

Under the guidance of Mrs. Lissum Sharan

essine Saus

Coronavirus - a blessing or a curse? Could anything else be even worse! Infections are soaring as a high tide, Humanity being wasted far and wide, Wandering across the globe, state to state, Leading innocents astray.

It is indeed a tale of woe: But is it really our bitter foe? - No:

These times, in spite of pain, Are filled with birds calling once again, One may see the cattle grazing, on the greens, O! Look at those picturesque scenes: I saw the colour of the sky so blue, Could you imagine the earth this new? This dreaded virus has brought smiles, To the wild species a few -: In the depth of the sea and the sky -: Did you not see some more birds fly? Pollution levels have dropped so low, Why do you still consider the virus your foe? The most precious gem - time, Reducing incidents of crime, The air much cleaner, environment greener, Rejuvenating wildlife thank this canker, Aren't you all enjoying this nature?

One day it will eventually kneel down: Whatever the case may be don't you frown, Whatever the case may be don't you frown.



DIYA GOEL

X-A



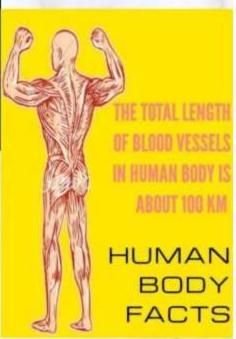
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-Soumya Gupta





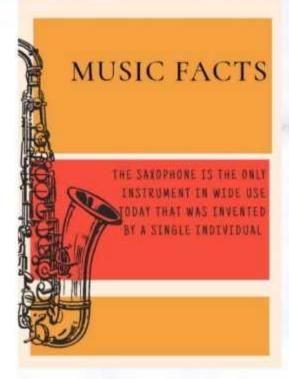


ANIMAL FACT



MARINE IGUANAS

TO AVOID BEING HEARD BY SHARK, THEY CAN STOP THEIR OWN HEART.



Akshaj Choudhary X-A

QUARANTINE:-

PROBLEMS & OPPORTUNITIES

Quarantine has been tough for all of us. Humans are social creatures and isolation has taken that privilege from us. But a problem crisis opens up many opportunities. It's up to us to identify and utilize them in the best way possible.

"Intelligence is the ability to adopt to change" ~Stephen Hawking

Here are a few activities to try at home:-

- EXERCISE:- Exercising regularly not only keeps your body in shape but also prevents you from acquiring serious health problems like heart attacks, diabetes etc. Exercise is stress buster and helps you live a happy & long life
- READING BOOK:- Books make you see the world from someone else's point of view and feel what a character felt .Reading a book quenches your curiosity and helps to avoid your inclination towards electronic devices. "The Alchemist" by Paulo Coelho, "Diary of Anne Frank" are some of the books to read before you die.
- LEARNING A NEW SKILL:- Technology has made learning easy.
 Everyone has the availability and opportunity of searching and mastering from certified course online. Learning about artificial intelligence, codding, Adobe applications are one of the trending courses.
- GIVING BACK TO SOCIETY:- While we grow up imbibing all good things and aspire to become a better person each day; are we also trying to give back to this world? We must pick up a cause we are inclined to do right; as our payback. It could be anything from a plethora of subjects like save water, child tracfficking, women equality and so on . A must thing to do during these trying times of pandemic is helping the needy. The least one can do is donate from home!!(Pm relief fund, cm relief fund etc.)

But CONTRIBUTE/DONATE | | | |

TIME TRAVEL

Some say time travel is not practical whereas some say time travel is just a myth. From all over the globe there are millions of people who claim that they came from the future. But most importantly what is time travel???Time travel is moving in time. As I mentioned before this planet is filled with people claiming that they are travelers.

For example: observe the picture. What do you see??A person in a black coat is talking on a phone, right??To your surprise this is a still from one of the Charlie Chaplin's movies. This movie was shot in year 1928 and cell phones were invented in year 1973.then who is this guy (or woman)??

According to Einstein's general theory of relativity, there is nothing in laws of physics which can prevent time travel but there are several other theories which tell us that time travel maybe possible but are really complex. One of such theory is grandfather paradox. What is the grandfather paradox???



Imagine you have a very brutal grandfather, and you hate him, you will make a time machine to go back in time to kill your grandpa. Now you have 2 options; first, to kill him before he met your grandmother which is not possible because if your grandpa never met your grandmother, it means that you never existed which means you never made a time machine to go back in time to kill him. Second, you will kill him after he met your grandma who is possible but would totally change your life, how??? You will always wish that you had a grandfather and then you will make a time machine to bring him back from the past. Pretty complicated, isn't it???

> - Diya Ahuja (10th A)



Taking ownership and taking action

"Perhaps one of the greatest lessons we can learn this year."

-Tianna Sandhu (X-B)

Now, I am well aware of the fact that you have come across numerous "lessons to learn from 2020" online: as a forward on WhatsApp, as an article on your favourite news app or on multiple websites online. But the subject of this particular article, I believe, applies to a majority of the events that have betided this year.

Every act of ours has a consequence - whether good or bad, whether profound or minuscule. It is important that we accept when we are at fault, the same way that we take credit when we perform a good deed.

Let's look at this from different angles, or simply how it is related to the past as well as currently ongoing events of 2020.

This year kicked off with the black summer fires ravaging through the bush lands of Australia burning millions of acres, displacing thousands of people and resulting in the death of over 3 billion animals. Being called as "one of the worst wildlife disasters in modern history" experts say that it is a result of the ever increasing climate change.

Talking about wildfires like the aforementioned and the ongoing west coast wildfires, along with climate change, we, the citizens of the modern world together must own up to the fact that our destructive activities are playing havoc with nature and its cycles. After taking ownership, not only at the apex level but as well as the citizen level we must jump on our feet to take appropriate and necessary measures to prevent further damage. We aren't doing a favour to anyone but ourselves, this is our duty, our responsibility whether we are directly or indirectly responsible for the crisis.

Talking about the highlight of this year - COVID-19 . Rather than pointing fingers and blaming each other at the global level for this pandemic, it's better if we, the multi polar world admits guilty to the faults and inadequate measures made when it came to controlling the spread of this virus. Our beloved American President Donald Trump was suggesting the injection of disinfectants or bringing UV-lights inside our body in an attempt to kill the virus earlier this year. Prime Minister Boris Johnson and the UK government underestimated the severity of the virus and before they knew it, the UK suddenly had the third highest cases in the world and the prime minister himself tested positive for the



virus. Iranian officials, Spanish Prime Sánchez, Mexican Minister Pedro President Andrés Manuel López Obrador , Brazilian President lair Bolsonaro and several others downplayed the virus and are now facing the consequences, for their countries are now in turmoil. Many Indian leaders advocated the use of "cow-urine" to boost our immunity. People look up to the leaders that they elected, for they believe in them, believe in the fact that all those who they have put in power have their best interests in mind. In a country especially like India, where there are a lot of illiterate citizens who blindly trust their leaders and worship them, who do everything that they say, it results in the creation of a treacherous and hazardous situation as we can see around us: people not wearing masks, thinking that the virus is a hoax, consuming cow urine, blaming non vegetarian people for spreading the virus, et cetera. It's time we hold leaders and people like these responsible for the spread of this deadly virus and death of millions of people; make them admit it for it is important for them to stomach how noxious their misconceptions and fallacies were and the consequences of them barking up the wrong tree.

