन्दी दिवस, 14 सितंबर साल 1953 में मनाया गया था। वहीं हिन्दी भाषा को देश की अधिकारिक या राष्ट्रभाषा के रूप में इस्तेमाल करने का निर्णय भारतीय संविधान में 26 जनवरी 1950 से प्रभाव में आया था।

नाम - तन्वी यादव

कक्षा - ५ शुभम

अनुक्रमांक - ३७

ARTICLES
THAT
EMPOWER



SVADHI

हर वर्ष 14 सितंबर को देश में हिन्दी दिवस मनाया जाता है, यह मात्र एक दिन नहीं बल्कि यह है अपनी मातृभाषा को सम्मान दिलाने का दिन, उस भाषा को सम्मान देने जिसे लगभग तीन चौथाई हिन्दुस्तान सम्भ्रता गिस भाषा ने देश को स्वतंत्रता दिलाने में भूमिका निभाई। उस हिन्दी भाषा के सम्प्रीति है जिस हिन्दी ने हमें एक-दूसरे आदरन पदान किया।



BHAVAN VIDYALAYA PANCHKULA

Sector-15, Panchkula

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I would define, in brief, the poetry
of words as the rhythmical
creation of Beauty.

LET'S SPREAD LOVE

I was born in a loving family,
'A bundle of joy' they used to call me.
My every smile, every word was cherished
Like a bud, I blossomed, I flourished.

Until my little brother came along,
I was the baby at my home.
I loved him since the day he was born
I took back seat, as life went on....

Now he's the baby, and I'm a little woman,
Responsibility is not so much fun,
But when I look around and see-
I feel grateful, I feel lucky.

So thank you GOD, to the power above,
For showing me care, showing me love
I am thankful for my home, sweet home,
And as all roads lead to Rome;
I join my hands in prayer:

LET'S ALL SPREAD LOVE, SHARE AND CARE.

ANANYA DUTTA

Let's Spread Love ❤️

- Azzuzoo





BHAVAN VIDYALAYA PANCHKULA

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SLOGAN WRITING COMPETITION





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Who Am I?

1. I am an odd number
Take away a letter
And I become even.
Who am I? Seven
2. I am in front of you
You want to see me
But you can't
Who am I? Future
3. I make a loud sound when I change
I get bigger but I weigh less
Who am I? Popcorn
4. You can hear me
But you can't see or touch me.
You're in control of me.
Who am I? Your voice
5. I am a reptile.
I am found in all houses.
I eat flies.
Who am I? Lizard
6. I am not a helium,
But I am very light.
I am very soft and fluffy,
And found in the color white.
Who am I? Cotton
7. I have three eyes
And only one leg.
If you don't obey me,
You will be sorry.
Who am I? Traffic Signal
8. I am a ball,
I can be rolled,
But never bounced or thrown.
Who am I? Eyeball
9. I have a spine,
But no bones.
People carry me around
And learn a lot from me.
Who am I? Books

Amogh Goel – Class 5th Shubham

E-MAGAZINE

(OCTOBER)

Class-5 Sundaram

CLASS TEACHER-ALKA RAINA



HOPE YOU ENJOY



Mohandas Karamchand Gandhi also known as Mahatma Gandhi was born on October 2, 1869 in Porbandar, Gujarat. Gandhi is also known as Bapu and Father of nation. He led the struggle for India's independence. Mahatma Gandhi was an Indian lawyer, anti-colonial nationalist and political ethicist, who employed nonviolent resistance to lead the successful campaign.

Poem:-

From North, South, East, and West,
I think all of us are full of stress.
All the old values are in demise,
Half truths, no truths, are just lies.

There is a lot of unhappiness and a lot of strife,
Just look around how can we improve our life?

War after war seems like the inevitable solution to a
problem,

But peace and love is the only way to solve them.

The consciousness of humanity must soon grow to
incorporate this truth,

The world as a whole can finally come to a place of
peace and harmony now that is proof.

By- Ashmit Roy

Mohandas Karamchand Gandhi, also known as Father of Nation, was born on October 02nd, 1869 at a small town named Porbandar in Gujarat. In India, Gandhi Jayanti is celebrated every year on 2nd October, to pay a tribute to him, Gandhi being such a great leader, preferred to wear Khadi clothes He asked the Indians to not to serve the British and fight for their freedom. It is because of his devotion and struggle, that India is a free bird today.