On August 4, a warehouse in Beirut, Lebanon caught fire giving rise to a blast that rocked the port city. On the outside, it seems to be a tragic accident, however, it is actually the result of the negligent, dysfunctional and corrupt political system of this middle eastern country. The judicial authorities, custom officials and security forces had been trading the blame for years about how they needed to address the issue of the collection of copious amount of ammonium nitrate, kerosene, hydrochloric acid and 15 tons of fireworks- begetting the creation of a small nuclear bomb. The citizens of Lebanon who were already suffering from an economic and health crisis now have taken up personal initiatives to help Beirut stand back on its

feet, simultaneously watching their leaders give lip service to the catastrophe rather than taking requisite action. Having realised and accepted the fact that they have let their government's power and corruption go unchecked, Lebanese are now taking to the streets, demanding the authorities to own up to their faults. In this situation we can see a perfect example of people taking ownership of their shortcomings and then making headway to trigger a change.

George Floyd - a name that we have perhaps spoken, typed or read countless times this year; a name that has ignited the world's anger towards the tyranny and oppression faced by the black community across the world. The citizens of the modern world realised how they had let numerous racist authorities and other fellow citizens get away unscratched, when they hurt the sentiments of and were unjust to a particular group of people just because of their skin colour. They then started protesting for freedom, liberation and justice; exercised their rights for the rights of those who constantly have to live in fear, who have to face discrimination just because they are black. Agreed, some people have adopted vile and objectionable methods but other supporters are criticising them and are trying to stop this movement from taking an ugly turn. Black lives matter, again is an example of the changes that can be made when people own up to their faults . Over the period of just a few weeks , hundreds and thousands of people took up a mission to put an end to this dark side of the world. From New Jersey to Amsterdam to Paris, people are standing up and bringing to light all those who

From the above listed examples of events we can now palpably see the value of taking ownership and taking action, how it can change our lives, the world and the future.

have behaved and acted reprehensibly.

Nature's rule

- Jhanvi Joshi (X-B)

What a delightful year it is , Animals are freely moving outside , And humans are locked inside , How animals feel in the cage, now everyone got it right.

Mother earth is healing is a good sign,

But a virus can do that it is still not getting in the mind,

Crimes are reducing is a good sign, But a virus can do that it is still not getting in mind.

Air is pure and birds are free, But is it till a longer time, Humans are locked so everything is fine,

If they come back everything bad will smile,

And the healed mother earth would once again cry.

If humans won't be there, our mother earth would shine, This is a literal sign,

We are guests in this world and not the owners.

We should keep it clean, Otherwise humans will pay for the sins and die,

And then again, our mother earth would shine!!!

WRONG AND RIGHT

- Priyanka Sheokand (X-B)

What is wrong and what is right? Some think it is wrong to eat meat, but it is the others' daily diet.

What is wrong and what is right? Peacemakers feel it right to spread peace,

some feel it right to kill and fight.

What is wrong and what is right? Are "right acts" those, which the majority thinks is right?

What is wrong and what is right? I suppose it is the majority's thought

but can they be wrong too? They might.

What is wrong and what is right? I don't know for I am a naive child, the instability of this concept gives me a fright.

What is wrong and what is right, Who will tell me? Will I find the right guide?

Autumn

- Matangi Sharma (X-B)

Autumn isn't it beautiful

when leaves start to fall painting the earth in varying shades of red, orange, yellow, and brown for color was what the earth needed

when that one girl sits by her window with a cup of coffee her nose buried deep in a book while the cool breeze of fall ruffles her hair when little kids step on crunchy little leaves the sound giving them satisfaction and joy and happiness as if never before

when the air feels cooler for the sun fades away a bit and let's the wind take the lead cooling down all that was burning

isn't it beautiful when autumn finally arrives?



जीत का मोल

- Nikhil Sharma (X-B)

खोल दो पंख मेरे ,कहता है परिंदा, अभी और उद्यान बाकि है

ज़मीन नहीं है मंजिल मेरी अभी पूरा आसमान बाकि है

में उस माटी का वृक्ष नही ,जिसको नदियों ने सींचा है बंजर माटी में पलकर, मैंने मृत्यु से जीवन खींचा है

चलता रहूंगा पथ पर, चलने में माहिर बन जाऊंगा या तो मंजिल मिल जाएगी या अच्छा मुसाफिर बन जाऊंगा

तेरी मंज़िल इतनी खुशनुमा है कि तू रास्ता नहीं छोड़ पाएगा अगर आज एक कदम और चल दिया तो जिंदगी भर सुकून पाएगा तू इतिहास रचेगा और तेरा नाम किताबों में लिखा जाएगा

तेरी रुह को सुकून मिलेगा जब बच्चा बच्चा तेरा नाम दोहराएगा

आज करेगा ,तो फल कल पाएगा आया था तू नंगा क्या ही ले जाएगा

खाब टूटे हैं,मगर हौंसले ज़िंदा हैं हम वो हैं ,जहाँ मुश्किलें शर्मिंदा हैं

तू है निडर ढूढता किधर तू ही है आग बस अंदर से जाग और अपने सपनों की ओर भाग लगेंगे डर पर डरना मत सुकेंगे सब पर झुकना मत

















In an aquatic traffic jam, alligators will give manatees the right of way.







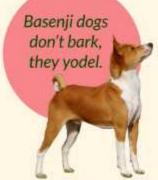




Bottlenose dolphins are even more right-handed than humans.

whales have their own regional accent.

Caribbean sperm



Pigeons can do math.

Around 50 percent of orangutans have fractured bones. due to falling out of trees on a regular basis.



The fingerprints of a koala are so indistinguishable from humans that they have on occasion been confused at a crime scene.

In Alaska it is illegal to whisper in someone's ear while they're moose hunting.

Cows painted with zebra-like stripes can avoid being bitten by flies.

Bald eagles sound so silly that hollywood dubs their voices.

The mantis shrimp has the world's fastest punch. In the UK.

the british monarch legally owns all unmarked mute swans in open water.



Dragonflies and damselflies form a heart with their tails when they mate.



Who wouldn't be interested in listening to ghost stories? You might be imagining creepy creatures hovering behind but still it won't stop you from enjoying the horror stories. Here is a destination that has a lot to offer a curious soul like you!

THE THREE KINGS CHURCH IN GOA

- Harshvardhan Singh Charak (X-B)

church which has been famous for mysterious reasons. It is known as the Three Kings Church in Cansaulim, Goa. Not only is the legend alluring but also the draws us towards it through its nature's bounty.

Legend of Three Kings Church in Goa Let us go back to the colonial era when the Portuguese ruled Goa!

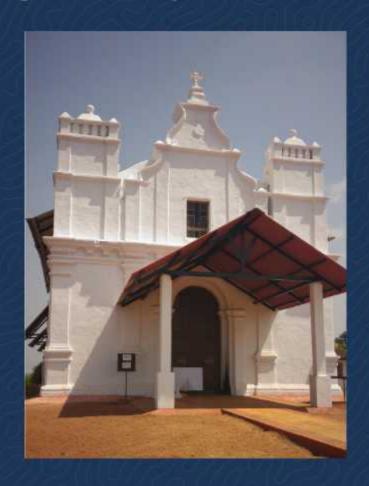


The story is about the three 'power hungry' kings who wanted to rule this place. They were so engrossed in acquiring the territory that it created unrest in the region. One fine day, the King Holger Alvunger formed a grand plan to sabotage the other contenders. Wisely, he invited the other two Kings to discuss and find a solution about the matter. Unfortunately, the other two didn't know his cunning plot and they came for the dinner. King Holger's plan was to kill his competitors by mixing poison in their food. His plan worked as expected and the other two died out of poisoning. Meanwhile, he becomes ecstatic and announces that he is the ruler. At that time, locals get to know about his cruelty and begin to chase him.

In his attempt to escape from the angry crowd, King Holger accidentally eats the same food mixed with poison. He also dies along with the other two. Later, the villagers bury the three bodies in the premises of this

On a hill called Cuelim, there lies a lonely church. Since then, it is known as the Three Kings Church in Goa. Interior View of the Haunted Three Kings Church Looks like these three kings are still fond of this region. Many locals have reported of hearing strange noises coming from the church. Although no one hasn't spotted anything, many have heard the noise inside the church after the dark. It is said that the spirits of these kings still hover the church. So, no one goes to the church after dark.

> For years, the Three Kings Church is listed as one among the top haunted destinations in Goa. Haunted or not, the Three Kings Church is worth visiting. This small hill in the interiors of South Goa is a nature lovers' paradise. Mind-Blowing aerial view of South Goa mingled with a glimpse of the Arabian Sea says it all. The serene vistas around the hill offers a lot for the photographers as there is so much to trap in the lens! Hence, a trip to the Three Kings Church is worth your time in Goa.



Blissful Recipe

- Mehak Chhabra (X-B)



Oreo Eggless Mug Cake

Ingredients

4tbsp All Purpose Flour 3tbsp Milk 2tbsp Sugar 1/8 tsp Baking Powder 3 Oreo Cookies 1 tbsp Vanilla Essence

Procedure

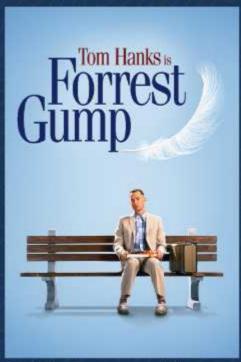
- · Add Flour in bowl.
- Add Sugar, Baking Powder and finely crushed Oreos. Mix to combine.
- Pour in Vanilla Essence and Vegetable Oil.
- · Pour in Milk; whisk to combine.
- Pour Oreo batter in a Microwave safe Mug
- Bake for 2 minutes and garnish with Oreos.

Movie Reviews

- Tanmay Kashyap (X-B)

Forest Gump

The Forrest Gumpa pg-13 tear inducing movie about an intellectually disabled man and his odyssey. This movie is about how he succeeds in life with a mixture of luck and destiny along with the influence of the various people he has met. It also throws light on the struggles of people



with mental and physical challenges and how even they can enjoy life with the right support. With the absolutely magnificent acting of Tom Hanks and the wonderful way this film was portrayed it is definitely worthy of its various awards. The Forrest Gump will make you experience an emotional roller coaster from laughing till your stomach hurts to crying till your eyes hurt with an ending that is equal parts satisfactory and sad.

Available On:

NETFLIX

Comic Strip

- Manas Singh Mehra (X-B)

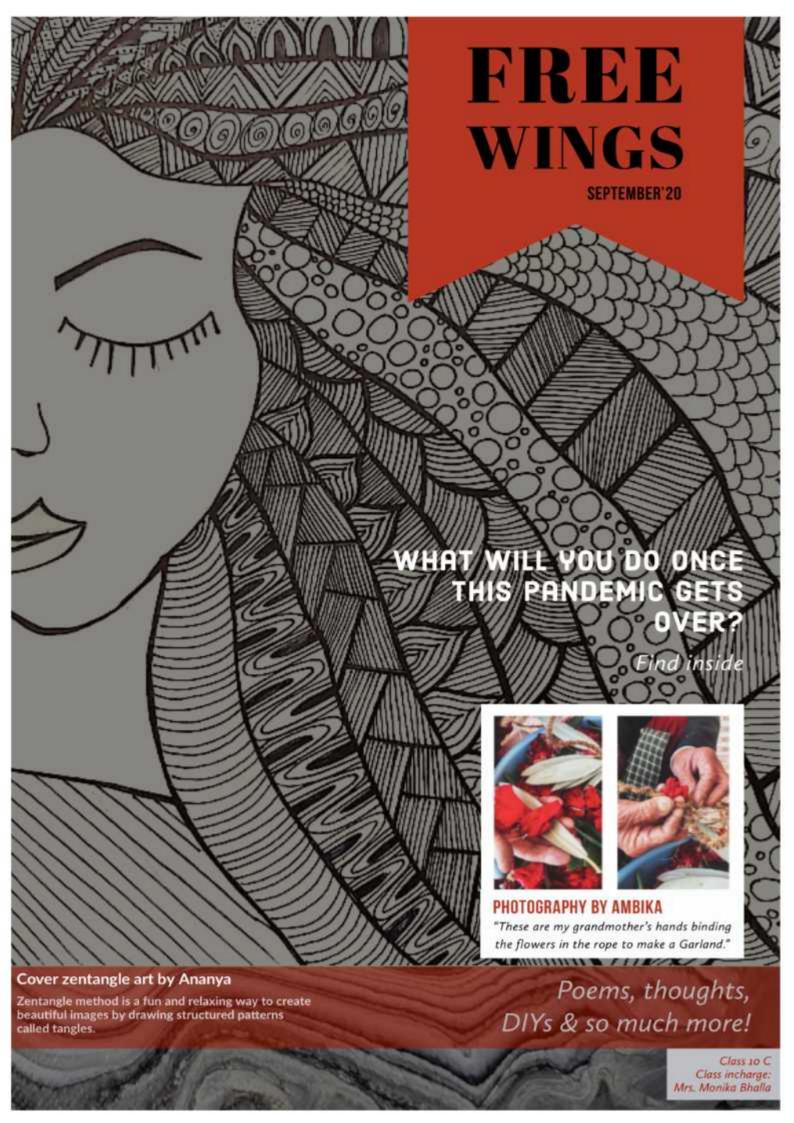


Digital Museum



- Parth Chhabra (X-B)





From the students

Vanity and Pride

Vanity and pride Are often used synonymously They aren't tweedle dum and tweedle Dee Which they are considered to be Conventionally it's still to some people Not entirely clear That there is a fine line Between this unlikely pair A person may be proud Without being vain Self love is allowed But self obsession shouldn't pertain Pride is a positive emotion That's what people say Vanity is a demotion And to that you can't say nay

by Prisha Sethi



pencil colour art work by Ashmit

What is anime?



Digital illustration by Manya Jaswal (Magazine Coordinator)

Anime is hand-drawn and computer animation originating from Japan. It's a source of entertainment with varied genres for teens and adults and is often mistaken for cartoons. It is becoming quite popular in the western media.

Mental health tips for quarantine!

by Satyarth

- Filter news and social media Why are you taking that extra stress?
- Talk openly about your mental health

Feeling a little blue? Talk about it to your parent or an elder. It'll be okay :)

- 3. Eat an 'anti-depression diet'

 Don't leave your greens and make sure to eat your fruits too...
- 4. Get therapeutic sleep
 "early to bed and early to rise" isn't just
 a myth



The drop of rain

Something took my mind And also my grief Just as when I saw a clear pearl On a pure green leaf He slipped from the leaf And was falling apart Would he land safely? The thought cringed my heart Luckily, he was fine And fell on a stone I wanted to company him So that he doesn't feel alone Again he slipped Reaching the pond Though for a little time But we shared a nice bond I heard him whispering In my ears That life is full of happiness If you watch it without tears

by Manvi Sharma

Boon or Bane

Many said it's all bad that has come out but this fills my mind with doubts what we wanted. clean environment and flowers neither they were planes nor were cars what we wanted. rivers to be clean but this time the efforts were not of a human being what we wanted. some space and some rest we all are with our families, what else could be best what we wanted. is what we have got just a different perspective, that's all I thought Now its a question for me to think over this pandemic is really what-a boon or a bane? by Parineeta Nainwal



Artwork by Mayank



Step 1 - fill a large plastic container with water

Step 2 - drag a sharp pointed object through the paint to create a marble pattern.

Step 3 - when u have mixed your paint into a pattern which you like, lay your blank sheet of watercolour paper into the surface of the water. Slowly press the sheet down into the water below.

How to make DIY

marble painting

Article writing Step 4 - after it is completely submerged carefully lift the paper from the water. Set the prints to dry and voila! You're done.