GANDHI JAYANTI

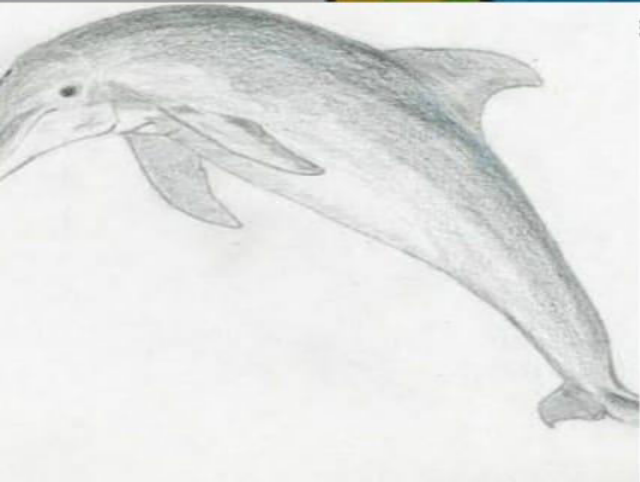
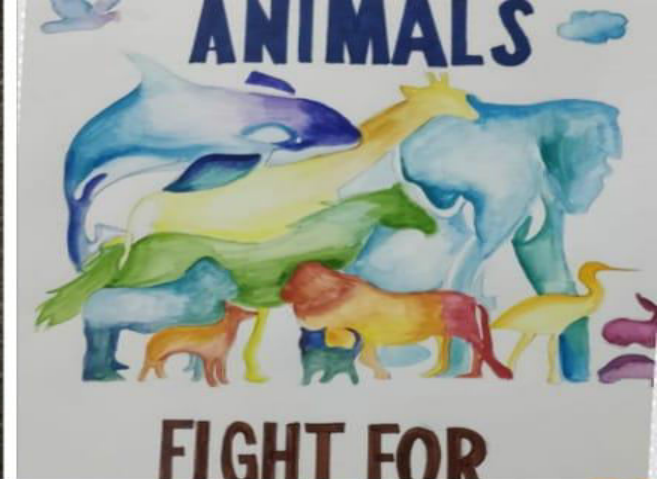
- On 2nd October, we celebrate Gandhi Jayanti every year.
- It is a non-violence day in India.
- We celebrate this day as a national celebration in India.
- We pay tribute to Mahatma Gandhi in his memorial at Rajpath, Delhi.
- "Raghupati Raghav Rajaram," which is the favorite bhajan of Gandhi, makes us feel his divine power.
- Children play role-playing on Mahatma Gandhi.



By- aryan



Thoughts
Until one has loved an animal
of one's soul remains unranked



WHAT IS WORLD HEALTH MENTAL DAY?

World Mental Health Day (10 October) is an international day for global mental health education, awareness and advocacy against social stigma. It was first celebrated in 1992 at the initiative of the World Federation for Mental Health, a global mental health organization with members and contacts in more than 150 countries. This day, each October, thousands of supporters come to celebrate this annual awareness program to bring attention to mental illness and its major effects on peoples' lives worldwide. In some countries this day is part of an awareness week, such as Mental Health Week in Australia.

MORE ABOUT WORLD HEALTH MENTAL DAY ...

Mental health nursing is a vital and varied profession, accounting for over a third of the mental health workforce in England. Yet the numbers choosing to study to join the profession are unable to meet sharply rising demand. This major new report, commissioned by NHS Employers and the Mental Health Network, looks at ways more people might be attracted to apply to study

mental health nursing – and reasons why numbers are currently limited.

With one in four people likely to be affected by mental or neurological conditions at some point in their lives, and the pandemic potentially leading to a rise in mental health conditions, it is more important than ever that people have access to good mental health care by qualified professionals.

Mental health nurses account for over a third of the mental health workforce in England and work across a wide range of health and care settings. Yet for a variety of reasons, the pipeline of people choosing to study and qualify to become a mental health nurse is unable to meet sharply rising demand for this service.