MOTHER----THE CROWN JEWEL OF HOME:

It said that house is made up of bricks whereas home is where relations prosper, love grows and concern breathes. But who makes a house home is a million dollar question, and the answer is MOTHER. The essential ingredients of this personification of love are the sensitivity to love her children, hardness to face the challenges of motherhood, wisdom to have a better understanding with the world of her children, and a silent tear as well to express her pain and grief. That is all a mother is made of, amazingly beautiful and genius. She performs the role of a friend, a philosopher, a guide, and many others. One single woman and see the weight she gently carries on her shoulders without any complaints or issue. The feminine force named mother is not a symbol but epitome of power, energy and science. The brains of mothers are hardwired to protect their children. They master the unique capability to balance aggression with strategy. A famous hadith of the Prophet Muhammad rightly states that "Heaven lies under the feet of mothers". A mother is but the qualities of sympathy, compassion, love, peace, patience and sacrifice personified. They never crave for honour or praise.

listorical events stand testimony to their greatness. Though different historical periods and circumstances lead to different actions, mothers will always love, protect and fight for their offspring. When it came to her son, Alexander the Great, Olympias was a mother whose support knew no bounds. The greatness of Shivaji can be dedicated to the teachings oflijaBai. The lovers of the hook in Stevie Wonder's "Signed Sealed Delivered (I'm Yours)," need to thank his mom, Lula Mae Hardaway. According to the Los Angeles Times, the songwriter not only supported her soul singing son's love for music, but co-wrote other songs

with him like "I Was Made To Love Her."

May this unique creation of God be always loved and worshipped by her children. Only that can suffice these embodiments of pure love. by Bhaagya Sharma

WHAT WILL YOU DO ONCE THIS PANDEMIC GETS OVER?

NOTE

Though these are just random confessions of the students, we firmly believe and adhere to the fact that even after we'll get to go out and attend school, taking precautions will always be a must.

from Ambika P. Khachi

Once this lockdown gets over, I'd like to travel with my camera and try to click more. This pandemic has made me realise a lot about life and living it to the fullest. I'd love to capture and relive all that I did before this pandemic and more!

from Kushagr Kaushal

We all know that due to this pandemic, our life is kind of trapped in our houses. So, first of all I would like to visit my grandparents, take their blessings because every year it's usual for me to visit them but it wasn't possible this time. I would also like to pick up my basketball again and hit that iron ring to better my skills. I even want to go on a long and peaceful cycle ride so that I can see the environment again after it's healed itself. Last but not the least I'm eager to meet my friends and hug them!!!

from Drishti Kaundinya

When this all gets over, I would like to focus on the smaller regular pleasures of life. To start with, I would love to get back to school. Somehow the online system takes the fun out of learning. I would absolutely love to get back to school and my school friends to enjoy our laughs. Being holed up inside this house has made me miss my tennis lessons too. I'm even eager to meet my relatives and grandparents. My whole family loves trying out new places to eat I'm so excited for that as well.

Some positive outlook by Vaibhav Sharma

As the coronavirus pandemic spreads, self-isolation or quarantine is one of the key strategies in "flattening the curve" of infection rates. These isolation periods involve individuals or families staying within their homes and not having physical contact with those outside. Families living together with other family members may have found many new games or invention of games was there which can be enjoyed indoor. All those games together gave families opportunity of staying together and enjoy with each other, building up a richer relationship with each other.

Shubham Chronicles



Attractions

- Fun Riddles
- Teacher's Day Article
- Hindi Diwas Article
- Article on Shaheed Bhagat Singh



In September month, a climatic change is observed. Orange side refers to summer and blue side refers to winter side.

Just like this we should also change our lives and lorget our past events

Made By : Drishti Gupta

Riddles

A Guru tests his disciple. Asks for four things following conditions:

Water, food, wood, meat.

Bring Water, but not from rain
Nor should it even be from well, stepwell or pond.
Please don't dare to say 'Nal', Matka or RO.
It should not be the water from any visible source

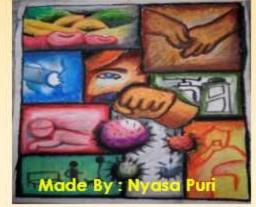
Bring food but not from any farm or grainery Do not ask for charity from the village etc.

Bring wood but leave the forests and the mountain, Neither wet, nor dry, And not even scattered, That means it should be bound and tied

Even bring meat
But not from animals
And it should not be of even a dead or living creature.

What should the disciple bring?

-Bhavesh Sabharwal



Tips to manage time :-

Plan a proper schedule. Set Targets.

Keep distractions away.

Take scheduled breaks.

Get Good Sleep.

By Mayank Kumar

Poem- Education World Literacy Day 08 September 2020

> For some it is a privilege For others it's a right The difference between darkness And future that is bright Some will think a burden Where others see a gift The key to move forward And to give your life a lift If school is not your calling Look beyond its doors The world can be a teacher Many adventures are in store As long as you are learning Your education grows That will lead to contributions As you share the things you know

> > Yashveen

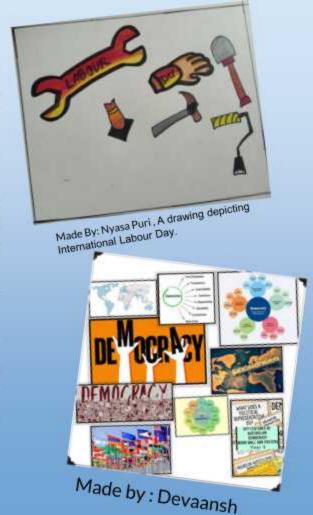
Help Box:

Meat in ancient Indian scriptures means pulp

Our Teachers

Teachers can change the world with just the right mix of chalks and challenges. They are the architects who shape the coming generations to become self- aware, responsible and kind-hearted personalities. If people think all they require to become a teacher is a degree, then they are barely scratching the surface. Being a successful teacher, a teacher who the students remember is much more difficult. It requires patience, a profound understanding of child psychology among many other skills. We celebrate Teachers' Day to honour and acknowledge such teachers who are motivated more by the students' eagerness to learn than the pay scale. Such teachers who put their students' learning before their own comforts are all around us. Even during this pandemic, our teachers burned the midnight oil to deliver us the best learning experience. I can say this without a doubt that if Dr. Sarvepalli Radhakrishnan had been alive today, he would be proud to see that the future of his country is in such capable hands.

Written By: Gitansha (X-D)



हिंदी दिवस 14 सितम्बर विशेष प्रस्तृति

मत कही आकाश में कोहरा घना है, मत कही आकाश में कोहरा घना है यह किसी की व्यक्तिगत आलोचना है। हो सकता है आज की युवा पीढ़ी को यह बातें चुभें पर कहना जरूरी है और मौका भी सही है। मेरा विषय है स्वामी विवेकानंद। कौन नहीं जानता है इन्हें इतने महान अध्यात्मिक गुरु समाज सुधारक और दूरदर्शी व्यक्ति परंतु आज आज उनकी जीवनी केवल पुस्तकालयों में धूल चाट रही है।

आज की युवा पीढ़ी सोशल मीडिया पर स्टेटस लगाने में इतनी मशगूल है कि स्वामी विवेकानंद के वेद वेदांत का ज्ञान तो कहीं पीछे ही छूट गया। उन्हें अवश्य ही स्वर्ग की प्राप्ति हुई है परंतु परंतु आज की युवा पीढ़ी को देखकर उनकी आत्मा से रही होगी। क्या आप सबको याद है 11 सितंबर 1893 शिकांगो शहर कि वह विश्व धर्म संसद, मां भारती के सपूत ने जब विदेशी धरती पर कदम रखा होगा, जब भाषण दिया होगा तो उनका दिल तिनक भी नहीं घबराया होगा। भाषण के अभिवादन मात्र प्रिय बहनों और भाइयों से ही सभागार में तालियों की गड़गड़ाहट गूँजती रही। 1893 में हुए भाषण से उस महान आत्मा ने लोगों का यह भ्रम तौड़ दिया कि भारत केवल भिखारियों का देश है। भारत जगतगुरु है भारत विश्व गुरु है। धन्य है वह माता जिसने ऐसे सपूत को जन्म दिया। आज ना तो उनके जैसी माताएं हैं ना ही समकृष्ण परमहंस जैसे गुरु और इसीलिए न ही मां भारती के ऐसे सपूत। न भूतो न भविष्यति ना कभी हुए हैं और ना कभी होंगे।

ऐसी महान आत्मा जिन्होंने भारत को विश्व गुरु बना दिया उन्हें मेरा शत शत नमन।

Celebrating 118th Anniversary of Swami Vivekanand

दिव्या खराना

ਬਹੁਤ ਸਾਰੀਆਂ ਵਿਦੇਸ਼ੀ ਭਾਸ਼ਾਵਾਂ ਜਿਵੇਂ ਅਗਰੇਜ਼ੀ ਆਦਿ ਮਨਾਇਆ ਜਾਂਦਾ ਹੈ। ਇਸ ਦਿਨ ਰਿੰਦੀ ਦਾ ਪਦਾਰ ਕਰਨਾ, ਲੋਕਾਂ ਨੂੰ ਯਾਦ ਦਿਵਾਉਣਾ ਕਿ ਹਿੰਦੀ ਸਾਡੀ ਚਾਸ਼ਟਰੀ ਭਾਸ਼ਾ ਹੈ, ਇਸ ਨੂੰ ਬੋਲਣਾ ਅਨੁਪੜਤਾ ਦੀ ਨਿਸ਼ਾਨੀ ਨਹੀਂ ਹੈ। ਇਹ ਸਿਰੱਫ਼ ਇਕ ਅਜਿਹੀ ਭਾਸ਼ਾ ਹੈ ਜਿਸ ਨੂੰ ਬੋਲਣ ਵਿਚ ਮਾਣ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ। ਹਿੰਦੀ ਭਾਸ਼ਾ ਜ਼ਿਆਦਾਤਰ ਉੱਤਰੀ ਭਾਰਤ ਵਿੱਚ ਬੋਲੀ ਜਾਂਦੀ ਹੈ ਅਤੇ ਪਰਬ, ਪੱਛਮ ਅਤੇ ਦੱਖਈ ਦਿਸਾ ਵਿੱਚ ਇਸਦੀ ਵਰਤੋਂ ਘੱਟ ਕੀਤੀ ਜਾਂਦੀ ਹੈ। ਅਤੇ ਇਸਦਾ ਉਥੇ ਨਿਰਾਦਰ ਕੀਤਾ ਜਾਂਦਾ ਹੈ। ਪਰ ਸਾਨੂੰ ਇਹ ਸਮਝਣਾ ਪਏਗਾ ਕਿ ਹਿੰਦੀ ਭਾਸ਼ਾ ਬੋਲਣਾ, ਲਿਖੋਣਾ ਅਤੇ ਪੜ੍ਹਨਾ ਸਰਮ ਦੀ ਨਹੀਂ, ਮਾਣ ਦੀ ਭਾਵਨਾ ਹੈ।

स्तुति बंसल

Bhagat Singh's Birth Anniversary

28 September 2020

Bhagat Singh, referred to as SHAHEED BHAGAT SINGH by all the Indians was born on 28th September 1907 in Punjab's Doab district. This outstanding and unmatchable revolutionary joined the Indian freedom struggle at a very young age and died as a martyr at the age of 23 only.

His father Sardar Kishan Singh and uncle Sardar Ajit Singh both were popular freedom fighters of that time which inspired Bhagat Singh. He founded the Naujavan Bharat Sabha for his national movement. Later he joined the Hindustan Republican Association where he came into contact with a number of prominent revolutionaries. The turning point for him was when he decided to take revenge of the death of Lala Rajpat Rai because of brutal lathi charge by Britishers. He killed British police officer John P. Saunders soon. Later he and his associates bombed the Central Legislative Assembly in Delhi and were caught because of this.

Bhagat Singh was indeed a true patriot. Not only he fought for the freedom of our country but also he had no qualms giving away his life in the event. His death brought high patriotic emotions throughout the nation. He followers considered him a martyr.

-BHAVYA



"They may kill me, but they cannot kill my ideas.

They can crush my body, but they will not be able to crush my spirit"

Bhagat Singh

Class Magazine

10th Sangam

THE SILENT PANDEMIC

Since SARS-CoV-2 (More commonly known as Covid-19) swept India in March, everyone has been restricted to the barriers of their homes. Consequently, this has led to the development of a major mental health crisis amongst the majority of Indians. The constant horrific news of tragic deaths, of mounting cases and ever worsening statistical data has led to trauma, hypertension and for some, it resembles Post-Traumatic Stress Disorder (PTSD).



However, India possesses a natural social barrier to the issue of isolation. India traditionally hosts a large number of joint families and families as a whole as compared to other nations, where many young adults in their 20's are living alone. This restricts isolation and suicidal depression in many, due to the support and comfort of their loved ones. Additionally, nearly everyone has the means to communicate with relatives virtually, through the internet or social media, which has considerably decreased stress levels. In fact, some

go on to say that increased time spent on the family has led to strengthened family bonds and relief in mental strain from the usual norm of work and or school days. On the contrary, those living alone, or those without an active family, have been hit hard, especially in the youth, where depression and suicide rate has drastically increased, simultaneously.

Unfortunately, healthcare workers who have been at the frontline, defending the nation bravely and patriotically and those in vulnerable communities with high infection rates, have been prone to mental health issues more significantly. Most develop high-degree hypertension, stress inflation and extreme depression, especially those working in isolation.



The Indian Psychiatric Society has reported an increase of 20% in concerns of mental health, while stress/panic attacks have increased by over 35%. This is primarily due to the phobic reaction many people have towards it. Many obsessively hoarded supplies, as well as whole boxes of sanitisers. Their rate of consumption of medical goods is astonishingly high and they continue to deprive others who live on daily wages of even limited supplies, for bare minimum protection.

The only way to protect ourselves from increasing stress levels and trauma are to stop reading those 'WhatsApp forwards', stop possessively scrolling through social media and prevent ourselves from misinformation. The United Nations, in fact in this era of social media, has released its '#TakeCareBeforeYouShare' campaign. Outlining 5

fundamental points:

• Who Made it?

What is the source of the information?

Where did it come from?

Why are you sharing this?

When was it published?



Restricting our obsessive nature to take a glance at new statistics, or reading messages in newfound public WhatsApp groups, as well as only reading from trusted news agencies and sources is the only way we can prevent ourselves from a mental health crisis. As the medical world scrambles to end this catastrophic pandemic, protecting our mental health and activity should become our primary duty. We must protect ourselves and accept reality, yet simultaneously learn to combat any threats to our own sanity, and stand united to overcome the seemingly formidable pandemic.

Kushagra Aditya
 Class: 10 Sangam

THE FALL

Staring in the distance From the worn out window

The rain drops making their way down to the sill

A cup of coffee in hand

Earphones plugged in with "Jaane De" blasting through the speakers

Deep in thought enjoying the moment-

And that's when that tree comes into notice

The one with falling leaves

And a sudden thought dominates your mind-

"Do you ever feel like a leaf that falls off too soon?"

Alone.

Slowly floating down

No idea where it will finish off it's journey..

But still hoping that someday it'll reunite with the others.

Suddenly realising that -

"Maybe you too are like that leaf - already off in this world"

Wanting to float freely

Scared at being out of your comfort zone, but the curiosity and adventurous nature taking over.