Research found that:

- Inaccurate and negative perceptions of mental health patients and a lack of awareness of the mental health nursing role may be putting some people off the career. This, in part, is due to a failure to both promote the unique and varied aspects of mental health nursing and provide access to positive personal experiences and exposure to mental health. Often the terminology used to describe and define the role has not pointed it to an accurate or positive light.
- Personal experience of mental health and exposure to it from family and friends have a significant influence on people's motivations to pursue mental health careers.
- The sheer volume of roles that exist within health care and mental health specifically creates a lack of clarity about the various options available to potential students and the differences between roles.
- Compared to other nursing careers, students on mental health nursing courses are more likely to be older and from minority ethnic groups. Mental health nursing students are also more likely to be male than for adult nursing, with both nursing fields more represented by students from lower socio-economic backgrounds than allied health professions. While this is positive from a diversity and inclusion perspective, to ensure a sustainable supply of new nurses it will be important to also attract applications from typically less represented groups.



- "It's up to you today to start making healthy choices. Not choices that are just healthy for your body, but healthy for your mind."
- "Nothing in this world can torment you as much as your own thoughts."
- "You may have to fight a battle more than once."
- "Today I refuse to stress myself out over things I can't control and change."
- "I know what it's like to be afraid of your own mind."
- "You can't control everything. Sometimes you just need to relax and have faith that things will work out. Let go a little and just let life happen."
- "Your mental health is a priority. Your happiness is essential. Your self-care is a necessity."
- Recovery is not one and done. It is a lifelong journey that takes place one day, one step at a time."
- "Sometimes, mental illness is terrifying because you feel like you've lost control of your mind and nothing makes sense. It's like watching yourself on autopilot and having little to no control."
- "Some of the most comforting words in the universe are 'me too.' That moment when you find out that your struggle is also someone else's struggle, that you're not alone, and that others have been down the same road."
- "Don't give in to stigma. A diagnosis does not determine who you are or what you can do!"
- "The strongest people are those who win battles we know nothing about."
- Whether an illness affects your heart, your leg or your brain, watts of power when awake.

- Male sea horse give birth to their young ones.
- According to NASA, the world's rainforests will be gone by 2100 if the current rate of destruction continues.
- Almost 800 000 people die by suicide every year; 1 person dies from suicide every 40 seconds. Suicide is the second leading cause of death in individuals aged 15-29 years.

"Whether an illness affects your heart, your leg or your brain, it's still an illness, and there should be no distinction."

AN INITIATIVE BY:-
SHIVOM CHAUHAN, SHRESTH ARORA, SEHAJVEER SINGH, SHRESTH LATHER, ROHAN CHAUHAN, Shivdha Bhardwaj, Mannat Sharma, SHAURYA DALMIA

FROM: CLASS 11th SURGARAW



peace

it does not mean to be in a place where there is no noise, trouble or hard work. it means to be in the midst of those things and still be calm in your heart.

(unknown)

BY- TRISH

PEACE

Peace is the way,

Peace is everyone's say

Peace for today,

Peace for tomorrow'
and let us not drown this world in sorrow.

Peace is the key,

It is prosperity's tree

It makes a better world for you and me.

By: Shreya Kanwar

United Nations

Peace is a world without locks and alarms down rivers and streams Peace is sleeping without bad dreams seven deadly sins Peace is a world where everybody are truth friends upper, middle or lower class Peace is tall trees, fresh air and green grass disease do not exist Peace is when there is no Temptation to resist playing without any worries peace is light wind , raindrops and snow flurries skills peace is see you later and no more goodbye sounds of nature Peace is clouds mountains and glaciers storm peace is when babies are born each Peace is never being too late Peace is living in a world without hate.

By- Tanvika

Congratulation! India has been elected as a non-permanent member of the United Nation's Security Council(UNSC) for a two-year term by gaining 184 votes out of total 192 votes. The victory was expected since it had already got endorsement from the 55-member Asia Pacific group, including China and Pakistan. India has served in the same position as a non-permanent member of the Council many times. Now, India will once again sit in the most powerful UN organ, for two years along with the five permanent members China, France, Russia, UK and the US as well as non-permanent members Estonia, Niger, Saint Vincent and the Grenadines, Tunisia and Vietnam. India's Permanent Representative to the UN Ambassador T S Tirumurti had said that India's presence in the Security Council will help bring to the world its ethos of 'Vasudhaiva Kutumbakam', as he mentioned that the United Nations as well as multilateralism need to change to reflect contemporary realities and remain credible as the world organization marks its 75th anniversary this year. India has been a staunch advocate of reforms in the structure of Security Council. India rightly deserves a place as a permanent member of the Council, which in its current form does not represent the geo-political realities of the 21st Century. By- Varchasv

Thank
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