Looking up,

"Gazing at the leaves changing their colours"

Going through a new phase gaining new experiences during the same - some joyous, some sad and some just plain experiences.

"They too are new to this - had never felt the same before

"Trying something for the first time and terrified of how this change will turn out

Reflecting your views on the what if's-

While sipping the coffee..

Had the leaf not fallen off- it would have been unaware of what the future holds.

The epiphanies(in regard to realisation), lessons.

Had the seagull not taken his first flight- it still would have been stuck to the same end.

Just then the sound of door bell breaks the spiral of your thoughts

Finishing off the last sip of the coffee you stand up..

Seeing the rain slowing down

The song and the moment coming to an end

With you once again vibing to the last line of the song -

" वो जो था ख्वाब सा क्या कहं जाने दें ये जो है कम से कम ये रहे के जाने दें"....

Shaivyaa Mehndiratta Class: 10 Sangam

The Demon Inside

[Inspired by: Tokyo Ghoul]

The smile I have nowadays
It feels so fake
Like wearing a mask and waiting
For the day I wake.

It's not me.
It's not who I'm meant to be.
But it's the person you see,
And the one you need.

Please, tell me.
What did I do so wrong?
Is this pain a way of
Making me strong?

Trying to make a flower bloom
In the scorching heat of the sun.
Is that such a crime?
Why must I have to run?

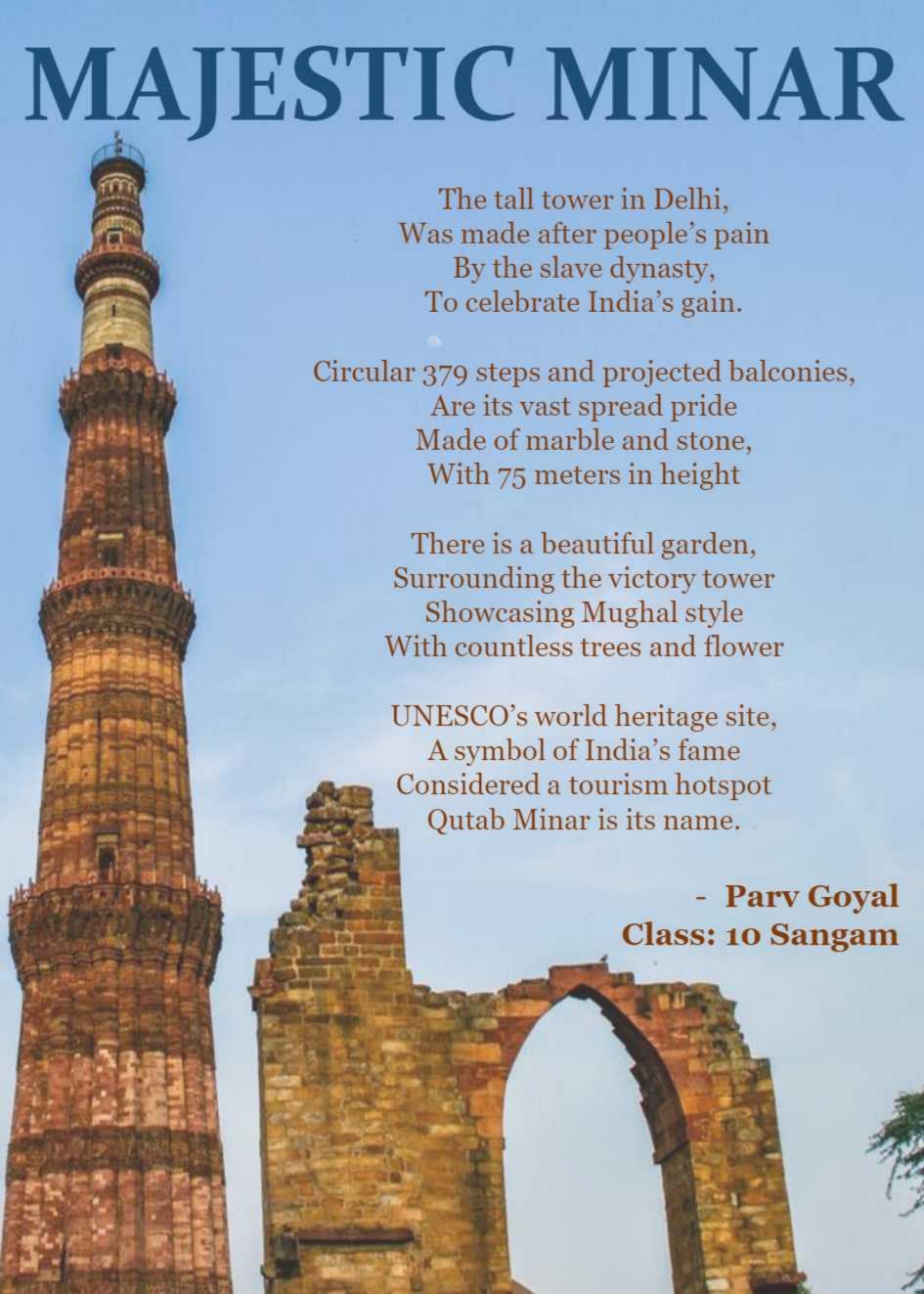
Is this me?
Is this who I'm meant to be?
The mask attaches itself like a second skin.
Its weight is the burden of my sin.

The world burns around me.
I try to run, I try to scream.
But everything is silent.
It feels like a never-ending dream.

I see you
Looking for me
I stretch out my arm as far as I can,
But you're always out of my reach.

The sky turns black.
The demon is free..
I know this is me.
This is who I'm meant to be.

Ridhima Sharma Class: 10 Sangam



मुझमें भी कुछ बात है

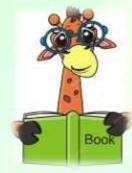
हुआ यूँ कि जंगल के राजा शेर ने ऐलान कर दिया कि आज के बाद कोई अनपढ़ न रहेगा। हर पशु को अपना बच्चा स्कूल भेजना होगा। राजा साहब का स्कूल पढ़ा- लिखाकर सबको प्रमाण पत्र बाँटेगा। सब बच्चे चले स्कूल। हाथी का बच्चा भी आया, शेर का भी, बंदर का भी आया और मछली भी,

खरगोश भी आया तो कछुआ भी ,ऊँट भी और जिराफ़ भी।











प्रभम परीक्षा हुई तो हाथी का बच्चा फेल । अब हाथी की पेशी हुई स्कूल में , मास्टरनी बोली, "आपने पैदा करके मुसीबत मेरे लिए छोड दी क्या ? औलाद पर ध्यान दीजिए, फेल हो गए हैं जनाब । तुम्हारे नालायक बेटे के कारण मेरा रिज़ल्ट खराब हो ,ये मुझे मंजूर नहीं। "

किस विषय में फेल हो गया जी?

पेड़ पर चढ़ने में फेल हो गया हाथी का बच्चा

अब क्या करें ?

"ट्यूशन रखावाओ,कोचिंग में भेजो।" अब हाथी की ज़िंदगी का एक ही मकसद था कि हमारे बच्चे को पेड़ पर चढ़ने में टॉप करना है।

किसी तरह साल बीता। फाइनल परिणाम आया ,तो हाथी, ऊँट, जिराफ़ सब फेल हो गए । बंदर की औलाद फर्स्टआई। प्रधानाचार्या ने मंच पर बुलाकर मैडल दिया ।बंदर ने उछल उछलकर कलाबाजियाँ दिखाकर , गुलाटियाँ मारकर खुशी का इज़हार किया । उधर अपमानित महसूस कर रहे हाथी, ऊँट और जिराफ़ ने अपने अपने बच्चों को बहुत मारा । "नालायको इतने महंगे स्कूल में पढ़ाते हैं तुमको, ट्यूशन, कोचिंग सब लगवाए हैं । फिर भी आज तक तुम पेड़ पर चढ़ना नहीं सीखे । सीखो, बन्दर के बच्चे से सीखो कुछ, पढाई पर ध्यान दो।"

फेल हालांकि मछली भी हुई थी। बेशक तैराकी में प्रथम आई थी पर बाकी विषयों में तो फेल ही थी। , मास्टरनी बोली, " आपकी बेटी के साथ हाजिरी की समस्या है । ये बच्ची स्कूल ही नहीं आती।मछली ने बेटी को आँखें दिखाई ।बेटी ने समझाने की कोशिश की , "माँ ,मेरा दम घुटता है इस स्कूल में । हमारा स्कूल तो तालाब में होना चाहिए न ?" नहीं, ये राजा का स्कूल है । तालाब वाले स्कूल में भेजकर मुझे अपनी बेइज्जती नहीं करवानी। समाज में कुछ इज्जत है मेरी।तुमको इसी स्कूल में पढ़ना है । पढाई पर ध्यान दो। "

हाथी, ऊँट और जिराफ़ अपने-अपने नाकामयाब बच्चों को मारते हुए ले जा रहे थे। रास्ते में बूढ़े बरगद ने पूछा," क्यों मार रहे हो, बच्चों को?"

जिराफ़ ने कहा, "पेड़ पर चढ़ने में फेल हो गए।"

बूढ़े बरगद ने सबसे पते की बात बोली," पर इन्हें पेड़ पर चढ़ाते ही क्यों होव? उसने हाथी से कहा," अपनी सूँड उठाओं और सबसे ऊँचे फल को तोड़ लो । जिराफ तुम अपनी लंबी गर्दन उठाओं और सबसे ऊँचे पत्ते तोड़कर खाओं । ऊँट भी गर्दन लंबी करके फल-पत्ते खा सकता है। हाथी के बच्चे को क्यों चढ़ाना चाहते हो पेड़ पर? मछली को तालाब में ही सीखने दो न?

दुर्भाग्य से आज स्कूली शिक्षा का पूरा पाठयक्रम और पाठ्य विवरण सिर्फ बंदर के बच्चे के लिये ही डिज़ाइन किया गया है। स्कूल में 35 बच्चों की क्लास में सिर्फ बंदर ही फर्स्ट आएगा। बाकी सबको फेल होना ही है। हर बच्चे के लिए हमें अलग पाठ्य विवरण, अलग विषय और अलग स्कूल चाहिए।

हाथी के बच्चे को पेड़ पर चढ़ाकर अपमानित मत करो । जबरदस्ती उसके जपर फेलियर का ठप्पा मत लगाओ। ठीक है बंदर का उत्साहवर्धन करो पर शेष 34 बच्चों को नालायक, कामचोर, लापरवाही, सुस्तदिमाग और असफल घोषित मत करो । मछली बेशक पेड़ पर न चढ़ पाए पर एक दिन वो पूरा समंदर नाप देगी।

अतः अभिभावकों से हमारा विनम्न निवेदन है कि वे अपने बच्चों पर अपनी मर्जी न थोपकर उन्हें उनका मनपसंद विषय चुनने दें । उनका उत्साहवर्धन करें न कि उन्हें हतोत्साहित करें।

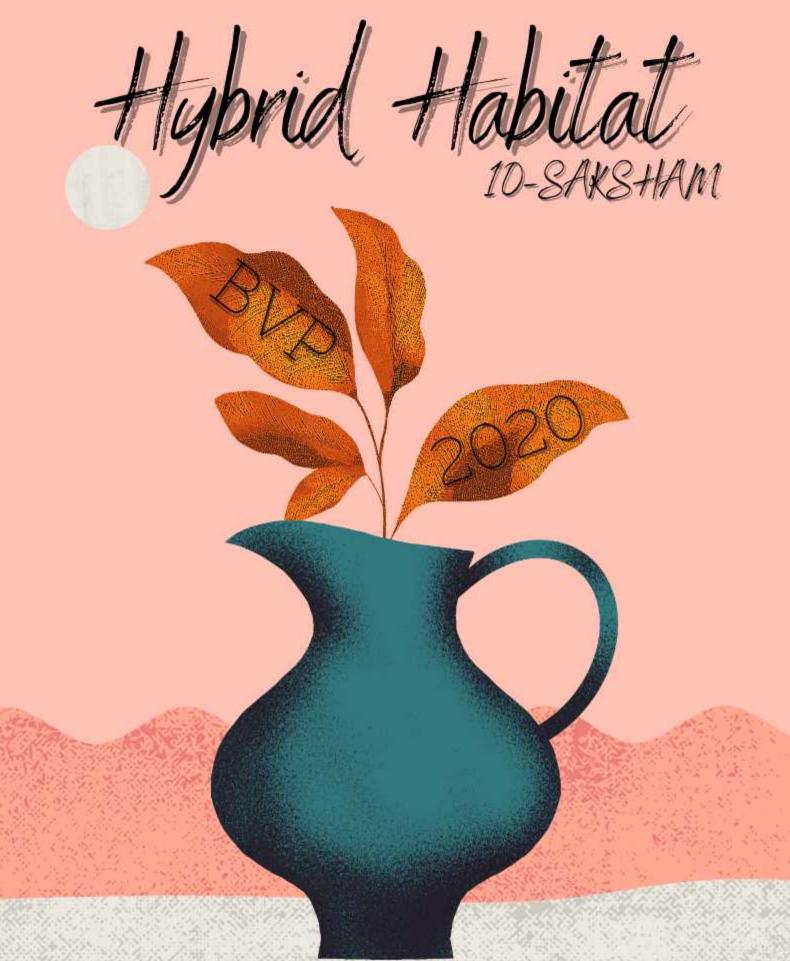
- मानसी जिन्दल

कक्षाः 10वीं संगम

गंदगी मुक्त भारत

"हम सब का एक ही नारा, गंदगी मुक्त रहे देश हमारा।" गंदगी मुक्त भारत यानि भारत को गंदगी से आज़ादी दिलाना। भारत को आज़ादी दिलाने के लिए हम लोग अंग्रेज़ों से लड़ पड़े थे परंत् इस गंदगी से आज़ादी पाने के लिए हुमें खुद से लड़ना होगा, हुमें अपनी बुरी आदतों से लड़ना होगा। हमारे देश की सबसे मुख्य समस्या ही गंदगी है जिसे अगर हम चाहें तो मिलकर दूर कर सकते हैं। जिस प्रकार बूंद-बूंद से घड़ा भरता है उसी प्रकार अगर हर व्यक्ति कोशिश करे तो वह दिन दूर नहीं जब हमारे देश का नाम भी दुनिया के स्वच्छ देशों के नाम में शामिल होगा। हमारे प्रधान मंत्री जी का भी कहना है कि यदि एक व्यक्ति सप्ताह में दो घंटे और साल में लगभग सौ घंटे भी अपने आसपास के क्षेत्र को साफ़ करने में ध्यान दे तो हमारे देश की तस्वीर ही बदल जाएगी। महात्मा गाँधी जी ने भारत को एक निर्मल और स्वच्छ देश बनाने का सपना देखा था। गाँधी जी के इसी सपने को पूरा करने के लिए हमारे प्रधानमंत्री नरेंद्र मोदी जी ने 2 अक्टूबर 2014 को स्वच्छ भारत अभियान की शुरुआत की। इस अभियान का प्रथम उद्देश्य है कि देश का कोना-कोना साफ़ सुथरा हो। यह अभियान केवल ग्रामीण क्षेत्र में ही नहीं बल्कि शहरी क्षेत्रों में भी चलाया गया। यह अभियान विद्यालयों में भी चलाया गया। विद्यालयों की साफ़ सफाई हुई जो कि छात्रों ने की। बच्चों को केवल अपने आसपास की जगह को ही साफ़ करने के बारे में नहीं बताया गया बल्कि अपनी सफ़ाई भी रखनी है। सभी बच्चों को साफ़-स्थरी वेशभूषा रखने के लिए प्रेरित किया गया। परंतु अब सवाल यह उठता है कि हमारे देश में स्वच्छता क्यों नहीं है ? तो इसके प्रम्ख कारण हैं हमारे देश में शिक्षा का अभाव, ख़राब मानसिकता, घरों में शौचालय का नहीं होना, अत्यधिक जनसंख्या, सार्वजनिक शौचालय का अभाव, कचरे का सही निस्तारण का अभाव आदि। सबसे पहला उपाय है कि हर घर में शौचालय बनवाना और हर शहर में सार्वजनिक शौचालय भी बनवाना। इसके साथ-साथ शिक्षा के प्रचार-प्रसार को बढ़ावा देना होगा। लोगों की यह मानसिकता बदलनी होगी कि हमारे थोड़ा सा कचरा फ़ैलाने से क्छ फ़र्क नहीं पड़ेगा। कहते भी हैं कि जहाँ स्वच्छता होती है वहाँ भगवान का निवास होता है। स्वच्छ भारत अभियान से हमारा आने वाला कल बहुत ही स्ंदर एवं अकल्पनीय होगा। तो हम सब प्रण लेते हैं कि - "एक नया सवेरा लाएँगे, पूरे भारत को गंदगी मुक्त बनाएँगे।"

- सिमरन ग्रोवर कक्षाः 10वीं संगम



If it doesen't challenge you, it won't change you

A bit of Joetry for our gr8

TEACHERS

- देश का भविष्य युवाओं में दिखता है,
- एक शिक्षक श्यामपट्ट पर वो भविष्य लिखता है।

हर दिन उस मस्तिष्क में विचार नया उमडता है,

एक ही कलम से वो कितने सपने गड़ता है।

जिसके कर्म में दृढता और प्रखरता है,

शिक्षक ही तो समाज निर्माण करता है।

शुक्रिया अदा करना शिक्षक का इतना आसान नहीं,

जो इतने महान निर्माण कर दे, उससे तो कोई महान नहीं।

For some it is a privilege

Bhavesh

For others it is a right

The difference between the darkness

And a future that is bright

Some will think a burden If school is not your calling

Where others see a gift

Look beyond its doors

The key to moving forward the world can be a teacher

And give your life a lift Many adventures are in store

As long as you are learning

Your education grows

That will lead to contributions

As you share the things you know







The corona virus pandemic has resulted in the closure of schools across the country. Education has changed dramatically over the last SiX months, with a considerable rise of e-learning and on digital platforms. The online platform have various benefits like:-



- Online Competency-Based Learning
- Creating High Calibre Learning Pathways for Future
 - Improved Attendance
 - Trackable Learning
 - High Engagement
 - Reduced Distractions
 - Quick Assessment

Online learning, which came as a panacea for the crisis, is increasingly seen as a new paradigm in education. Major world-changing events are often an inflection point for rapid innovation. It is very likely that e-learning is going to majorly impact education and herald the arrival of a new normal.

Tips for Studying from Home

- Establish a Routine
- ✓ Have a Dedicated Study Area
- ✓ Take Notes for Online Classes
- ✓ Keep a Routine for Physical Activity

"People expect to be bored by eLearning—let's show them it doesn't have to be likethat!

RIDDLE ME THIS, PUZZLE ME THAT



RIDDLES

- 1. Turn my side and I am everything. Cut me in half and I am nothing. Who am I?
- 2. What is harder to catch the faster you run?
- 3. I am a box that holds keys without locks. What am I?
- 4. What rocks but doesn't roll?
- 5. What building has the most stories?
- 6. The more there is, the less you see. What am I?
- 7. What has 4 legs and a body, but can't walk?
- 8. What goes up when rain comes?

ALPHABETICAL SECRETS TO GET SUCCESS

A is for Ambition, the motivation to persevere.

B is for Boldness, the courage to take risks.

C is for Confidence, in yourself and in your future.

D is for Desire, to become who you truly want to be.

E is for Enthusiasm, the charisma that inspires others.

F is for Focus, which keeps you on the right path.

G is for Gratitude, to appreciate your life.

H is for Hope, the antidote to fear and worry.

I is for Innovation, why you stand out from the crowd.

J is for Journey, moving forward despite setbacks.

K is for Kindness, which builds strong relationships.

L is for Love, the deepest source of all success.

M is for Mortality, a reminder to live life fully.

N is for Nurturing, which turns ideas into opportunities.

O is for Optimism, which keeps you focused on what's important.

P is for Peace of Mind, which keeps you steady during storms of life.

Q is for **Quality**, your personal commitment to excellence.

R is for Resilience, the perseverance that nothing can shake.

S is for Selflessness, to see the world the way others see it.

T is for Tenacity, to persist when others would have given up.

U is for Uniqueness, why you stand out from the crowd.

V is for **Victory**, the inevitable result of your commitment.

W is for Wellness, from exercising regularly, eating right and sleeping.

X is for excellence, which you seek in all areas of your life.

Y is for Youthfulness, a state of mind that lasts an entire lifetime.

Z is for Zest, which means loving your life and living it well.



ANSWERS

CROSSWORD

- 1. Principal
- 2. Chemistry's Lab
- 3. Canteen
- 4. Maths
- 5. Homework
- 6. Recess
- 7. Farewell
- 8. Monitor

RIDDLES

- 1. Number 8
- 2. Your Breath
- 3. Piano
- 4. Rocking Chair
- 5. Library
- 6. Darkness
- 7. Table
- 8. Umbrella

WRITER'S CORNER

Movie Review: THE CONTAGION

Contagion is a 2011 thriller film based on a pandemic due to a novel virus (MEV-1) that originated in east Asia. Starring Matt Damon and Kate Winslet among others. Contagion provides a chilling but accurate account of what might be a worst case scenario of the ongoing pandemic. Starting with the death of a woman with a travel history to Hong Kong followed by the deaths of several others who had been in contact with her, the movie shows how the world handles the shock of a novel virus that has the capability to eradicate humanity and tries to control it. Contagion gives real life depictions of contact tracing procedures, massive guarantines and aggressive lockdowns that are carried out in similar situations. The movie also gives a deep insight on vaccine development at such times and the problems that accompany it. This movie has successfully been able to capture all components that form a real life disease outbreak which make contagion one of the most thrilling and deep movies of this century.

A beautiful Poem: DOWN THE LANE

As I recline peaceful and content
The ongoing escapade comes to
an end,
I recollect that parchment

The one she'd personally handed, Before blackening her emerald eves.

In it, she disclosed the answer
The way out of this perplexity
She'd come across it in her quest
And I have obeyed dutifully

I made a life, not a mere living
I made memories, not just money
Never have I dwelled on the past
Nor did I become a disgrace to
humanity

Now satisfied, I drift into the final slumber

With the acceptance of all my scars

Those medals on my shoulders
And the fault in my stars



CREDITS~

Editors: Saksham, Aayush

Class Teacher: Mrs. Sarika Mahajan

CONTENT

Cover Page: Saksham, Aayush, Gorika

Pg. 2: Ruhani, Ayaan, Aryan, Gatik, Raihan, Gauri, Gitansh,

Dev, Kanan

Pg. 3: Mehak, Asmit, Sneha, Muskan, Gorika, Saksham, Arsh

Pg. 4: Siddh

Pg. 5: Hirday, Harshita, Mohit

Pg. 6: Kunal

Pg. 8: Nikhil, Guntas